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_____ *Pray for us*

JMJ Planner 2026

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JMJ

Oh God, Who were pleased to give us the shining example of the Holy Family, graciously grant that we may imitate them in practicing the virtues of family life and in the bonds of charity.

~Collect, Feast of the Holy Family

Goals for 2026

Spiritual



Physical



Intellectual



Goals for 2026

Relationships

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◇

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Professional

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Financial

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2026 Reading List

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2026 Reading List

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CONTENTS

Publisher's Notes	15
Saints' Days and Non-Movable Feasts in This Calendar.	17
Holy Days & Holidays in 2026	24
Patron Saints	25
The 36 Doctors of the Church	30
The 14 Holy Helpers	31
Saturdays of Our Lady	31
Inclusion of Saints	31
A Collection of Catholic Prayers.	32
Familiar Prayers.	32
Morning Prayers	37
Evening Prayers.	39
Abbreviations Used in This Calendar	43
Month at a Glance Section	44
Calendar & Daily Planner Section.	69
2-Year Calendar.	493
Bibliography.	494
Catholic Identification Cards and Pocket Calendars.	495

The Church Calendar

This *JMJ Planner—2026* includes both the *New* or *Novus Ordo* Sundays and feast days, and the *Traditional* Sundays and feast days (as of 1962). These latter are observed when the Traditional Latin Mass is offered. The *Novus Ordo* Sundays and feast days, which date from 1970 or later whenever they differ from the *Traditional* ones, are designated: (*New*). The *Traditional* Sundays and feast days, most of which go back centuries, are designated: (*Trad.*). Also included here are many feast days which no longer appear on either the *New* or the *Traditional* calendar (as of 1962)—such as the feasts of St. Philomena, St. Dismas (the Good Thief), St. Tarcisius, St. Gemma Galgani, and St. Dominic Savio; these *Historical* feasts are designated: (*Hist.*). It should be noted that there was some moving around of feast days even before the New Calendar was introduced in 1970. For example, St. Catherine of Sweden is shown on March 22 in a 1931 edition of Butler's *Lives of the Saints* but on March 24 in a 1956 edition of the same work.

In this calendar, the date in parentheses after the name of a saint is the year of the saint's death.

Fast and Abstinence

The Church's current regulations in the U.S. require fasting and abstinence from meat on Ash Wednesday and Good Friday; abstinence from meat on the Fridays of Lent; and abstinence from meat or some other penitential or charitable work on every non-Lenten Friday of the year, unless the Friday falls on a solemnity. "On the Fridays outside of Lent, the U.S. bishops conference obtained the permission of the Holy See for Catholics in the U.S. to substitute a penitential, or even a charitable, practice of their own choosing. They must do some penitential/charitable practice on these Fridays. For most people the easiest practice to consistently fulfill will be the traditional one, to abstain from meat. . . . During Lent, abstinence from meat on Fridays is obligatory in the United States as elsewhere" (www.ewtn.com/faith/lent/fasting.aspx). Abstinence is binding from age 14 (i.e., beginning the day after one's 14th birthday); fasting is binding from age 18 (i.e., beginning the day after one's 18th birthday) until age 59 (i.e., until the end of the day of one's 59th birthday).

According to the *Modern Catholic Dictionary*, by Fr. John A. Hardon, S.J. (Imprimatur 1979): "The abolition of Friday abstinence is a common misapprehension. Friday abstinence was not abolished; rather, the faithful [in the U.S.A.] now have a choice either to abstain from meat or perform some other kind of penance [or even to perform some charitable work] on Fridays. According to the Church's law, the 'substantial observance' of Fridays as days of penance, whether by abstinence or in other ways, 'is a grave obligation' (Pope Paul VI, *Paenitemini*, 1966, Norm II, 2)."

What Is Fasting?




Fasting according to the Church's norms means eating only one full meal per day. Two smaller meals or snacks may also be eaten, sufficient to maintain one's strength, but together they should not equal the one full meal. No food may be taken between meals; but liquids, including milk and juice, may be taken between meals. Expectant mothers and the sick are not bound to fast. When health or ability to work would be seriously affected, the law does not oblige. In the current regulations, fasting is always

accompanied by abstinence from meat. That is, both of the obligatory fasting days (Ash Wednesday and Good Friday) are also days of abstinence from meat. The Bishops of the U.S. have stated that “self-imposed observance of fasting on all weekdays of Lent is strongly recommended” (NCCB statement, November 18, 1966). Fasting on Holy Saturday is specifically recommended by the Church.


What Is Abstinence?

Abstinence from meat means that no meat (the flesh and organs of mammals and fowl), meat gravy, or meat soup may be taken.

Fish Symbols

In this calendar, the dark fish  indicates days of obligatory abstinence from meat; the shaded fish  indicates days of obligatory abstinence from meat or substitution of some other sacrifice (see explanation above); the unshaded fish  indicates days of recommended (formerly obligatory) abstinence from meat.

Former (Traditional) Penitential Observances

This calendar also marks the “Ember Days,” that is, the Wednesday, Friday, and Saturday of four weeks during the year. Ember Fridays were formerly days of fast and abstinence; Ember Wednesdays and Saturdays were formerly days of fast and partial abstinence (meat permitted only at the main meal). Days on which fasting and partial abstinence were formerly required are indicated by an unshaded half-fish . The Ember Days, of ancient origin, were days of fasting for the special sanctification of the four seasons and for obtaining God’s blessing on the clergy. They occur during the third week of Advent, the first (full) week of Lent, the week after Pentecost, and the third (full) week in September.

Fasting and partial abstinence were formerly required also on the weekdays of Lent (Monday through Saturday, with full abstinence on Friday) and on the vigil of (day before) Pentecost. Holy Saturday and the vigils of the Immaculate Conception and of Christmas (December 24 or 23: a choice was permitted) were formerly days of fasting and of complete abstinence from meat (unless the vigil fell on a Sunday).

It is praiseworthy to continue the former (traditional) penitential observances, even though they are no longer obligatory. Penance serves to rectify our self-centeredness, to make up for sins (our own and those of others), to strengthen our wills, and to guide us in the footsteps of our Savior. It can be a very pure form of love for God, and can be offered up for the conversion of sinners and the relief of the souls in purgatory.

NOTES

Abstinence from meat was formerly (traditionally) binding from age 7; parents who maintain this discipline in their families are to be highly commended. Moreover, the new Code of Canon Law (1983) states that “pastors and parents are to see to it that minors who are not bound by the law of fast and abstinence are educated in an authentic sense of penance” (Canon 1252).

Fasting was formerly (traditionally) binding from age 21.

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Abdon & Sennen	July 30	Antony the Abbot	January 17
Abraham	March 16	Anysius	December 30
Abraham, Isaac, & Jacob	December 20	Apollinaris of Ravenna	July 20; July 23 (<i>Trad</i>)
Adalbert	April 23	Apollinaris the Apologist	January 8
Adam & Eve	December 24	Apollinaris (Blessed) & Comps.	September 10
Adelaide	December 16	Apollonia	February 9
Adele	December 24	Apollonius	April 18
Adeline (Blessed)	October 20	Apparition of St. Michael the Archangel	May 8
Adelphus	September 11	Arcadius	January 12
Adrian	September 8	Aristedes	August 31
Adrian of Canterbury	January 9	Arsenius	July 19
Agapitus	August 18	Assumption/Blessed Virgin Mary	August 15
Agatha	February 5	Athanasius	May 2
Agnes	January 21; January 28	Athanasius the Athonite	July 5
Agnes of Montepulciano	April 20	Augusta	March 27
Albert the Great	November 15	Augustine	August 28
Albinus	March 1	Augustine/Canterbury	May 27; May 28 (<i>Trad</i>)
Alda or Aldobrandesca	April 26	Augustine Zhao Rong & Comps.	July 9
Alexander	February 26	Baptism of Our Lord	January 13
Alexander, Eventius, Theodulus, & Juvenal	May 3	Barbara	December 4
Alexis the Beggar	July 17	Barnabas	June 11
All Holy Popes	July 4	Bartholomew (Apostle)	August 24
All Saints	November 1	Basil the Great	January 2; June 14 (<i>Trad</i>)
All Souls	November 2	Basilides & Comps.	June 12
Aloysius Gonzaga	June 21	Basilissa & Anastasia	April 15
Alphonsus Liguori	August 1; August 2 (<i>Trad</i>)	Bathildis	January 30
Alphonsus Rodriguez	October 30	Beatriz da Silva	August 17
Amata (Amy)	February 20	Bede the Venerable	May 25; May 27 (<i>Trad</i>)
Ambrose	December 7	Benedict	July 11; March 21 (<i>Trad</i>)
Ananias, Azarius, & Misael	December 16	Benedict Biscup	January 12
Anastasia	December 25	Benedict Joseph Labre	April 16
Anastasius	January 22	Benjamin	March 31
Andre Bessette	January 6	Benno	June 16
Andrew (Apostle)	November 30	Bernadette Soubirous	February 18
Andrew Avellino	November 10	Bernardine of Siena	May 20
Andrew Bobola	May 21	Bernard of Clairvaux	August 20
Andrew Corsini	February 4	Bernard of Montjoux	May 28
Andrew Dung-Lac & Comps.	November 24	Bernardino Realino	July 2
Andrew Hubert Fournet	May 13	Bernward	November 20
Andrew Kim Taegon & Comps.	September 20	Bertilla	November 5
Angela Merici	January 27; June 1 (<i>Trad</i>)	Bertin	September 5
Anicetus	April 17	Bertrand of Garrigues	September 6
Anna, the Prophetess	September 1	Bibiana	December 2
Anne	July 26	Birth of Our Lord Jesus Christ	December 25
Annunciation	March 25	Birth of St. John the Baptist	June 24
Ansegius	July 20	Birth of the Blessed Virgin Mary	September 8
Anselm	April 21	Blaise	February 3
Ansgar	February 3	Blandina	June 2
Anthelm	June 26	Blessed Virgin Mary, Mother of God	January 1
Anthony Mary Claret	Oct. 24; Oct. 23 (<i>Trad</i>)	Blessing of Throats	February 3
Anthony of Padua	June 13	Bonaventure	July 15; July 14 (<i>Trad</i>)
Anthony Zaccaria	July 5		
Antoninus	May 10		

Note: This list includes the New, Traditional, and Historical dates shown in this calendar; in most cases without distinction.

