

The Spiritual Exercises of St. Ignatius of Loyola

ENDORSEMENTS

“There’s nothing like holding a fine hardcover volume in hand, but from the first page, Sean Salai, S.J., brings the Spiritual Exercises of St. Ignatius alive in a fresh and attractive way, along with a handy ribbon to mark your journey of prayer.”

—Bishop Robert P. Reed, President, CatholicTV
Network, Archdiocese of Boston

“We should be grateful to Fr. Salai for producing, in an accessible and enriched form, this classic translation of the Spiritual Exercises. For those who cannot attend preached or guided retreats, this method for making the Exercises in a self-guided manner could change their lives.”

—Fr. Gerald O’Collins, S.J., Theologian and
Author, *The Beauty of Jesus Christ*

“This most beautiful edition of the Spiritual Exercises of St. Ignatius is a priceless gift for anyone sincerely seeking to follow Christ. Enriched with scholarly and spiritually discerning annotations, it will be a powerful instrument of grace, a sure guide to prayer and growth in faith, a great light in a darkening age, for this generation and for those who are yet to be born.”

—Michael D. O’Brien, Author, *Father Elijah* series

“For hundreds of years, Christians have used the Spiritual Exercises of St. Ignatius to deepen their prayer lives. In this edition, Fr. Salai’s notes and insights gathered from Jesuit spiritual masters who themselves were formed by the Exercises offers a deeply faithful and fresh presentation, helping further illuminate the way to a deeper friendship with Christ.”

—Amy Welborn, Writer and Speaker

“The Spiritual Exercises of the soldier saint Ignatius Loyola have provided discipline and direction for those engaged in spiritual warfare for five hundred years. Fr. Salai has had the foresight to include reflections and recommendations throughout the book from an army of sane and saintly Jesuits. This new edition dishes out solid substance for spiritual growth for a new generation of spiritual warriors.”

—Fr. Dwight Longenecker, Author, *Praying the Rosary for Spiritual Warfare*

“The painstaking work Fr. Salai has devoted to this text is evident from the start, and the result is a vibrant and deftly rigorous edition of St. Ignatius of Loyola’s masterpiece of spiritual enlightenment. Through his contemporary annotations, Fr. Salai guides us through this often-challenging text with a gentle and encouraging spirit — bringing a semblance of having a trusted retreat master by our side as we journey into a deeper understanding of God’s love.”

—Paolo Dy, Writer-Director, *Ignatius of Loyola* movie

“This new edition of the Spiritual Exercises unites indispensable lessons from the first generations of Jesuits with voices from the most faithful sons of Ignatius today, reminding us that Christ’s Church truly is ever ancient and ever new. Fr. Salai’s selections will assist any serious person of prayer in the Holy Spirit’s gifts of self-knowledge, discernment, freedom and a greater sanctifying love of our Lord Jesus Christ, the only true giver of the Exercises.”

—Fr. David Meconi, S.J., Director of Catholic Studies Program at Saint Louis University and Editor, *Homiletic & Pastoral Review*

“Father Salai has done the Church a great service in editing and republishing this classic French version of the Spiritual Exercises of St. Ignatius Loyola. Not a substitute for making an Ignatian retreat, it is a very attractive entrée and resource for both the retreat master and the retreatant — a timely response indeed to our Jesuit Father General’s recent decision to make the Spiritual Exercises an Apostolic Priority for the whole Order.”

—Bishop Michael C. Barber, S.J., Diocese of Oakland

“In this terrific edition of the Spiritual Exercises of St. Ignatius Loyola, Fr. Sean Salai, S.J., draws on numerous Jesuit saints and scholars to illuminate the meaning of the text. This book may be the most useful edition of the Spiritual Exercises available today.”

—Dr. Christopher Kaczor, Professor of Philosophy, Loyola Marymount University, and Author, *The Gospel of Happiness*

THE SPIRITUAL EXERCISES OF ST. IGNATIUS OF LOYOLA

With Points for Personal Prayer From Jesuit
Spiritual Masters

Edited and Annotated by Fr. Sean Salai, SJ

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De Place's "Manresa: The Spiritual Exercises of St.
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IMPRIMI POTEST:

Very Reverend Ronald A. Mercier, S.J.

Provincial of the United States Central and Southern Jesuits

March 21, 2019

NIHIL OBSTAT:

After review, I have concluded that the materials presented in this work are free of doctrinal or moral errors.

Reverend Charles N. Rowe, S.T.D.

Censor Librorum

April 1, 2019

IMPRIMATUR:

In accord with 1983 CIC 827 permission to publish this work is hereby granted.

Most Reverend James V. Johnston, Jr., D.D., J.C.L.

Bishop of Kansas City-St. Joseph

April 1, 2019

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With gratitude to our loving Creator, I dedicate this edited and annotated devotional edition of the Spiritual Exercises of St. Ignatius of Loyola to my Jesuit brothers and all who seek Jesus Christ with a sincere heart. I offer it particularly for all who desire to use the Exercises for personal prayer, but who lack the resources and time in our frantic age to encounter them in a formal retreat house setting. Through the intercession of St. Ignatius, may the Lord bless our good desires to grow in his friendship, and may this edition serve as a one-stop compendium of Ignatian wisdom and self-guided prayer helps on the Exercises.

—Editor

+Ad Majorem Dei Gloriam+

*For what doth it profit a man, if he gain the whole
world, and suffer the loss of his own soul? Or what
exchange shall a man give for his soul?*

—Matthew 16:26

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