

# PRAYERS AND HEAVENLY PROMISES

Compiled from Approved Sources  
by Joan Carroll Cruz

*“Ask, and it shall be given you: seek, and you shall find: knock, and it shall be opened to you. For every one that asketh, receiveth: and he that seeketh, findeth: and to him that knocketh, it shall be opened.”*

—Matthew 7:7–8

TAN Books  
Charlotte, North Carolina



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*“Everything I say to one of My children is for all of them . . .  
Each soul is My favorite . . . If only you knew My love for  
each one.”*

—Our Lord to Gabrielle Bossis  
(1874–1950)

Nothing in this book should be read as implying that if a certain prayer is performed in a particular manner, a certain result will occur. The promises referred to in this work should be looked upon as manifestations of divine generosity and as encouragement to an even more devout life.



# Morning Prayers

## A Morning Prayer based on Three Revelations of Our Lord

**D**EAR LORD, I adore Your Sacred Heart, which I desire to enter with acts of love, praise, adoration and thanksgiving. I offer You my own heart as I sigh to You from its very depths, asking that You will work through me in all that I do this day; thus may I draw You closer to me than You were before. I offer You all the crosses and sufferings of the world, in union with Your life on earth, in expiation for sins. Please join my every action and heartbeat to the pulsations of Your heart. I unite all my works of this day to those labors You performed while You were on earth, bathing them in Your precious Blood, and

I offer them to the Heavenly Father so that many souls may be saved. Amen.

This prayer is based on the following revelations:

“When you awake, enter at once into My Heart, and when you are in it, offer My Father all your actions united to the pulsations of My Heart . . . If [a person is] engaged in work of no value in itself, if she bathes it in My Blood or unites it to the work I Myself did during My mortal life, it will greatly profit souls . . . more, perhaps, than if she had preached to the whole world. You will be able to save many souls that way.”

—Our Lord to Sr. Josefa Menendez (1890–1923)

“When you awake in the morning, let your first act be to salute My Heart, and to offer Me your own . . . Whoever shall breathe a sigh toward Me from the bottom of his heart when he awakes in the morning and shall ask Me to work all his works in him throughout the day, will draw Me to him . . . For never does a man breathe a sigh of longing aspiration toward Me without drawing Me nearer to him than I was before.”

—Our Lord to St. Mechtilde (1241–1298)

“It is not merely by praying that souls are saved, but through the actions of even the most ordinary lives lived for God . . . Offer Me everything united to My life on earth . . . Offer Me all the crosses of the world. There are so many, and few think of offering them to Me in expiation for sins.”

—Our Lord to Gabrielle Bossis (1874–1950)

## Fatima Morning Offering

*(Based on Our Lady of Fatima's requests)*

**O** JESUS, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings, all that this day may bring, be they good or bad: for the love of God, for the conversion of sinners, and in reparation for all the sins committed against the Sacred Heart of Jesus and the Immaculate Heart of Mary.

## Morning Offering to the Sacred Heart

**O** JESUS, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy

Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all our associates, and in particular for the intentions of our Holy Father for this month.

—*The Apostleship of Prayer*

# JMJ Planner 2024

*Compiled by TAN Books*

TAN Books  
Gastonia, North Carolina

# Goals for 2024

## Spiritual



## Physical



## Intellectual



# Goals for 2024

## Relationships

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## Professional

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## Financial

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### The Church Calendar

This *JMJ Planner—2024* includes both the *New* or *Novus Ordo* Sundays and feast days, and the *Traditional* Sundays and feast days (as of 1962). These latter are observed when the Traditional Latin Mass is offered. The *Novus Ordo* Sundays and feast days, which date from 1970 or later whenever they differ from the *Traditional* ones, are designated: (*New*). The *Traditional* Sundays and feast days, most of which go back centuries, are designated: (*Trad.*). Also included here are many feast days which no longer appear on either the *New* or the *Traditional* calendar (as of 1962)—such as the feasts of St. Philomena, St. Dismas (the Good Thief), St. Tarcisius, St. Gemma Galgani, and St. Dominic Savio; these *Historical* feasts are designated: (*Hist.*). It should be noted that there was some moving around of feast days even before the New Calendar was introduced in 1970. For example, St. Catherine of Sweden is shown on March 22 in a 1931 edition of Butler's *Lives of the Saints* but on March 24 in a 1956 edition of the same work.