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

(CONTINUED)

Boniface	June 5	Constantius	September 23
Boniface of Tarsus	May 14	Conversion of St. Paul	January 25
Botolph	June 17	Corbin	September 8
Brendan the Navigator	May 16	Cornelius & Cyprian	September 16
Bridget of Sweden	July 23; October 8 (<i>Trad</i>)	Cosmas & Damian	Sept. 26; Sept. 27 (<i>Trad</i>)
Bridgid of Ireland	February 1	Crispin & Crispinian	October 25
Bronislava (Blessed)	August 30	Cunegund (Blessed)	July 24
Bruno	October 6	Cunegunda	March 3
Caesarius of Arles	August 27	Cyprian & Justina	September 26
Caius & Soter	April 22	Cyriacus, Largus, & Smaragdus	August 8
Cajetan	August 7	Cyril of Alexandria	June 27; Feb. 9 (<i>Trad</i>)
Callistus I	October 14	Cyril of Jerusalem	March 18
Camillus de Lellis	July 18	Cyril & Methodius	February 14; July 7 (<i>Trad</i>)
Candlemas	February 2	Damasus I	December 11
Canute	January 19	Damien de Veuster	May 10
Carina & Comps.	November 7	David	March 1
Casimir	March 4	David the King	December 29
Caspar, Balthasar & Melchior	January 6	Dedication of the Basilica of St. John Lateran	November 9
Catherine de Ricci	February 13	Dedication of the Basilica of St. Mary Major	August 5
Catherine Labouré	November 28	Dedication of the Basilica of St. Michael the Archangel	September 29
Catherine of Alexandria	November 25	Dedication of the Basilicas of Sts. Peter & Paul	November 18
Catherine of Genoa	September 15	Demetrius	October 26
Catherine of Siena	April 29; April 30 (<i>Trad</i>)	Denis & Comps.	October 9
Catherine (Karin) of Sweden	March 24	Desideratus	May 8
Cecilia	November 22	Didacus	November 13
Celestine I	July 27	Dismas	March 25
Chaeremon & Ischyron	December 22	Divine Maternity of Our Lady	October 11
Chair of St. Peter at Antioch	February 22	Dominic	August 8; August 4 (<i>Trad</i>)
Chair of St. Peter at Rome	January 18	Dominic Savio	March 9
Charbel Makhlauf	July 24	Dominic of Silos	December 20
Charles the Good (Blessed)	March 2	Domitilla	May 12
Charles Borromeo	November 4	Donatian & Rogatian	May 24
Charles Lwanga & Comps.	June 3	Donatus	August 7
Christiana (Nino)	December 15	Dormition of Our Lady	August 15
Christina of Bolsena	July 24	Dorothy	February 6
Christina the Admirable	July 24	Dymphna	May 15
Christopher	July 25	Edmund Campion	December 1
Christopher Magallanes & Comps.	May 21	Edward Jones & Anthony Middleton (Blesseds)	May 6
Chrysanthus & Daria	October 25	Edward the Confessor	October 13
Chrysogonus	November 24	Eleutherius, Pope	May 26
Cilinia (Celine)	October 21	Eleutherius	September 6
Circumcision of Our Lord	January 1	Eligius	December 1
Clare of Assisi	August 11; August 12 (<i>Trad</i>)	Elizabeth & Zachary	November 5
Claude de la Colombiere	February 15	Elizabeth Ann Seton	January 4
Clement I	November 23	Elizabeth of Hungary	Nov. 17; Nov. 19 (<i>Trad</i>)
Cleophas	September 25	Elizabeth of Portugal	July 4; July 8 (<i>Trad</i>)
Cletus & Marcellinus	April 26	Elphege	April 19
Clotilde	June 3	Emerentiana	January 23
Cloud	September 7	Emilina (Blessed)	October 27
Colette	March 6	Emygdious	August 5
Columba (Columbkille)	June 9	Engelbert	November 7
Columban	November 23		
Conrad	April 21		
Conrad of Piacenza	February 19		

(CONTINUED)

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Ephrem of Syria	June 9; June 18 (<i>Trad</i>)	Francis of Paola	April 2
Epiphany	January 6	Francis Solano	July 14
Epipodius & Alexander	April 22	Francis Xavier	December 3
Erasmus	June 2	Francis Xavier Seelos	October 5
Eric	May 18	Francisco Marto	February 20
Ethelbert	February 25	Frederick	July 18
Ethelreda (Audrey)	June 23	Fridolin	March 6
Eucherius	February 20	Frumentius	October 27
Eulalia	February 12	Fulbert	April 10
Eulogius of Cordova	March 11	Gabinus	February 19
Euphemia & Comps.	September 16	Gabriel, Archangel	March 24
Euphrasia	March 13	Gabriel of Our Lady	
Euphrasia Pelletier	April 24	of Sorrows	February 27
Euplius	August 12	Gall	October 16
Eusebius	August 14	Gatian	December 18
Eusebius of Vercelli	Aug. 2; Dec. 16 (<i>Trad</i>)	Gaucherius	April 9
Eustace & Comps.	September 20	Gaudentius of Brescia	October 25
Evaristus	October 26	Gemma Galgani	April 11
Evodius	May 6	Genevieve	January 3
Exaltation of the Holy Cross	September 14	George	April 23
Expectation of the		Gerald	December 5
Blessed Virgin Mary	Dec. 18	Gerald of Aurillac	October 13
Ezechiel	April 10	Gerard of Brogne	October 3
Fabian	January 20	Gerard Majella	October 16
Faith, Hope, & Charity	August 1	Germaine Cousin	June 15
Faustina Kowalska	October 5	Germanus	May 28
Faustinus & Jovita	February 15	Gertrude the Great	November 16
Felicitas	November 23	Gervase & Protase	June 19
Felicitas & Perpetua	March 7; March 6 (<i>Trad</i>)	Ghislain (Gislenus)	October 10
Felix	July 29	Gianna Molla	April 28
Felix I	May 30	Gildas the Wise	January 29
Felix & Adauctus	August 30	Giles (Aegidius)	September 1
Felix of Nola	January 14	Gisele (Blessed)	May 7
Felix of Valois	November 20	Gladys	March 29
Ferdinand III	May 30	Godeleva	July 6
Fiacre	August 30	Godfrey (Geoffrey)	November 8
Fidelis of Sigmaringen	April 24	Godric of Finchale	May 21
Finbar (Barry)	September 25	Gordian & Epimachus	May 10
Finding of the Holy Cross	May 3	Gorgonius	September 9
Firminus	October 11	Gothard (Godehard)	May 4
First Martyrs of the		Greater Litanies	April 25
Church of Rome	June 30	Gregory VII	May 25
Flavian	February 18	Gregory Barbarigo	June 17
Flora of Beaulieu	October 5	Gregory of Narek	February 27
Flora & Mary	November 24	Gregory Nazianzen	January 2; May 9 (<i>Trad</i>)
Florian	May 4	Gregory Thaumaturgus	November 17
Forty Holy Martyrs of Sebaste	March 10	Gregory the Great	Sept. 3; March 12 (<i>Trad</i>)
Forty Martyrs of England		Grimbald	July 8
& Wales	October 25	Guardian Angels, The Holy	October 2
Four Crowned Martyrs	November 8	Gundleus (Woolo)	March 29
Fourteen Holy Helpers	August 8	Gunttramnus (Gontran)	March 28
Frances of Rome	March 9	Guy (Vignotelli) of Cortona	June 12
Frances Xavier Cabrini	Nov. 13; Dec. 22 (<i>Trad</i>)	Harvey (Herve)	June 17
Francis Borgia	October 10	Hedwig	October 16
Francis Caracciolo	June 4	Helena	August 18
Francis de Sales	January 24; January 29 (<i>Trad</i>)	Henry II	July 13; July 15 (<i>Trad</i>)
Francis di Girolamo	May 11	Heribert (Herbert)	March 16
Francis of Assisi	October 4	Herman Joseph	April 7

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

(CONTINUED)

Herman the Cripple (Blessed) September 25
Hermenegild April 13
Hermes August 28
Hilarion October 21
Hilary February 28
Hilary of Poitiers January 13; January 14 (*Trad*)
Hildegard September 17
Hippolytus & Cassian August 13
Holy Innocents December 28
Holy Name of Jesus January 2
Holy Name of Mary September 12
Holy Relics November 5
Hugh April 1
Hugh of Cluny April 29
Hyacinth August 17
Hyginus January 11
Ida of Toggenburg (Blessed) November 3
Ignatius of Antioch Oct. 17; Feb. 1 (*Trad*)
Ignatius of Loyola July 31
Ildefonsus January 23
Imelda Lambertini (Blessed) May 12
Immaculate Conception December 8
Immaculate Heart of Mary August 22 (*Trad*)
Ingrid of Sweden September 2
Innocent I July 28
Irenaeus June 28; July 3 (*Trad*)
Irene October 20
Irene of Thessalonica April 3
Isaac Jogues,
John de Brebeuf,
& Comps. Oct. 19; Sept. 26 (*Trad*)
Isidore of Seville April 4
Isidore the Farmer May 15; March 22 (*Trad*)
Ita (Ida) January 15
Jacinta Marto February 20
James of the Marches November 28
James Strepar (Blessed) October 21
James the Greater (Apostle) July 25
James the Less
(Apostle) May 3; May 11 (*Trad*)
Jane Frances
de Chantal Aug. 18; Aug. 21 (*Trad*)
Jane of Toulouse (Blessed) March 31
Januarius (Gennaro)
& Comps. Sept. 19
Jerome September 30
Jerome Emiliani February 8; July 20 (*Trad*)
Joachim August 16
Joachim & Anne July 26
Joan of Arc May 30
Joanna May 24
John (Apostle, Evangelist) December 27
John I May 18; May 27 (*Trad*)
John XXIII October 11
John & Paul June 26
John the Baptist (birth of) June 24
John Baptist de Rossi May 23
John Baptist de la Salle April 7; May 15 (*Trad*)

