

“Place on Thy Heart One Drop of the Precious  
Blood of Jesus and Fear Nothing”—Pius IX

# “Triple” Novena Manual of Jesus, Mary and Joseph



by

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TRIPLE NOVENA—PAGE 14



**TRIPLE NOVENA MEDAL** of **JESUS, MARY** and **JOSEPH** is carried by Confraternity Members in a League of Novena Prayer.

**NOVENA** means any nine consecutive days or nine consecutive Fridays of prayer for one's personal and Confraternity intentions (page 39).

**MEDAL** shows Jesus shedding His Blood on the Cross . . . Mary at left: "Behold thy Mother" . . . and at right, Joseph: "Go to Joseph." This medal daily reminds us to live in the presence of Jesus, Mary and Joseph, and to put all our trust in them.

"JESUS, MARY, JOSEPH"



*Confraternity of the Precious Blood Made in U. S. A.*



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**T**HIS NOVENA MANUAL has been arranged for Members of the Confraternity of the Precious Blood. Like the Novena Medal of Jesus, Mary and Joseph, it features devotion to the Precious Blood of Jesus . . . to Mary Immaculate from whom Jesus drew the first drops of His Precious Blood . . . to good St. Joseph, the guardian of Him who redeemed us by His Precious Blood.

On Dec. 8th, 1925, our Most Rev. Bishop, Thomas E. Molloy, S. T. D., imparted his public blessing to the Apostolate of our Confraternity, erected at the Monastery Chapel of the Cloistered Sisters Adorers of the Precious Blood. Since that time, the Monastery Chapel has become, for our members, a pilgrimage center of devotion to the Precious Blood of Jesus Christ.

The countless graces received during the Novenas, recall the words of Father Faber in



his book "All for Jesus," written for the Confraternity of the Precious Blood: "It is this Blood which merits all good things for us. I assure you

I have sometimes felt quite nervous as, week after week, we were called upon to read at the Friday meetings the numerous letters recording the wonderful and speedy answers which God hath vouchsafed to our prayers."

We are grateful to Mr. Arnott J. White for many art designs.

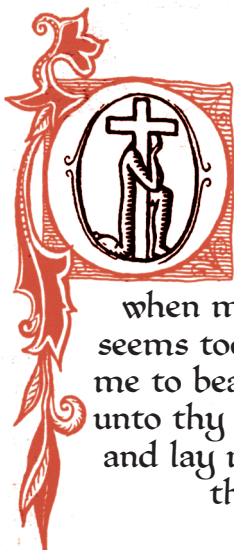
May Jesus, Mary and Joseph, by the merits of the Precious Blood, bless those who use this Novena Manual.

Imprimatur

✠ FRANCIS J. MUGAVERO, D.D.

*Bishop of Brooklyn*

August 5, 1975



Jesus  
when my sorrow  
seems too much for  
me to bear I'll come  
unto thy holy shrine  
and lay my burden  
there



Each Friday during the Novena to  
Jesus, Mary, Joseph







## Meaning of J.M.J. Novena Medal

### JESUS AND THE NOVENA MEDAL

**T**HE CROSS symbolizes the Sacrifice of Jesus. It was the first altar on which Mass was offered. His Precious Blood flowed on it for our salvation. The Cross is the sum-total of Christian life: "Take up thy cross daily and follow Me."

The history of the Cross is a history of miracles gained by those who carried its symbol on their persons, and in their hearts by prayer and sacrifice. And so the Crucifix on the Novena Medal is most appropriate for every Catholic to carry. It is a constant reminder of devotion to Prayer, to the Sacraments, and to Holy Mass: all those living realities of religion purchased for us, as St. Peter says, "not with silver or gold, but with the Precious Blood." « *See page 32.* »

**"He shed His Blood for me, to the very last Drop."**

*Miraculous Medal*

## MARY AND THE NOVENA MEDAL

**M**ARY also suffered a crucifixion as she stood by the Cross, so close was her Immaculate Heart to His. “Two hung on one cross,” according to St. Alphonsus. Hence, says saintly Pope Pius X, “Mary became Dispenser of all the gifts that Jesus purchased for us by His Precious Blood.”

## THE MIRACULOUS MEDAL

*Our Lady's Own Gift*

Its design revealed to Bl. Catherine Laboure in Paris, 1830. Mary Immaculate promised graces in abundance to all who would wear it as a shield, putting themselves under her care. « *See page 35.* »

*“Behold Thy Mother”*



### JOSEPH AND THE NOVENA MEDAL

IN all their needs on earth, Jesus and Mary went to Joseph. Pray him to watch over your family as he watched over Jesus and Mary.