In this calendar, the date in parentheses after the name of a saint is the year of the saint's death.

### Fast and Abstinence

The Church's current regulations in the U.S. require fasting and abstinence from meat on Ash Wednesday and Good Friday; abstinence from meat on the Fridays of Lent; and abstinence from meat or some other penitential or charitable work on every non-Lenten Friday of the year, unless the Friday falls on a solemnity. "On the Fridays outside of Lent, the U.S. bishops conference obtained the permission of the Holy See for Catholics in the U.S. to substitute a penitential, or even a charitable, practice of their own choosing. They must do some penitential/charitable practice on these Fridays. For most people the easiest practice to consistently fulfill will be the traditional one, to abstain from meat. . . . During Lent, abstinence from meat on Fridays is obligatory in the United States as elsewhere" ([www.ewtn.com/faith/lent/fasting.aspx](http://www.ewtn.com/faith/lent/fasting.aspx)). Abstinence is binding from age 14 (i.e., beginning the day after one's 14th birthday); fasting is binding from age 18 (i.e., beginning the day after one's 18th birthday) until age 59 (i.e., until the end of the day of one's 59th birthday).

According to the *Modern Catholic Dictionary*, by Fr. John A. Hardon, S.J. (Imprimatur 1979): "The abolition of Friday abstinence is a common misapprehension. Friday abstinence was not abolished; rather, the faithful [in the U.S.A.] now have a choice either to abstain from meat or perform some other kind of penance [or even to perform some charitable work] on Fridays. According to the Church's law, the 'substantial observance' of Fridays as days of penance, whether by abstinence or in other ways, 'is a grave obligation' (Pope Paul VI, *Paenitemini*, 1966, Norm II, 2)."

### What Is Fasting?

Fasting according to the Church's norms means eating only one full meal per day. Two smaller meals or snacks may also be eaten, sufficient to maintain one's strength, but together they should not equal the one full meal. No food may be taken between meals; but liquids, including milk and juice, may be taken between meals. Expectant mothers and the sick are not bound to fast. When health or ability to work would be seriously affected, the law does not oblige. In the current regulations, fasting is always

accompanied by abstinence from meat. That is, both of the obligatory fasting days (Ash Wednesday and Good Friday) are also days of abstinence from meat. The Bishops of the U.S. have stated that “self-imposed observance of fasting on all weekdays of Lent is strongly recommended” (NCCB statement, November 18, 1966). Fasting on Holy Saturday is specifically recommended by the Church.

### **What Is Abstinence?**

Abstinence from meat means that no meat (the flesh and organs of mammals and fowl), meat gravy, or meat soup may be taken.

### **Fish Symbols**

In this calendar, the dark fish  indicates days of obligatory abstinence from meat; the shaded fish  indicates days of obligatory abstinence from meat or substitution of some other sacrifice (see explanation above); the unshaded fish  indicates days of recommended (formerly obligatory) abstinence from meat.

### **Former (Traditional) Penitential Observances**

This calendar also marks the “Ember Days,” that is, the Wednesday, Friday, and Saturday of four weeks during the year. Ember Fridays were formerly days of fast and abstinence; Ember Wednesdays and Saturdays were formerly days of fast and partial abstinence (meat permitted only at the main meal). Days on which fasting and partial abstinence were formerly required are indicated by an unshaded half-fish . The Ember Days, of ancient origin, were days of fasting for the special sanctification of the four seasons and for obtaining God’s blessing on the clergy. They occur during the third week of Advent, the first (full) week of Lent, the week after Pentecost, and the third (full) week in September.

Fasting and partial abstinence were formerly required also on the weekdays of Lent (Monday through Saturday, with full abstinence on Friday) and on the vigil of (day before) Pentecost. Holy Saturday and the vigils of the Immaculate Conception and of Christmas (December 24 or 23: a choice was permitted) were formerly days of fasting and of complete abstinence from meat (unless the vigil fell on a Sunday).

It is praiseworthy to continue the former (traditional) penitential observances, even though they are no longer obligatory. Penance serves to rectify our self-centeredness, to make up for sins (our own and those of others), to strengthen our wills, and to guide us in the footsteps of our Savior. It can be a very pure form of love for God, and can be offered up for the conversion of sinners and the relief of the souls in purgatory.