John before the Latin Gate May 6
John Berchmans November 26
John Bosco January 31
John Boste, George Swallowell,
& John Ingram July 24
John Camillus Bonus January 10
John Cantius December 23; Oct. 20 (*Trad*)
John Chrysostom September 13; Jan. 27 (*Trad*)
John Climacus March 30
John Damascene December 4; March 27 (*Trad*)
John Eudes August 19
John Fisher June 22; July 9 (*Hist*)
John Francis Regis June 16
John Gualbert July 12
John Joseph of the Cross March 5
John Leonardi October 9
John Nepomucene May 16
John N. Neumann January 5
John Paul II October 22
John Sarkander (Blessed) March 17
John Vianney August 4; August 8 (*Trad*)
John of Ávila May 10
John of Capistrano Oct. 23; March 28 (*Trad*)
John of Dukla (Blessed) September 28
John of Facundo June 12
John of God March 8
John of Matha February 8
John of the Cross Dec. 14; Nov. 24 (*Trad*)
Jolenta (Blessed) June 11
Josemaria Escriva June 26
Joseph March 19
Josaphat November 12; November 14 (*Trad*)
Joseph Calasactius Aug. 25; Aug. 27 (*Trad*)
Joseph of Arimathea March 17
Joseph of Cupertino September 18
Joseph the Workman May 1
Josephine Bakhita February 8
Juan Diego December 9
Jude (Apostle) October 28
Julie Billiart April 8
Julia of Corsica May 23
Julian & Basilissa January 9
Juliana February 16
Juliana Falconieri June 19
Juliana of Mt. Cornillon (Blessed) April 5
Julius April 12
Junipero Serra July 1
Justin June 1; April 14 (*Trad*)
Jutta (Judith) May 5
Juvenal May 3
Kateri Tekakwitha July 14
Katherine Drexel March 3
Kilian July 8
Ladislaus June 27
Ladislaus (Blessed) May 11
Lambert April 14
Landericus (Landry) June 10
Laurence Justinian September 5

(CONTINUED)

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Laurence O'Toole	November 14	Martyrdom of	
Lawrence	August 10	St. John the Baptist	August 29
Lawrence Ruiz & Comps.	September 28	Martyrs of Compiegne	July 17
Lawrence of Brindisi	July 21	Mary, Mother of God	January 1
Lazarus	December 17	Mary, Mediatrix of All Graces	June 8
Leander	February 27	Mary of Cleophas	April 9
Leo the Great	November 10; April 11 (<i>Trad</i>)	Mary Magdalen	July 22
Leo II	July 3	Mary Magdalen	
Leo IX	April 19	de Pazzi	May 25; May 29 (<i>Trad</i>)
Leocadia	December 9	Mary Salome	October 22
Leonard of Limoges	November 6	Maternus	September 14
Leonard of Port Maurice	November 26	Matilda	March 14
Leopold	November 15	Matthew (Apostle,	
Liborius	July 23	Evangelist)	September 21
Linus	September 23	Matthias (Apostle)	May 14; February 24 (<i>Trad</i>)
Longinus	March 15	Maura	November 30
Louis, Bishop	August 19	Maurice & Comps.	September 22
Louis IX, King	August 25	Maurus	January 15
Louis Bertrand	October 9	Maximilian Mary Kolbe	August 14
Louis Marie de Montfort	April 28	Maximinus	November 27
Louise de Marillac	March 15	Maximinus of Trier	May 29
Lucian of Antioch	January 7	Mechtilde of Helfta	November 16
Lucius I	March 4	Medard & Gildard	June 8
Lucy	December 13	Medericus (or Merry)	August 29
Ludger	March 26	Melchιάdes	December 10
Luke (Evangelist)	October 18	Mennas	November 11
Lydia	August 3	Methodius	February 14; July 7 (<i>Trad</i>)
Lydwina	April 14	Michael, Archangel	September 29
Macarius	March 10	Michael, Gabriel, & Raphael	September 29
Macarius the Younger	January 2	Miguel Agustin Pro (Blessed)	November 23
Madeleine Sophie Barat	May 25	Mildred	July 13
Malachy O'More	November 3	Monica	August 27; May 4 (<i>Trad</i>)
Marcellinus	April 20	Nabor & Felix	July 12
Marcellinus & Peter	June 2; August 9 (<i>Hist</i>)	Narcissus	October 29
Marcellinus of Carthage	April 6	Nathalia, Aurelius, Liliosa,	
Marcellus the Centurion	October 30	Felix, & George	July 27
Marcellus	January 16	Nazarius & Celsus	July 28
Margaret Clitherow	March 25	Nereus, Achilleus, & Pancras	May 12
Margaret Mary		Nicanor	January 10
Alacoque	Oct. 16; Oct. 17 (<i>Trad</i>)	Nicasius & Eutropia	December 14
Margaret of Antioch	July 20	Nicephorus	February 9
Margaret of Castello		Nicholas	December 6
(Blessed)	April 13	Nicholas of Flüe	March 22
Margaret of Scotland	Nov. 16; June 10 (<i>Trad</i>)	Nicholas of Tolentino	September 10
Marguerite Bourgeoys	January 12	Nicomedes	September 15
Maria Goretti	July 6; July 9 (<i>Trad</i>)	Norbert	June 6
Marianne Cope (of Molokai)	January 23	Notburga	September 14
Marie Rose Durocher (Blessed)	October 6	Odilia	December 13
Marinus	September 4	Oliver Plunket	July 1
Marius & Comps.	January 19	Olympias	December 17
Mark (Apostle, Evangelist)	April 25	Onesimus	February 16
Mark & Marcellianus	June 18	Our Lady, Health of the Sick	August 24
Martha	July 29	Our Lady Help of Christians	May 24
Martin, Louis & Zelig	July 12	Our Lady of Czestochowa	August 26
Martin of Tours	November 11	Our Lady of Fatima	May 13
Martin de Porres	November 3	Our Lady of Good Counsel	April 26
Martin I	April 13; November 12 (<i>Trad</i>)	Our Lady of Guadalupe	December 12
Martina	January 30	Our Lady of Knock	August 21

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

(CONTINUED)

Our Lady of La Salette	September 19	Philip Neri	May 26
Our Lady of Loreto	December 10	Philomena	August 11
Our Lady of Lourdes	February 11	Photina	March 20
Our Lady of Mercy	March 18	Pio (Pius) of Pietrelcina	September 23
Our Lady of Mount Carmel	July 16	Pius I	July 11
Our Lady of Perpetual Help	June 27	Pius V	April 30; May 5 (<i>Trad</i>)
Our Lady of Prompt Succor	January 15	Pius X	August 21; September 3 (<i>Trad</i>)
Our Lady of Ransom	September 24	Placid & Comps.	October 5
Our Lady of Refuge	January 16	Polycarp	February 23; January 26 (<i>Trad</i>)
Our Lady of Sorrows	September 15	Polyeucte	February 13
Our Lady of the Angels	August 2	Pontian	August 13; November 19 (<i>Trad</i>)
Our Lady of the		Porphyrius	February 26
Miraculous Medal	Nov. 27	Praxedes	July 21
Our Lady of the Pillar	October 12	Presentation of the Child Jesus	February 2
Our Lady of the Rosary	October 7	Presentation of the	
Our Lady of the Snows	August 5	Blessed Virgin Mary	Nov. 21
Our Lady of Victories	March 23	Primus & Felician	June 9
Our Lady, Queen of Angels	December 11	Prisca	January 18
Pachomius	May 9	Processus & Martinian	July 2
Pacific of San Severino	September 24	Prosper of Reggio	June 25
Pancratius	May 12	Protus & Hyacinthus	September 11
Pantaleon	July 27	Pudentiana	May 19
Paphnutius	September 11	Pulcheria	September 10
Paschal Baylon	May 17	Queenship of Mary	August 22; May 31 (<i>Trad</i>)
Paternus	April 15	Quentin	October 31
Patricia	August 25	Quirinus	March 30
Patrick	March 17	Ralph Milner &	
Paul VI	May 29	Roger Dickenson	July 7
Paul (Apostle)	June 29; June 30 (<i>Trad</i>)	Raphael, Archangel	October 24 (<i>Trad</i>)
Paul of the Cross	October 20; April 28 (<i>Trad</i>)	Raphaella Mary	January 6
Paul the 1st Hermit	January 15	Raymond of Capua (Blessed)	October 5
Paul Miki & Comps.	February 6	Raymond Nonnatus	August 31
Paula	January 26	Raymond of Peñafort	Jan. 7; Jan. 23 (<i>Trad</i>)
Paulinus	January 11	Regina	September 7
Paulinus of Nola	June 22	Remigius	October 1
Pelagia	October 8	Richard	April 3
Pelagius	June 26	Richard of Lucca	February 7
Peregrine	May 1	Rita of Cascia	May 22
Peter (Apostle)	June 29	Robert of Newminster	June 7
Peter (Exorcist)	June 2	Robert Bellarmine	Sept. 17; May 13 (<i>Trad</i>)
Peter (Celestine V)	May 19	Roch	August 16
Peter & Paul	June 29	Roderick	March 13
Peter Canisius	December 21; April 27 (<i>Trad</i>)	Romanus	February 28
Peter Chanel	April 28	Romanus	August 9
Peter Chrysologus	July 30; Dec. 4 (<i>Trad</i>)	Romarc	December 10
Peter Claver	September 9	Romuald	June 19; February 7 (<i>Trad</i>)
Peter Damian	February 21; February 23 (<i>Trad</i>)	Rosalia	September 4
Peter in Chains	August 1	Rose of Lima	August 23; August 30 (<i>Trad</i>)
Peter Julian Eymard	August 2	Rose of Viterbo	September 4
Peter Nolasco	January 28	Rose Philippine Duchesne	November 18
Peter of Alcantara	October 19	Rufina and Secunda	July 10
Peter of Alexandria	November 26	Rupert of Salzburg	March 27
Peter of Verona	April 29	Sabbas	December 5
Petronilla	May 31	Sabbas the Goth	April 12
Philip & James	May 3; May 11 (<i>Trad</i>)	Sabina	August 29
Philip Benizi	August 23	Sabinus	December 30
Philip de Jesus Monarriz		Samson	July 28
& Comps.	Aug. 13	Saturninus	November 29

(CONTINUED)