Family Unhappiness? GO TO JOSEPH! The Holy Family was a happy family and Joseph was its guardian.

Unemployed? GO TO JOSEPH! He was a worker, a carpenter. Appeal to him. He understands.

Sickness? Afflictions? GO TO JOSEPH! His care enabled a mother in agony to bring the Comforter of the afflicted into the world with a roof over His Head.

Sorrow? GO TO JOSEPH! Life crucifies us at times. Turn to the sympathetic heart of Joseph. He is the guardian of the "crucified."  
« See page 38. »

**"Go to Joseph"**



### How to Pray

JESUS MARY JOSEPH BE WITH US ON OUR WAY AS WE PRAY

**G**od respects our prayers not for how elegant they are, but how **SINCERE** they are.

We should pray often and everywhere; yet the Church is the special place for prayer, because God is in the Church as He is in no other place on earth. He is there in the Sacrament of Mercy both as God and Man.

Pray with **CONFIDENCE**. “Whatever you ask for in prayer, **BELIEVING**, you shall receive.” « Matt. 21-22 » Nothing is more pleasing to our Lord than our **TRUST** in Him. “Can a woman forget her infant? . . . and if she should forget, yet will I not forget thee.” « Isaias 49-15 »

Pray with **CONTRITION**. A person in mortal sin who refuses to give up his life of sin is an enemy of God. He can hardly expect God to heed his prayers. God promises however to receive the soul who repents. "Turn ye to Me . . . and I will turn to you." « Zach. 1-3 »

Pray with **FERVOR ATTENTION**. "Much love," says St. Augustine, "but not many words when thou prayest." "What do you say when you pray to Jesus?" St. Theresa was asked. "I don't say anything, I love Him."

Pray with **PERSEVERANCE**. If your prayers are not soon answered KEEP PRAYING; because, says St. Hilary: "The obtaining of grace depends mostly on PERSEVERANCE in our prayers." Let Jesus be our model . . . "And falling into an agony He prayed the more earnestly." « Luke, 22-43 »



Pray with **RESIGNATION**. “Father, not My Will but Thine be done.” God does not prescribe merely what will make our life sweet on earth, but only that which will save us from eternal death.

**Story of Mother Catherine Aurelie  
and the Sisters Adorers**

**A DAY IN THE CLOISTER**

In spirit let us pass beyond the Grille which separates the Cloister from the outside world

**B**egin the day in the Chapel for Hour of Reparation.

Sleep, then rise for one hour's meditation before God's Mirror, the Crucified Jesus, that His Image may be engraved in the Sister's life. Followed by Mass at 6.30, uniting with Priest in offering the Precious Blood.

Breakfast, followed by Monastery duties.

Recitation of Divine Office in Chapel, followed by work until 11.45, keeping in mind their motto: "To adore, make reparation and suffer with fidelity, constancy and generosity."

Examination of Conscience—Spiritual reading during dinner (and at supper). Recreation from 12.45 to 1.30 P. M. "Rejoice in the Lord always." Prayers for deceased Benefactors.

Spiritual Reading (fifteen minutes).  
"What such and such a one has done for God,

why cannot I do?" Then work in a spirit of reparation.

Stations of Cross at the hour Christ died (for deceased benefactors and conversion of sinners), followed by Divine Office. Work until 5.30.

Rosary and Benediction. As spiritual mother, prays for us all to the Mother of us all. Then meditation until 6.30, sitting like Mary Magdalen at His Feet, listening to His Words.

Supper, etc., followed by Recreation and Mary's Litany for Missionaries.

Evening Prayers for Community and world, etc., before the Tabernacle. "Stay with me, Lord, the day is now far spent." Prayers for souls in Purgatory, followed by sleep.

Such is the day of a Sister Adorer of the Precious Blood—one *continuous act of adoration, thanksgiving, reparation, and petition* in union with Jesus, offering His Precious Blood throughout the world in the Holy Mass, "from the rising of the sun until the going down".



Our Sisters maintain perpetual adoration of the Most Precious Blood in the Cloistered Choir of their Chapel. The Blessed Sacrament is exposed on the First Sunday of each month. The Forty Hours' Devotion is held four times a year by special permission of the Pope.