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Saturnius & Comps.	February 12	Thomas More	June 22; July 9 (<i>Hist</i>)
Sava	January 14	Tiburtius & Susanna	August 11
Scholastica	February 10	Tiburtius, Valerian,	
Sebastian	January 20	& Maximus	April 14
Sergius, Bacchus, & Comps.	October 8	Timothy	January 26; January 24 (<i>Trad</i>)
Servulus	December 23	Timothy, Hippolytus,	
7 Founders of the Order		& Symphorian	August 22
of Servites	February 17; February 12 (<i>Trad</i>)	Titus	January 26; February 6 (<i>Trad</i>)
7 Holy Brothers &		Transfiguration	August 6
Sts. Rufina & Secunda	July 10	Tryphon, Respicus,	
7 Holy Machabees	August 1	& Nympha	November 10
7 Joys of the		Turibius of Mongrovejo	March 23
Blessed Virgin Mary	August 27	Twelve Holy Brothers	September 1
7 Sorrows of the		Ubaldu	May 16
Blessed Virgin Mary	Sept. 15	Ulric	July 10
Severin	January 8	Urban I	May 25
Sidonius	November 14	Urban V (Blessed)	December 19
Silverius	June 20	Ursula	October 21
Simeon	February 18	Valentine	February 14
Simon of Trent	March 24	Venantius of Camerino	May 18
Simon & Jude (Apostles)	October 28	Venantius Fortunatus	December 14
Simon Stock	May 16	Veronica Giuliani	July 9
Simon of Lipnicza (Blessed)	July 15	Veronica of Binasco (Blessed)	January 13
Simplicius	July 29	Veronica of the Veil	July 12
Sixtus II & Comps.	August 7; August 6 (<i>Trad</i>)	Victor	July 28
Solange	May 10	Vincent de Paul	September 27; July 19 (<i>Trad</i>)
Sophronius	March 11	Vincent Ferrer	April 5
Soter & Caius	April 22	Vincent of Saragossa	January 22
Stanislaus Kostka	November 13	Visitation of the	
Stanislaus of Cracow	April 11; May 7 (<i>Trad</i>)	Blessed Virgin Mary	
Stephen, 1st Martyr	December 26	to St. Elizabeth	May 31; July 2 (<i>Trad</i>)
Stephen	August 16; September 2 (<i>Trad</i>)	Vitalis & Agricola	November 4
Stephen I	August 2	Vitus, Modestus, & Crescentia	June 15
Stephen Harding	April 17	Volusian	January 18
Stigmata of St. Francis		Walburga	February 25
of Assisi	September 17	Wenceslaus	September 28
Sylvester	November 26	Wilfrid	October 12
Sylvester I	December 31	William of Bourges	January 10
Symphorosa & her 7 Sons	July 18	William of Vercelli	June 25
Tarasius	February 25	Willibald	July 7
Tarcisius	August 15	Willibrord	November 7
Telesphorus	January 5	Wolfgang	October 31
Terence	June 21	Wulfran	March 20
Teresa of Ávila	October 15	Wulstan	January 19
Teresa Benedicta of the Cross		Yves	May 19
(Edith Stein)	August 9	Yvo of Chartres	December 23
Teresa of Calcutta	September 5	Zephyrinus	August 26
Thecla	September 23	Zita	April 27
Theodore	July 4		
Theodore the Recruit	November 9		
Theodosius	January 11		
Theophanes the Chronicler	March 12		
Thérèse of Lisieux	Oct. 1; Oct. 3 (<i>Trad</i>)		
Thomas (Apostle)	July 3; December 21 (<i>Trad</i>)		
Thomas Aquinas	January 28; March 7 (<i>Trad</i>)		
Thomas Becket			
(of Canterbury)	December 29		
Thomas of Villanova	September 22		

HOLY DAYS AND HOLIDAYS 2026

Octave of Christmas (New Year's Day)

Epiphany (*New*)
Epiphany, 12th Day of Christmas (*Trad.*)
Martin Luther King, Jr. Day
Day of Prayer for the Legal Protection of Unborn Children
St. Valentine's Day
President's Day
Ash Wednesday
St. Patrick's Day
St. Joseph's Day
Annunciation
Palm Sunday
Good Friday
Easter Sunday
Divine Mercy Sunday
Mothers' Day
Memorial Day

Ascension Thursday*

Pentecost Sunday
Trinity Sunday
Fathers' Day
Corpus Christi (*Trad.*)
Most Holy Body and Blood of Christ (*New*)
Most Sacred Heart of Jesus
The Immaculate Heart of Mary (*New*)
U.S. Independence Day

Assumption of the Blessed Virgin Mary

The Immaculate Heart of Mary (*Trad.*)
Labor Day
Birth of the Blessed Virgin Mary
Columbus Day (observed)
All Hallow's Eve
All Saints**
All Souls
Thanksgiving Day

Immaculate Conception

Our Lady of Guadalupe

Christmas—Birth of Our Lord Jesus Christ

New Year's Eve

Wednesday, January 1

Sunday, January 5
Monday, January 6
Monday, January 20
Wednesday, January 22
Friday, February 14
Monday, February 17
Wednesday, March 5
Monday, March 17
Wednesday, March 19
Tuesday, March 25
Sunday, April 13
Friday, April 18
Sunday, April 20
Sunday, April 27
Sunday, May 11
Monday, May 26

Thursday, May 29

Sunday, June 8
Sunday, June 15
Sunday, June 15
Thursday, June 19
Sunday, June 22
Friday, June 27
Saturday, June 28
Friday, July 4

Friday, August 15

Friday, August 22
Monday, September 1
Monday, September 8
Monday, October 13
Friday, October 31
Saturday, November 1
Sunday, November 2
Thursday, November 27

Monday, December 8

Friday, December 12

Thursday, December 25

Wednesday, December 31

Bold type—Holy Days of Obligation (in addition to all Sundays) in the year 2026 in the United States (except in Hawaii, where Christmas and the Solemnity of the Immaculate Conception are the only designated Holy Days of Obligation).

* Observed on the following Sunday in most U.S. dioceses.

** Whenever this feast falls on a Saturday or a Monday, the precept to attend Mass is abrogated.

PATRON SAINTS

Abandoned children	Ivo of Kermartin, John Baptist de Rossi,
Boys	Jerome Emiliani
Abdominal pains	Erasmus (Elmo)
Abortion, protection against	Our Lady of Guadalupe, Catherine (Karin) of Sweden
Academies, Catholic	Thomas Aquinas
Accountants	Matthew
Accused (falsely)	Dominic Savio, Raymond Nonnatus
Action, Catholic	Francis of Assisi, Paul
Actors	Genesius the Comedian, Vitus
Advertisers, advertising	Bernardino of Siena
Advocates	Ivo of Kermartin
Aircrew	Blessed Virgin Mary, Our Lady of Loreto
Air hostesses, air stewardesses	Bona
Altar servers	John Berchmans
Animals	Francis of Assisi, Nicholas of Tolentino
Animals, domestic	Antony the Abbot
Animals, danger from	Vitus
Apologists	Catherine of Alexandria, Justin Martyr, Thomas Aquinas
Apoplexy	Andrew Avellino
Apostolate, lay	Paul
Apothecaries	Cosmas & Damian
Apprentices	John Bosco
Archaeologists	Damasus
Archers	Sebastian, Christina
Architects	Thomas (Apostle)
Armies	Maurice
Arms dealers	Adrian of Nicomedia
Artillery	Barbara
Artists	Luke, Blessed Fra Angelico
Astronauts	Joseph of Cupertino
Asylums (for the mentally ill)	Dymphna
Athletes	Sebastian
Aviation	Blessed Virgin Mary, Our Lady of Loreto, Joseph of Cupertino
Babies	The Holy Innocents, Maximus, Nicholas of Tolentino, Philip of Zell
Bachelors	Gerald of Aurillac
Bakers	Nicholas of Bari, Honoratus
Bankers	Matthew, Bernardino of Feltre
Banking	Michael the Archangel
Barbers	Cosmas & Damian, Martin de Porres
Battle	Michael the Archangel
Beggars	Martin of Tours, Giles
Birds	Gall
Blessed Sacrament	Peter Julian Eymard
Blind persons	Lucy, Thomas, Odilia, Raphael the Archangel
Blood donors	Blessed Virgin Mary, Our Lady of the Thorns
Booksellers	John of God, Thomas Aquinas
Book trade	John of God
Boys	Dominic Savio
Breast-feeding	Basilissa, Giles
Brewers	Amand, Wenceslaus
Bricklayers	Stephen
Brides	Nicholas of Bari
Bridges	John Nepomucene
Broken bones	Stanislaus Kostka
Builders	Vincent Ferrer, Thomas
Building trade	Stephen
Business people	Homobonus
Butchers	Luke, Adrian of Nicomedia
Cab drivers	Fiacre
Cabinet makers	Joseph
Cancer sufferers	Peregrine Laziosi
Candlemakers	Ambrose
Canon lawyers	Ivo of Kermartin, Raymond of Peñafort
Captives	Leonard of Limoges, Dominic of Silos
Carpenters	Joseph, Thomas
Catechists, Catechumens	Robert Bellarmine, Charles Borromeo
Cattle	Roch
Cattle breeders	Mark
Cemetery keepers & caretakers	Joseph of Arimathea
Chaplains, military	John of Capistrano
Charitable societies	Vincent de Paul, Elizabeth of Hungary
Chemists (druggists)	Cosmas & Damian, James the Lesser
Child abuse victims	Germaine Cousin
Childbirth	Margaret (Marina), Erasmus, Raymond Nonnatus, Leonard of Noblac, Gerard Majella
Childless women	Anne
Childless	Henry II
Children	Nicholas of Bari, Raymond Nonnatus
Children of Mary, The	Philomena, Maria Goretti, Agnes
Children, desire for	Rita of Cascia, Agnes
Children, illegitimate	John Francis Regis
Choirboys, choirs	Dominic Savio
Cholera	Roch
Christian people, young	Aloysius Gonzaga
Church music	Gregory the Great
Church, Universal	Joseph
Clergy	Gabriel of Our Lady of Sorrows
Clergy, Diocesan	Blessed John of Avila
Clergy, Parochial	John Vianney
Clothworkers	Homobonus
Coffin-bearers	Joseph of Arimathea
Coin collectors	Eligius (Elói)
Colic	Erasmus (Elmo)
Colleges	Thomas Aquinas

PATRON SAINTS

Comedians	Vitus	Dying, the	Thecla, Benedict (Abbot), Lebuin, James the Less, Maximus, Nicholas of Tolentino
Communications workers	Gabriel the Archangel	Earthquakes	Emygdius, Francis Borgia, Gregory the Wonderworker
Communism, opposition to	Joseph	Earaches	Polycarp
Condemned criminals	Dismas	Ecologists, ecology	Francis of Assisi
Confessors	Alphonsus Liguori, John Nepomucene Thomas (Apostle)	Eczema	Antony the Abbot
Construction workers	Roch, Sebastian	Editors	John Bosco, Francis de Sales
Contagious diseases	Helena	Education, public	Martin de Porres
Converts	Scholastica	Eloquence, sacred	John Chrysostom
Convulsive children	Nicholas of Flüe	Embroiderers	Clare
Councilmen	Bl. Charles the Good	Emigrants	Frances Xavier Cabrini
Counts	Eligius (Eloi)	Epilepsy	Dymphna, Vitus
Craftsmen	Luke	Eucharist, the	Paschal Baylon
Craftworkers	Giles	Eye diseases	Cyriacus, Lucy, Raphael the Archangel
Cripples	Magnus of Fussen	Eye troubles	Harvey, Clare
Crops, protection of	Bl. Charles the Good, Bl. Nuno Alvarez	Faculties of law	Raymond of Peñafort
Crusaders	Matthew	Falsely accused	Raymond Nonnatus, Dominic Savio
Customs officers	Brigid	Farmers	Isidore the Farmer
Dairy workers	Vitus	Farm workers	Benedict (Abbot)
Dancers	Stephen	Ferriers	John the Baptist
Deacons	Michael the Archangel, Margaret (Marina)	Fever	Genevieve
Death	Joseph	Fire (danger from)	Agatha, Nicholas of Tolentino
Death, happy	Andrew Avellino	Fire prevention	Eustace, Catherine of Siena
Death, sudden	Perpetua & Felicitas, Margaret of Scotland, Hedwig	First Communicants	Bl. Imelda Lambertini
Death of children	Joseph of Cupertino	Fishermen	Peter, Andrew
Degree candidates	Apollonia	Flight attendants	Bona
Dentists	Eustace, Jude, Rita of Cascia, Gregory the Wonderworker	Flight crew	Blessed Virgin Mary, Our Lady of Loreto
Desperate or hopeless cases	Cyriacus, Dymphna, Paulinus	Flood	Gregory the Wonderworker, Florian
Diabolical possession	Helena	Florists & flower growers	Rose of Lima, Dorothy, Rose of Viterbo, Thérèse of Lisieux
Difficult marriages	Eustace	Flying	Joseph of Cupertino, Elias the prophet
Difficult situations	Blessed John of Avila	Flying, all involved in	Our Lady of Loreto
Diocesan priests	Gabriel the Archangel	Foreign missions	Francis Xavier, Thérèse of Lisieux
Diplomatic services	Genevieve	Foresters	John Gualbert
Disasters	Raphael the Archangel, Lucy	Funeral directors	Joseph of Arimathea
Diseases of the eye	Roch, Sebastian	Garage or gas station workers	Eligius (Eloi)
Disease, contagious	Dymphna, Vitus	Gardeners	Adam, Fiacre, Rose of Lima
Diseases, nervous	Guntramnus	Garment workers	Homobonus
Divorced, repentant	Luke, Cosmas & Damian, Pantaleon	Girls (teenage)	Maria Goretti
Doctors	Ubaldo	Goldsmiths	Eligius (Eloi)
Dog bites	Antony the Abbot	Governors	Ferdinand III of Castile
Domestic animals	Zita	Gravediggers	Joseph of Arimathea, Antony
Domestic workers	Joseph	Greetings	Valentine
Doubters	Solange, Genevieve	Guilds, Eucharistic	Paschal Baylon
Drought	Hyacinth,	Hemorrhage	Lucy
Drowning, death or danger from	Adjutor, Florian	Handicapped	Henry II, Gerald of Aurillac
Drug addiction sufferers	Maximilian Kolbe	Hemorrhoid sufferers	Fiacre
Druggists (chemists)	Cosmas & Damian	Hail	Magnus of Fussen
Dyers	Lydia		

Hairdressers	Cosmas & Damian, Martin de Porres	Lost souls (on earth)	Anthony of Padua
Harvests	Anthony of Padua	Lovers	Valentine, Raphael the Archangel
Hatmakers	James the Less	Lung diseases	Pantaleon
Headache sufferers	Teresa of Ávila, Denis	Magistrates	Ferdinand III of Castille
Health inspectors	Raphael the Archangel	Marble workers	Four Crowned Martyrs, Clement I, Louis of France
Health service, public	Martin de Porres	Mariners	Nicholas of Tolentine
Hernia sufferers	Cathal, Conrad of Piacenza	Maritime pilots	Nicholas of Bari
Hoarseness	Bernardine of Siena	Marriage	John Francis Regis
Hopeless (or desperate) cases	Dominic Savio, Rita of Cascia, Jude, Gregory the Wonderworker	Marriages, unhappy	Gengulf, Hedwig
Horticulturalists	Adam, Fiacre	Medical profession	Cosmas & Damian, Luke, Pantaleon
Hospital administrators	Basil the Great	Mental illness	Dymphna
Hospitals	John of God, Vincent de Paul, Camillus	Merchants	Homobonus
Hoteliers	Gentian, Julian	Metalworkers	Eligius (Eloi)
Housewives	Anne	Midwives	Raymond Nonnatus
Hunting, huntsmen	Hubert, Eustace	Migrants	Frances Xavier Cabrini
Hydrophobia, or rabies	Hubert, Ubald	Millers	Christina, Honoratus
Ice skaters	Lydwina	Miners	Anne, Barbara
Illness (mental)	Dymphna	Miscarriages	Catherine of Sweden
Immigrants	Frances Xavier Cabrini	Missionary priests	Vincent Pallotti
Impossible cases	Rita of Cascia, Jude	Missioners in Catholic lands	Leonard of Port Maurice
Infants	Nicholas of Tolentino	Missions	Francis Xavier, Thérèse of Lisieux
Infertility	Rita of Cascia	Mixed race, people of	Martin de Porres
Innkeepers	Gentian	Moral theologians	Alphonsus de Liguori
Innocent people	Dominic Savio, Raymond Nonnatus	Motherhood	Nicholas of Tolentino
Insanity	Dymphna	Mothers	Anne, Monica, Gerard Majella, Nicholas of Tolentino, Gianna Molla
Jealousy	Hedwig	Motorcyclists	Blessed Virgin Mary, The Madonna of Castaliazzo, or Our Lady of Grace, and of Crete
Jewellers	Eligius (Eloi)	Motorists	Frances of Rome, Christopher
Journalists	Francis de Sales	Motorways	John the Baptist
Journeys, safe	Christopher, Joseph, Nicholas, Raphael the Archangel	Mountaineers, mountain climbers	Bernard of Menthon, Bl. Pier Giorgio Frassatti
Judges	Ivo of Kermartin	Murderers, repentant	Guntramnus
Jurists	John of Capistrano	Musicians	Gregory the Great, Cecilia
Justice, social	Martin de Porres	Native rights	Turibius of Mongrovejo
Juvenile delinquents	Dominic Savio	Naval officers	Francis of Paola
Kidney diseases	Margaret of Antioch	Navigators	Francis of Paola
Laborers	Isidore the Farmer, James	Negro missions	Peter Claver
Lame, the	Giles	Neighborhood watch	Sebastian
Large families	Matilda, Adelaide, Margaret of Scotland	Nervous diseases	Vitus, Dymphna
Law, schools or faculties	Raymond of Peñafort	Newborn babies	David
Lawyers	Raymond of Peñafort, Yves, Ivo of Kermartin, Thomas More	Notaries	Luke, Mark, Ivo of Kermartin
Lay apostolate	Paul	Nurses	Camillus de Lellis, John of God
Lay women	Emilina	Nurses' associations	Camillus de Lellis, Agatha
Learning	Catherine of Alexandria	Nurses (of mentally ill)	Dymphna
Leatherworkers	Crispin and Crispinian	Nursing mothers	Basilissa, Giles
Lecturers	Justin	Oratory (sacred)	John Chrysostom
Lepers	Giles	Orphans	Ivo of Kermartin, Jerome Emiliani
Librarians, libraries	Catherine of Alexandria, Jerome	Painters (artists)	Blessed Fra Angelico, Luke
Lightning, protection from	Vitus, Barbara, Magnus of Fussen	Pallbearers	Joseph of Arimathea
Lost articles	Anthony of Padua	Parenthood	Rita of Cascia
		Parents of large families	Matilda

PATRON SAINTS

Parish priests	John Vianney	Rain (excessive)	Genevieve
Park-keepers	John Gualbert	Retreats	Ignatius of Loyola
Pawnbrokers	Bl. Bernardine of Feltre, Nicholas of Bari	Robbers (danger from)	Leonard of Noblac
Pensioners, old age	Teresa of Ávila, Our Lady of Consolation, Teresa Jornet e Ibars	Rulers	Ferdinand III of Castile
Perfumers, perfumiers	Nicholas of Bari	Sailors	Erasmus (Elmo), Francis of Paola, Nicholas of Bari, Brendan, Vincent of Saragossa
Persons in authority	Ferdinand III of Castile	Savings banks	Anthony Mary Claret
Pets	Antony the Abbot	Scholars	Thomas Aquinas
Pharmacists	Cosmas & Damian, Raphael the Archangel	Scholars, scripture	Jerome
Pharmacists in hospitals	Gemma Galgani	School teachers	John Baptist de la Salle
Philosophers and philosophy	Justin Martyr, Catherine of Alexandria, Thomas Aquinas	Schools, Catholic	Thomas Aquinas
Physically disabled	Giles	Schools of law	Raymond of Peñafort
Physicians	Cosmas & Damian, Luke, Pantaleon, Gianna Molla	Scientists	Albert the Great
Physicians (diseases, contagious)	Roch, Sebastian	Scripture scholars	Jerome
Pilots (see also Aircrew)	Our Lady of Loretto	Scruples	Ignatius of Loyola
Pilots, maritime	Francis of Paola, Nicholas of Bari	Sculptors	Luke, Four Crowned Martyrs, Louis of France
Plague	Gregory the Great, Roch, Sebastian	Sea, those associated with	Francis of Paola
Plasterers	Bartholomew	Security forces	Michael the Archangel
Plumbers	Vincent Ferrer	Security guards	Matthew
Poison	Benedict, John, Pirminius	Seminarians	Charles Borromeo
Police (security forces)	Michael the Archangel	Senior citizens	Teresa of Jesus, Teresa Jornet e Ibars, Our Lady of Consolation
Police, local, municipal	Sebastian	Servants	Martha
Poor, the	Anthony of Padua, Lawrence, Ferdinand III of Castile	Servants, women	Zita
Possession, demonic	Cyriacus, Dymphna, Bruno, Andrew Avellino	Shepherds	Our Lady of Lapurdo, Paschal Baylon, Bernadette Crispin & Crispinian, Homobonus Clarus, Abbot Cassian of Imola
Postal services	Gabriel the Archangel	Shoemakers	
Poverty	Regina	Short-sightedness	
Preaching	John Chrysostom	Shorthand writers	
Pregnant women	Raymond Nonnatus, Margaret, Gerard Majella	Sick, the	John of God, Camillus, Michael the Archangel
Press	Edmund Campion	Single women	Bibiana
Press, Catholic	Francis de Sales	Sinners, repentant	Mary Magdalen
Priests devoted to missions	Leonard of Port Maurice	Skiers	Our Lady of Grace
Printers	Maximilian Kolbe	Skin diseases	Antony the Abbot, George
Prison guards, officers	Hippolytus, Processus & Martinian, Adrian of Nicomedia	Slander	John Nepomucene
Prisoners	Leonard of Noblac, Vincent de Paul, Roch, Ferdinand III of Castile	Sleepwalkers	Dymphna
Prisoners, political	Maximilian Kolbe	Snakebite	Hilary, Vitus
Procrastination	Expeditus	Social justice	Martin de Porres
Public relations	Bernardine of Siena	Social workers	John Francis Regis, Louise de Marillac
Publishers	Maximilian Kolbe	Soldiers	Martin of Tours, Joan of Arc, Maurice, Sebastian
Rabies	Hubert, Ubald	Soldiers, American Catholic	Our Lady of the Immaculate Conception
Radio	Gabriel the Archangel	Souls in purgatory	Nicholas of Tolentino
Radiologists, radiotherapists	Michael the Archangel	Spiritual directors of clergy	Joseph Cafasso
		Spiritual exercises	Ignatius of Loyola
		Stamp collectors	Gabriel the Archangel
		Stenographers	Cassian of Imola
		Stomach disorders	Timothy
		Stomach pains	Erasmus (Elmo)
		Stonemasons	Four Crowned Martyrs, Louis of France, Stephen

Storms (protection against)	Vitus	Women in labor	Erasmus (Elmo)
Students	Gabriel Possenti, Thomas Aquinas	Workers	Joseph
Students (examinees)	Joseph of Cupertino	Workers (young)	John Bosco
Students (women)	Catherine of Alexandria	Writers	Francis de Sales
Students (young)	John Berchmans, Maria Goretti, Stanislaus Kostka	Youth	Stanislaus Kostka, John Bosco, Raphael the Archangel
Students in Jesuit colleges	Aloysius Gonzaga	Young people, Catholic	Aloysius Gonzaga
Surgeons	Cosmas & Damian, Roch		
Surveyors	Thomas		
Swimmers	Adjutor (Ayoutre)		
Tailors	Homobonus		
Tax collectors	Matthew		
Taxi drivers	Fiacre		
Teachers	John Baptist de la Salle, Gregory the Great		
Teenagers (esp. girls)	Maria Goretti		
Telecommunications	Gabriel the Archangel		
Television	Clare, Gabriel the Archangel		
Terminal illness	Peregrine		
Tertiaries	Louis of France		
Theatrical profession	Genesius the Comedian		
Theologians	Thomas Aquinas, Augustine, Alphonsus Liguori		
Theologians, moral	Alphonsus Liguori		
Thieves, repentant	Dismas		
Thieves, danger from	Leonard of Noblac		
Throat infections, ailments	Blaise, Lucy		
Toothache	Apollonia		
Tradespeople	Homobonus		
Travelers	Christopher, Joseph, Julian, Nicholas of Bari, Raphael the Archangel		
Undertakers	Joseph of Arimathea, Dismas		
Universities, Catholic	Thomas Aquinas		
Unborn Children	Gianna Molla		
Unmarried women	Nicholas of Bari		
Urgent cases	Expeditus		
Venereal disease sufferers	Fiacre		
Vermin, protection from	Magnus of Fussen		
Veterans	Martin of Tours		
Veterinarians	Eligius (Eloi)		
Victims of torture or betrayal	Epipodius, Alexander, Pelagius		
Volcanic eruptions	Agatha		
Waiters, waitresses	Martha		
War victims, civilian	Blessed Virgin Mary, Queen of Peace		
Water, danger from	Florian		
Weavers	Onuphrius		
Widows	Frances of Rome, Felicitas & Perpetua		
Wine merchants & wine trade	Amand		
Winegrowers	Vincent of Saragossa, Martin of Tours		
Women (young) & students	Catherine of Alexandria		

THE 37 DOCTORS OF THE CHURCH

St. Irenaeus of Lyons	130-202	June 28; July 3 (<i>Trad.</i>)
St. Athanasius	297-373	May 2
St. Ephrem	306-373	June 9; June 18 (<i>Trad.</i>)
St. Cyril of Jerusalem	315-386	March 18
St. Hilary of Poitiers	315-368	January 13; January 14 (<i>Trad.</i>)
St. Gregory Nazianzen	329-389	January 2; May 9 (<i>Trad.</i>)
St. Basil	329-379	January 2; June 14 (<i>Trad.</i>)
St. Ambrose	340-397	December 7
St. Jerome	342-420	September 30
St. John Chrysostom	347-407	September 13; Jan. 27 (<i>Trad.</i>)
St. Augustine	354-430	August 28
St. Cyril of Alexandria	376-444	June 27; February 9 (<i>Trad.</i>)
St. Leo the Great	400-461	November 10; April 11 (<i>Trad.</i>)
St. Peter Chrysologus	406-450	July 30; December 4 (<i>Trad.</i>)
St. Gregory the Great	540-604	September 3; March 12 (<i>Trad.</i>)
St. Isidore of Seville	560-636	April 4
St. Bede	673-735	May 25; May 27 (<i>Trad.</i>)
St. John Damascene	676-749	December 4; March 27 (<i>Trad.</i>)
St. Gregory of Narek	951-1003	February 27
St. Peter Damian	1007-1072	Feb. 21; Feb. 23 (<i>Trad.</i>)
St. Anselm	1033-1109	April 21
St. Bernard of Clairvaux	1090-1153	August 20
St. Hildegard of Bingen	1098-1179	September 17
St. Anthony of Padua	1195-1231	June 13
St. Albert the Great	1206-1280	November 15
St. Bonaventure	1221-1274	July 15; July 14 (<i>Trad.</i>)
St. Thomas Aquinas	1225-1274	January 28; March 7 (<i>Trad.</i>)
St. Catherine of Siena	1347-1380	April 29; April 30 (<i>Trad.</i>)
St. John of Ávila	1500-1569	May 10
St. Teresa of Ávila	1515-1582	October 15
St. Peter Canisius	1521-1597	December 21; April 27 (<i>Trad.</i>)
St. Robert Bellarmine	1542-1621	September 17; May 13 (<i>Trad.</i>)
St. John of the Cross	1542-1591	Dec. 14; Nov. 24 (<i>Trad.</i>)
St. Lawrence of Brindisi	1559-1619	July 21
St. Francis de Sales	1567-1622	January 24; January 29 (<i>Trad.</i>)
St. Alphonsus Liguori	1696-1787	August 1; August 2 (<i>Trad.</i>)
St. Thérèse of Lisieux	1873-1897	October 1; October 3 (<i>Trad.</i>)

THE 14 HOLY HELPERS

St. Achatius (Acacius) , Patron against headaches.	May 8
St. Aegidius (Giles) , Patron of cripples.	September 1
St. Barbara , Protectress against lightning.	December 4
St. Blaise , Patron against diseases of the throat.	February 3
St. Catherine , Patroness of philosophers and invoked in lawsuits.	November 25
St. Christopher , Patron of travelers.	July 25
St. Cyriacus , Patron against eye diseases.	August 8
St. Denis (Dionysius) , Patron against demons and headaches.	October 9
St. Erasmus (Elmo) , Patron against diseases of the stomach.	June 2
St. Eustace , Patron of hunters and against fire, temporal or eternal.	September 20
St. George , Patron against diseases of the skin.	April 23
St. Margaret of Antioch , Patroness against kidney diseases.	July 20
St. Pantaleon , Patron against lung diseases.	July 27
St. Vitus (Guy) , Patron against nervous diseases, epilepsy, & paralysis.	June 15

SATURDAYS OF OUR LADY

Saturdays are especially dedicated to the Blessed Virgin Mary in both the New and the Traditional liturgical calendars. This tradition honors Our Lady for her steadfast faith on the first Holy Saturday, when the faith of the Apostles had been shaken by Our Lord's crucifixion.

INCLUSION OF SAINTS

In keeping with its purpose as an aid to devotion rather than an official liturgical Ordo, this daily planner includes even those saints who are not commemorated in the liturgy (whether *Novus Ordo* or Traditional) in the current year. Such saints are principally those whose days fall in Lent or on Sunday.

A COLLECTION OF CATHOLIC PRAYERS

Familiar Prayers

The Sign of the Cross

This most fundamental prayer is used to begin and end one's prayers and to ward off the attacks of the devil. It is especially powerful when used with Holy Water.

IN THE NAME of the Father, and of the Son, and of the Holy Spirit. Amen.

Our Father

OUR FATHER, WHO art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

HAIL MARY, FULL of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

GLORY BE TO the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Apostles' Creed

I BELIEVE IN God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the Resurrection of the Body, and life everlasting. Amen.

The Act of Faith

O MY GOD, I firmly believe that Thou art one God in Three Divine Persons: the Father, the Son and the Holy Spirit. I believe that Thy Divine Son became man, and died for our sins, and that He shall come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, Who canst neither deceive nor be deceived.

The Act of Hope

O MY GOD, relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

The Act of Charity

O MY GOD, I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

The Act of Contrition

It is good to begin our prayers by purifying our souls with an act of contrition.

O MY GOD, I am heartily sorry for having offended Thee, and I detest all my sins because I dread the loss of Heaven and the pains of Hell; but most of all, because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen.

The Confiteor

I CONFESS TO Almighty God, to Blessed Mary ever virgin, to Blessed Michael the Archangel, to Blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to thee, Father, that I have sinned exceedingly, in thought, word and deed; through my fault, through my fault, through my most grievous fault. Therefore I beseech Blessed Mary ever virgin, Blessed Michael the Archangel, Blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and thee, Father, to pray to the Lord our God for me.

The Hail, Holy Queen

Salve Regina

HAIL, HOLY QUEEN, Mother of mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, Most Gracious Advocate, thine eyes of mercy toward us. And after this our exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

The Memorare

Famous Prayer of St. Bernard of Clairvaux

REMEMBER, O MOST gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession was left unaided.

A COLLECTION OF CATHOLIC PRAYERS

(CONTINUED)

Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Prayer After the Rosary

O GOD, WHOSE only-begotten Son, by His life, death and Resurrection, has purchased for us the rewards of eternal salvation, grant, we beseech Thee, that meditating upon these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise. Through the same Christ Our Lord. Amen.

Prayer to St. Michael the Archangel

ST. MICHAEL THE Archangel, defend us in the battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly host, by the power of God, cast into Hell Satan and all the other evil spirits who wander through the world seeking the ruin of souls. Amen.

Most Sacred Heart of Jesus

Most Sacred Heart of Jesus,

Have mercy on us.

Most Sacred Heart of Jesus,

Have mercy on us.

Most Sacred Heart of Jesus,

Have mercy on us.

Veni, Creator Spiritus

V. Come, Holy Spirit, fill the hearts of Thy faithful;

R. *And kindle in them the fire of Thy love.*

V. Send forth Thy Spirit, and they shall be created;

R. *And Thou shalt renew the face of the earth.*

Let Us Pray

O GOD, WHO hast instructed the hearts of the Faithful by the light of the Holy Spirit, grant we beseech Thee, that by the gift of the same Spirit we may be always truly wise and ever rejoice in His consolation, through Christ Our Lord. Amen.

Morning Offering

Of the Apostleship of Prayer

O JESUS, THROUGH the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings of this day for all the intentions of Thy Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for all my sins,

for the intentions of all our associates, and in particular for the special intentions of our Holy Father for this month. Amen.

Guardian Angel Prayer

ANGEL OF GOD, my guardian dear, To whom God's love commits me here, Ever this day (night), be at my side, To light and guard, to rule and guide. Amen.

Fatima Morning Offering

Based on Our Lady of Fatima's requests

O JESUS, THROUGH the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings and all that this day may bring: for the love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Sacred Heart of Jesus and the Immaculate Heart of Mary. Amen.

Grace Before Meals

BLESS US, O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ Our Lord. Amen.

Grace After Meals

WE GIVE THEE thanks, Almighty God, for these and all Thy benefits, Who livest and reignest forever. Amen.

Prayer for Eternal Rest

A common practice is to include a prayer for eternal rest after saying grace.

ETERNAL REST GRANT unto them, O Lord, and let perpetual light shine upon them. May the souls of all the Faithful departed, through the mercy of God, rest in peace. Amen.

The Angelus

The Angelus is traditionally prayed standing, in the morning (6:00 a.m.), at noon and in the evening (6:00 p.m.) throughout the year, except during Paschal Time (Easter Sunday through the Saturday after Pentecost), when the Regina Coeli is prayed instead.

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary . . .

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

Hail Mary . . .

V. And the Word was made Flesh. (*Genuflect.*)

A COLLECTION OF CATHOLIC PRAYERS

(CONTINUED)

R. *And dwell among us. (Arise.)*

Hail Mary . . .

V. Pray for us, O holy Mother of God.

R. *That we may be made worthy of the promises of Christ.*

Let Us Pray

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

The Regina Coeli

This prayer is traditionally prayed standing, in the morning (6:00 a.m.), at noon and in the evening (6:00 p.m.), during Paschal Time (from Easter through the evening of the Saturday after Pentecost) instead of The Angelus.

V. Queen of Heaven, rejoice. Alleluia.

R. *For He whom thou wast worthy to bear. Alleluia.*

V. Has risen as He said. Alleluia.

R. *Pray for us to God. Alleluia.*

V. Rejoice and be glad, O Virgin Mary. Alleluia.

R. *For the Lord is truly risen. Alleluia.*

Let Us Pray

O God, Who by the Resurrection of Thy Son, Our Lord Jesus Christ, hast been pleased to give joy to the whole world, grant, we beseech Thee, that through the intercession of the Blessed Virgin Mary, His Mother, we may attain the joys of eternal life. Through the same Christ Our Lord. Amen.

Three O'Clock Hour of Great Mercy Prayer

You expired, Jesus, but the source of life gushed forth for souls,
and the ocean of mercy opened up for the whole world.

O Fountain of Life, unfathomable Divine Mercy,
envelop the whole world and empty Yourself out upon us.
O Blood and Water which gushed forth from the Heart of Jesus
as a fountain of mercy for us, I trust in You.

O Sacrament Most Holy

O Sacrament most holy,

O Sacrament divine!

All praise and all thanksgiving

Be every moment Thine!

Aspiration to the Holy Family

JESUS, MARY AND Joseph, I give Thee my heart and my soul.

Jesus, Mary and Joseph, assist me in my last agony.

Jesus, Mary and Joseph, may I breathe forth my soul in peace with Thee.

Morning Prayers

An Act of Faith in the Presence of God

O MY GOD, I firmly believe that Thou art here present and dost plainly see me, that Thou dost observe all my actions, all my thoughts, and the most secret movements of my heart. I acknowledge that I am not worthy to come into Thy presence, nor to lift up my eyes to Thee, because I have so often sinned against Thee. But Thy goodness and mercy invite me to come to Thee; help me, I implore Thee, with Thy holy grace, and teach me to pray to Thee as I ought.

An Act of Adoration and Thanksgiving

O ETERNAL GOD, Father, Son and Holy Spirit, the beginning and end of all things, in Whom we live and move and have our being, prostrate before Thee in body and soul, I adore Thee with the most profound humility. I bless Thee and give Thee thanks for all the benefits Thou hast conferred upon me, especially that Thou hast created me out of nothing, made me after Thine own image and likeness, redeemed me with the Precious Blood of Thy Son, and sanctified me with Thy Holy Spirit. I thank Thee that Thou hast called me into Thy Church, helped me by Thy grace, admitted me to Thy Sacraments, watched over me by Thy special Providence, blessed me, notwithstanding my sins and unworthiness, with Thy continuing and gracious protection, and for all the innumerable blessings which I owe to Thine undeserved bounty. I thank Thee especially for having preserved me during the past night and for bringing me in safety to the beginning of another day. What return can I make to Thee, my God, for all that Thou hast done for me? I will bless Thy Holy Name and serve Thee all the days of my life. Bless the Lord, my soul, and let all that is within me praise His Holy Name.

An Act of Faith

O MY GOD, I firmly believe in all that Thy Holy, Catholic and Apostolic Church approves and teaches, since it is Thou, the Infallible Truth, Who hast revealed it to Thy Church.

An Act of Hope

O MY GOD, with a firm confidence I hope in Thee, that Thou wilt grant me, through the merits of Jesus Christ, the assistance of Thy grace, and that after my keeping Thy commandments, Thou wilt bestow on me life everlasting, according to Thy promises, Thou Who art almighty and Whose word is truth!

A COLLECTION OF CATHOLIC PRAYERS

(CONTINUED)

An Act of Charity

O MY GOD, I love Thee with my whole heart, with my whole soul, with all my strength, and above all things, because Thou art infinitely good and infinitely lovable. Also, for love of Thee do I love my neighbor as myself.

An Act of Contrition, With Good Resolutions

Here call to mind the chief sins of your past life and make resolutions against the temptations and dangerous occasions you may meet with this day.

O MY GOD, how little have I served Thee in time past! How greatly have I sinned against Thee! I acknowledge my iniquity, and my sin is always before me. But I repent, O Lord, I repent. I am heartily sorry that I have spent that time in offending Thee which Thou hast given to me to be employed in Thy service, in advancing the good of my own soul and obtaining everlasting life. I am sorry above all things that I have offended Thee, because Thou art infinitely good and sin is infinitely displeasing to Thee. I desire to love Thee with my whole heart, and I firmly purpose, by the help of Thy grace, to serve Thee more faithfully in the time to come.

Accept, I implore Thee, the offering I now make to Thee of the remainder of my life. I renew the vows and promises made in my Baptism. I renounce the devil and all his works, the world and all its pomps. I now begin and will endeavor to spend this day according to Thy holy Will, performing all my actions in a manner pleasing to Thee. I will take particular care to avoid the failings I am so apt to commit and to exercise the virtues most agreeable to my state and employment.

To Our Guardian Angel

O ANGEL OF God, who art appointed by divine mercy to be my guardian, enlighten and protect, direct and govern me this day. Amen.

A Morning Offering of Self

O MY JESUS, here is my tongue, that Thou mayest watch over it, that it may not utter more than pleases Thee, and that my silence may speak to Thee. Here are my ears, that they may listen only to the voice of duty and to Thy Voice, O Jesus! Here are my eyes, that they may not cease to behold Thee in every face and in every work. Here are my hands and my feet, that Thou mayest make them agile, that they may be riveted to Thy service alone and to the execution of Thy desires. Here are my thoughts, that Thy Light may possess them. Here is my heart, that Thy Love, O Jesus, may reign and rest in it!

Evening Prayers

A Short Form of Vespers

The official evening prayer of the Church, and the best of all, is Vespers. Here follows, however, an alternative form of evening prayers.

IN THE NAME of the ☩ Father, and of the Son, and of the Holy Spirit. Amen.

Blessed be the holy and undivided Trinity, now and for ever. Amen.

Our Father, Hail Mary, Glory Be, Apostles' Creed.

V. Come, Holy Spirit, fill the hearts of Thy faithful,

R. *And kindle in them the fire of Thy love.*

V. Send forth Thy Spirit, and they shall be created,

R. *And Thou shalt renew the face of the earth.*

Let Us Pray

O God, Who hast instructed the hearts of the Faithful by the light of the Holy Spirit, grant us, we beseech Thee, that by the gift of the same Spirit we may always be truly wise and ever rejoice in His consolation, through Jesus Christ Our Lord. Amen.

Place yourself in the presence of God and give Him thanks for all the benefits which you have received from Him, particularly this day.

O My God, I firmly believe that Thou art here present and dost plainly see me, and that Thou dost observe all my actions, all my thoughts and the most secret motions of my heart. Thou dost watch over me with an incomparable love, every moment bestowing favors and preserving me from evil. Blessed be Thy Holy Name, and may all creatures bless Thy goodness for the benefits which I have ever received from Thee, and particularly this day. May the Saints and Angels supply my defect in rendering Thee due thanks. Never permit me to be so base and wicked as to repay Thy goodness with ingratitude and Thy blessings with offenses and injuries.

You should here ask of Our Lord Jesus Christ for the grace to discover the sins which you have committed this day and beg of Him a true sorrow for them and sincere repentance.

O My Lord Jesus Christ, Judge of the living and the dead, before Whom I must appear one day to give an exact account of my whole life, enlighten me, I implore Thee, and give me a humble and contrite heart, that I may see wherein I have offended Thine infinite Majesty, and judge myself now with such a just severity, that then Thou mayest judge me with mercy and clemency.

You should endeavor, as far as possible, to put yourself in the disposition in which you desire to be found at the hour of death.

O My God, I accept death as a homage and an adoration which I owe to Thy divine Majesty and as a punishment justly due to my sins, in union with the death of my Dear Redeemer and as the only means of coming to Thee, my beginning and Last End.

I firmly believe all the sacred truths which the Holy Catholic and Apostolic Church believes and teaches, because Thou hast revealed them. And by the assistance of Thy

A COLLECTION OF CATHOLIC PRAYERS

(CONTINUED)

holy grace, I am resolved to live and to die in communion with this, Thy Church. Relying upon Thy goodness, power and promises, I hope to obtain pardon of my sins and life everlasting, through the merits of Thy Son Jesus Christ, my only Redeemer, and by the intercession of His Blessed Mother and all the Saints.

I love Thee with all my heart and soul, and I desire to love Thee as the blessed do in Heaven. I adore all the designs of Thy Divine Providence, resigning myself entirely to Thy holy Will. I also love my neighbor for Thy sake, as I love myself.

I sincerely forgive all who have injured me, and ask pardon of all whom I have injured.

I renounce the devil, and all his works; the world, and all its pomps; the flesh, and all its temptations.

I desire to be dissolved and to be with Christ.

Father, into Thy hands I commend my spirit.

Jesus, Mary, and Joseph, I give thee my heart and my soul.

Jesus, Mary, and Joseph, assist me in my last agony.

Jesus, Mary, and Joseph, may I breathe forth my soul in peace with thee. Amen.

Lord Jesus, receive my soul.

May the Blessed Virgin Mary, St. Joseph and all the Saints pray for us to Our Lord, that we may be preserved this night from sin and all evils. Amen.

O Blessed St. Michael, defend us in the day of battle, that we may not be lost at the dreadful Judgment. Amen.

O Angel of God, who art appointed by divine mercy to be my guardian, enlighten and protect, direct and govern me this night. Amen.

May Almighty God have mercy on us, forgive us our sins and bring us to life everlasting. Amen.

May the Almighty and Merciful Lord grant us †pardon, absolution and remission of all our sins. Amen.

Anima Christi

Soul of Christ, sanctify me;

Body of Christ, save me;

Blood of Christ, inebriate me;

Water from the side of Christ, wash me.

Passion of Christ, strengthen me;

O good Jesus, hear me;

Within Thy wounds hide me;

Suffer me not to be separated from Thee.

From the malignant enemy defend me;

In the hour of my death, call me,

And bid me come to Thee,

That, with Thy Saints, I may praise Thee

Forever and ever. Amen.

The Divine Praises

Traditionally recited publicly at the end of Benediction of the Blessed Sacrament, just before the Host is returned to the tabernacle. It may be recited privately at any time as an act of praise and thanksgiving.

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God, in His Angels and in His Saints.

Prayer Before a Crucifix

BEHOLD, O KIND and most sweet Jesus, before Thy face I humbly kneel, and with the most fervent desire of my soul, I pray and beseech Thee to impress upon my heart lively sentiments of faith, hope and charity, true contrition for my sins and a firm purpose of amendment, while with deep affection and grief of soul, I ponder within myself, mentally contemplating Thy five most precious wounds, having before my eyes the words which David the Prophet spoke concerning Thee: "They have pierced my hands and my feet; they have numbered all my bones." (Psalm 21:17-18).

Night Prayer for Daily Neglects

ETERNAL Father, I offer Thee the Sacred Heart of Jesus, with all its love, all its sufferings and all its merits . . .

To expiate all the sins I have committed this day and during all my life.

Glory Be . . .

Eternal Father . . . *(Repeat the beginning prayer.)*

To purify the good I have done badly this day and during all my life.

Glory Be . . .

Eternal Father . . . *(Repeat the beginning prayer.)*

To supply for the good I ought to have done and that I have neglected this day and during all my life.

Glory Be . . .

Prayer to St. Joseph for a Happy Death

O GLORIOUS ST. JOSEPH, behold I choose thee today for my special patron in life and at the hour of my death. Preserve and increase in me the spirit of prayer and fervor in the service of God. Remove far from me every kind of sin, and obtain for me that my death may not come upon me unawares, but that I may have time to confess my sins sacramentally and to bewail them with a most perfect understanding and a most sincere contrition, in order that I may breathe forth my soul into the hands of Jesus and Mary. Amen.

Acceptance of Death

O LORD GOD, I look ahead to the end of my life, and with true contrition for having offended Thee, I accept in advance, from Thy loving hands, whatever death it will please Thee to send me. I accept this death with all its pains, anguish and suffering, in reparation for my sins and for love of Thee. I rely on Thine all-powerful grace to see me through my last hours, moment by moment, and to bring me home to a happy eternity with Thee forever. Through Jesus Christ Our Lord. Amen.

O Mary, Mother of departing souls, pray for us.

St. Joseph, Patron of a Happy Death, pray for us.

ABBREVIATIONS USED IN THIS CALENDAR

Abbot, Abbess	Ab.
Apostle	Ap.
Archangel	Arch.
Archbishop	Archb.
Bishop	B.
Companion	Comp.
Confessor	C.
Deacon	Dcn.
Doctor of the Church	D.
Founder, Foundress	F.
Martyr	M.
Patron, Patroness	Pt.
Pope	P.
Priest	Pr.
Religious	R.
Virgin	V.
Widow	W.

(Plural is indicated by an “s” added to the abbreviation.)

Note: Many of the dates given for the years of death of saints of the early centuries are considered uncertain, but we have, for the most part, avoided the use of the symbol c. (*circa*, around) so as not to encumber this calendar with additional detail.





**JANUARY
2026**

***MONTH OF THE
HOLY NAME***

NOTES	SUNDAY	MONDAY	TUESDAY
	28	29	30
	<div><p><i>“The devil strains every nerve to secure the souls which belong to Christ. We should not grudge our toil in wresting them from Satan, and giving them back to God.”</i></p><p>—St. Sebastian (d. 288)</p></div>		
	4Epiphany of the Lord	5	6
	11	12	13
	18	19Martin Luther King Jr. Day	20

MONTH OF THE
HOLY NAME

JANUARY
2026

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 Solemnity of Mary, Mother of God New Year's Day	2  First Friday	3 First Saturday
7	8	9 	10
14	15	16 	17
21	22	23 	24
28	29	30 	31

JANUARY

1

THURSDAY

Month of
The Holy Name

New Year's Day



7

8

9

10

11

12

1

2

3

4

5

6

Solemnity of the Blessed Virgin Mary, Holy Mother of God—Holy Day of Obligation (New)
Octave Day of the Nativity (New, Trad.)

First Friday



JMJ

JANUARY

2

FRIDAY

7

8

9

10

11

12

1

2

3

4

5

6

St. Basil the Great (379), B., D., Pt. of Russia & hospital administrators, "Father of Eastern Monasticism" (*New*)

St. Gregory Nazianzen, "the Theologian" (389), B., D. (*New*)

St. Macarius the Younger (394), Pr., Hermit, F. (*Hist.*)

JANUARY
3

SATURDAY

Month of
The Holy Name

First Saturday

JMJ

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6

*HERMIT, APOSTLE OF
AUSTRIA*

JANUARY 8 (HIST.)

St. Severin of Noricum (c. 480)



Generally believed to have been a Roman, St. Severin (Severinus) left the Eastern deserts to preach in Noricum (Austria). Embracing an austere life, he took his meals only after sunset, except on festival days, and always walked barefoot. After finding the inhabitants of Astura to be obstinate in their sins, he foretold the city's destruction not long before the Huns destroyed it. When the city of Faviana suffered from a famine, St. Severin heeded the inhabitants' request for aid and preached penance to them. Shortly afterwards, the ice of the Danube broke and the country was supplied with water. St. Severin ransomed captives, ministered to the poor and worked many miracles, including curing the sick and driving away swarms of locusts by his prayers. Though he established many monasteries, he often spent his time in contemplation in a hermitage. Barbarian kings visited him, including Odoacer, whose victory in Italy the Saint predicted. St. Severin's relics are in the Benedictine abbey of San Severino in Naples, Italy.

2-YEAR CALENDAR

2027

JANUARY

S	M	T	W	T	F	S
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31						

FEBRUARY

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MARCH

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APRIL

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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2028

JANUARY

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FEBRUARY

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MARCH

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APRIL

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MAY

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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CATHOLIC IDENTIFICATION CARDS

I am a Catholic.

In case of emergency, please call a priest.

Name _____

Address _____

City _____

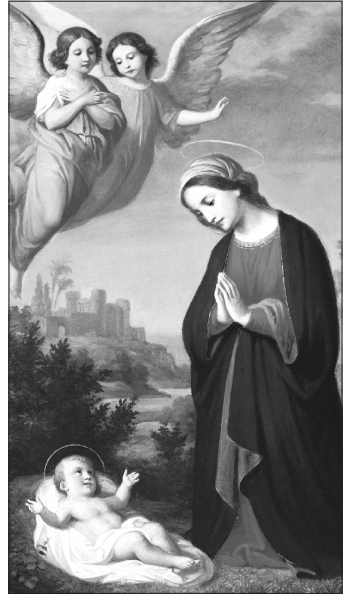
State _____ Zip _____

Telephone _____

Birth Date _____

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Name _____

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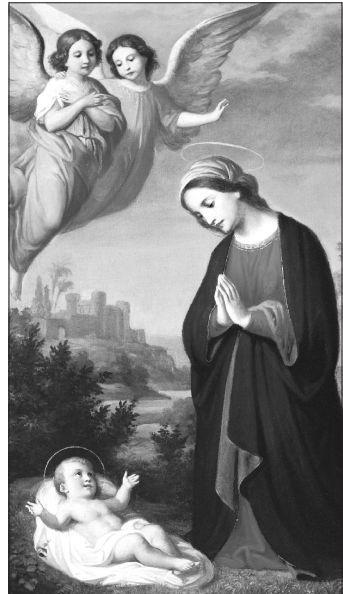
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