### **NOTES**

Abstinence from meat was formerly (traditionally) binding from age 7; parents who maintain this discipline in their families are to be highly commended. Moreover, the new Code of Canon Law (1983) states that “pastors and parents are to see to it that minors who are not bound by the law of fast and abstinence are educated in an authentic sense of penance” (Canon 1252).

Fasting was formerly (traditionally) binding from age 21.

## SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Abdon & Sennen	July 30	Antony the Abbot	January 17
Abraham	March 16	Anysius	December 30
Abraham, Isaac, & Jacob	December 20	Apollinaris of Ravenna	July 20; July 23 ( <i>Trad</i> )
Adalbert	April 23	Apollinaris the Apologist	January 8
Adam & Eve	December 24	Apollinaris (Blessed) & Comps.	September 10
Adelaide	December 16	Apollonia	February 9
Adele	December 24	Apollonius	April 18
Adeline (Blessed)	October 20	Apparition of St. Michael the Archangel	May 8
Adelphus	September 11	Arcadius	January 12
Adrian	September 8	Aristedes	August 31
Adrian of Canterbury	January 9	Arsenius	July 19
Agapitus	August 18	Assumption/Blessed Virgin Mary	August 15
Agatha	February 5	Athanasius	May 2
Agnes	January 21; January 28	Athanasius the Athonite	July 5
Agnes of Montepulciano	April 20	Augusta	March 27
Albert the Great	November 15	Augustine	August 28
Albinus	March 1	Augustine/Canterbury	May 27; May 28 ( <i>Trad</i> )
Alda or Aldobrandesca	April 26	Augustine Zhao Rong & Comps.	July 9
Alexander	February 26	Baptism of Our Lord	January 13
Alexander, Eventius, Theodulus, & Juvenal	May 3	Barbara	December 4
Alexis the Beggar	July 17	Barnabas	June 11
All Holy Popes	July 4	Bartholomew (Apostle)	August 24
All Saints	November 1	Basil the Great	January 2; June 14 ( <i>Trad</i> )
All Souls	November 2	Basilides & Comps.	June 12
Aloysius Gonzaga	June 21	Basilissa & Anastasia	April 15
Alphonsus Liguori	August 1; August 2 ( <i>Trad</i> )	Bathildis	January 30
Alphonsus Rodriguez	October 30	Beatriz da Silva	August 17
Amata (Amy)	February 20	Bede the Venerable	May 25; May 27 ( <i>Trad</i> )
Ambrose	December 7	Benedict	July 11; March 21 ( <i>Trad</i> )
Ananias, Azarius, & Misael	December 16	Benedict Biscup	January 12
Anastasia	December 25	Benedict Joseph Labre	April 16
Anastasius	January 22	Benjamin	March 31
Andre Bessette	January 6	Benno	June 16
Andrew (Apostle)	November 30	Bernadette Soubirous	February 18
Andrew Avellino	November 10	Bernardine of Siena	May 20
Andrew Bobola	May 21	Bernard of Clairvaux	August 20
Andrew Corsini	February 4	Bernard of Montjoux	May 28
Andrew Dung-Lac & Comps.	November 24	Bernardino Realino	July 2
Andrew Hubert Fournet	May 13	Bernward	November 20
Andrew Kim Taegon & Comps.	September 20	Bertilla	November 5
Angela Merici	January 27; June 1 ( <i>Trad</i> )	Bertin	September 5
Anicetus	April 17	Bertrand of Garrigues	September 6
Anna, the Prophetess	September 1	Bibiana	December 2
Anne	July 26	Birth of Our Lord Jesus Christ	December 25
Annunciation	March 25	Birth of St. John the Baptist	June 24
Ansegius	July 20	Birth of the Blessed Virgin Mary	September 8
Anselm	April 21	Blaise	February 3
Ansgar	February 3	Blandina	June 2
Anthelm	June 26	Blessed Virgin Mary, Mother of God	January 1
Anthony Mary Claret	Oct. 24; Oct. 23 ( <i>Trad</i> )	Blessing of Throats	February 3
Anthony of Padua	June 13	Bonaventure	July 15; July 14 ( <i>Trad</i> )
Anthony Zaccaria	July 5		
Antoninus	May 10		

Note: This list includes the New, Traditional, and Historical dates shown in this calendar; in most cases without distinction.

# SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

(CONTINUED)

Boniface	June 5	Constantius	September 23
Boniface of Tarsus	May 14	Conversion of St. Paul	January 25
Botolph	June 17	Corbin	September 8
Brendan the Navigator	May 16	Cornelius & Cyprian	September 16
Bridget of Sweden	July 23; October 8 ( <i>Trad</i> )	Cosmas & Damian	Sept. 26; Sept. 27 ( <i>Trad</i> )
Bridgid of Ireland	February 1	Crispin & Crispinian	October 25
Bronislava (Blessed)	August 30	Cunegund (Blessed)	July 24
Bruno	October 6	Cunegunda	March 3
Caesarius of Arles	August 27	Cyprian & Justina	September 26
Caius & Soter	April 22	Cyriacus, Largus, & Smaragdus	August 8
Cajetan	August 7	Cyril of Alexandria	June 27; Feb. 9 ( <i>Trad</i> )
Callistus I	October 14	Cyril of Jerusalem	March 18
Camillus de Lellis	July 18	Cyril & Methodius	February 14; July 7 ( <i>Trad</i> )
Candlemas	February 2	Damasus I	December 11
Canute	January 19	Damien de Veuster	May 10
Carina & Comps.	November 7	David	March 1
Casimir	March 4	David the King	December 29
Caspar, Balthasar & Melchior	January 6	Dedication of the Basilica of St. John Lateran	November 9
Catherine de Ricci	February 13	Dedication of the Basilica of St. Mary Major	August 5
Catherine Labouré	November 28	Dedication of the Basilica of St. Michael the Archangel	September 29
Catherine of Alexandria	November 25	Dedication of the Basilicas of Sts. Peter & Paul	November 18
Catherine of Genoa	September 15	Demetrius	October 26
Catherine of Siena	April 29; April 30 ( <i>Trad</i> )	Denis & Comps.	October 9
Catherine (Karin) of Sweden	March 24	Desideratus	May 8
Cecilia	November 22	Didacus	November 13
Celestine I	July 27	Dismas	March 25
Chaeremon & Ischyron	December 22	Divine Maternity of Our Lady	October 11
Chair of St. Peter at Antioch	February 22	Dominic	August 8; August 4 ( <i>Trad</i> )
Chair of St. Peter at Rome	January 18	Dominic Savio	March 9
Charbel Makhlouf	July 24	Dominic of Silos	December 20
Charles the Good (Blessed)	March 2	Domitilla	May 12
Charles Borromeo	November 4	Donatian & Rogatian	May 24
Charles Lwanga & Comps.	June 3	Donatus	August 7
Christiana (Nino)	December 15	Dormition of Our Lady	August 15
Christina of Bolsena	July 24	Dorothy	February 6
Christina the Admirable	July 24	Dymphna	May 15
Christopher	July 25	Edmund Campion	December 1
Christopher Magallanes & Comps.	May 21	Edward Jones & Anthony Middleton (Blesseds)	May 6
Chrysanthus & Daria	October 25	Edward the Confessor	October 13
Chrysogonus	November 24	Eleutherius, Pope	May 26
Cilinia (Celine)	October 21	Eleutherius	September 6
Circumcision of Our Lord	January 1	Eligius	December 1
Clare of Assisi	August 11; August 12 ( <i>Trad</i> )	Elizabeth & Zachary	November 5
Claude de la Colombiere	February 15	Elizabeth Ann Seton	January 4
Clement I	November 23	Elizabeth of Hungary	Nov. 17; Nov. 19 ( <i>Trad</i> )
Cleophas	September 25	Elizabeth of Portugal	July 4; July 8 ( <i>Trad</i> )
Cletus & Marcellinus	April 26	Elphege	April 19
Clotilde	June 3	Emerentiana	January 23
Cloud	September 7	Emilina (Blessed)	October 27
Colette	March 6	Emygdius	August 5
Columba (Columbkille)	June 9	Engelbert	November 7
Columban	November 23		
Conrad	April 21		
Conrad of Piacenza	February 19		

(CONTINUED)

## SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Ephrem of Syria	June 9; June 18 ( <i>Trad</i> )	Francis of Paola	April 2
Epiphany	January 6	Francis Solano	July 14
Epipodius & Alexander	April 22	Francis Xavier	December 3
Erasmus	June 2	Francis Xavier Seelos	October 5
Eric	May 18	Francisco Marto	February 20
Ethelbert	February 25	Frederick	July 18
Ethelreda (Audrey)	June 23	Fridolin	March 6
Eucherius	February 20	Frumentius	October 27
Eulalia	February 12	Fulbert	April 10
Eulogius of Cordova	March 11	Gabinus	February 19
Euphemia & Comps.	September 16	Gabriel, Archangel	March 24
Euphrasia	March 13	Gabriel of Our Lady of Sorrows	February 27
Euphrasia Pelletier	April 24	Gall	October 16
Euplius	August 12	Gatian	December 18
Eusebius	August 14	Gaucherius	April 9
Eusebius of Vercelli	Aug. 2; Dec. 16 ( <i>Trad</i> )	Gaudentius of Brescia	October 25
Eustace & Comps.	September 20	Gemma Galgani	April 11
Evaristus	October 26	Genevieve	January 3
Evodius	May 6	George	April 23
Exaltation of the Holy Cross	September 14	Gerald	December 5
Expectation of the Blessed Virgin Mary	Dec. 18	Gerald of Aurillac	October 13
Ezechiel	April 10	Gerard of Brogne	October 3
Fabian	January 20	Gerard Majella	October 16
Faith, Hope, & Charity	August 1	Germaine Cousin	June 15
Faustina Kowalska	October 5	Germanus	May 28
Faustinus & Jovita	February 15	Gertrude the Great	November 16
Felicitas	November 23	Gervase & Protase	June 19
Felicitas & Perpetua	March 7; March 6 ( <i>Trad</i> )	Ghislain (Gislenus)	October 10
Felix	July 29	Gianna Molla	April 28
Felix I	May 30	Gildas the Wise	January 29
Felix & Adauctus	August 30	Giles (Aegidius)	September 1
Felix of Nola	January 14	Gisele (Blessed)	May 7
Felix of Valois	November 20	Gladys	March 29
Ferdinand III	May 30	Godeleva	July 6
Fiacre	August 30	Godfrey (Geoffrey)	November 8
Fidelis of Sigmaringen	April 24	Godric of Finchale	May 21
Finbar (Barry)	September 25	Gordian & Epimachus	May 10
Finding of the Holy Cross	May 3	Gorgonius	September 9
Firminus	October 11	Gothard (Godehard)	May 4
First Martyrs of the Church of Rome	June 30	Greater Litanies	April 25
Flavian	February 18	Gregory VII	May 25
Flora of Beaulieu	October 5	Gregory Barbarigo	June 17
Flora & Mary	November 24	Gregory of Narek	February 27
Florian	May 4	Gregory Nazianzen	January 2; May 9 ( <i>Trad</i> )
Forty Holy Martyrs of Sebaste	March 10	Gregory Thaumaturgus	November 17
Forty Martyrs of England & Wales	October 25	Gregory the Great	Sept. 3; March 12 ( <i>Trad</i> )
Four Crowned Martyrs	November 8	Grimbald	July 8
Fourteen Holy Helpers	August 8	Guardian Angels, The Holy	October 2
Frances of Rome	March 9	Gundleus (Woolo)	March 29
Francis Xavier Cabrini	Nov. 13; Dec. 22 ( <i>Trad</i> )	Guntrammus (Gontran)	March 28
Francis Borgia	October 10	Guy (Vignotelli) of Cortona	June 12
Francis Caracciolo	June 4	Harvey (Herve)	June 17
Francis de Sales	January 24; January 29 ( <i>Trad</i> )	Hedwig	October 16
Francis di Girolamo	May 11	Helena	August 18
Francis of Assisi	October 4	Henry II	July 13; July 15 ( <i>Trad</i> )
		Heribert (Herbert)	March 16
		Herman Joseph	April 7

# SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

(CONTINUED)

Herman the Cripple (Blessed)	September 25	John before the Latin Gate	May 6
Hermenegild	April 13	John Berchmans	November 26
Hermes	August 28	John Bosco	January 31
Hilarion	October 21	John Boste, George Swallowell, & John Ingram	July 24
Hilary	February 28	John Camillus Bonus	January 10
Hilary of Poitiers	January 13; January 14 ( <i>Trad</i> )	John Cantius	December 23; Oct. 20 ( <i>Trad</i> )
Hildegard	September 17	John Chrysostom	September 13; Jan. 27 ( <i>Trad</i> )
Hippolytus & Cassian	August 13	John Climacus	March 30
Holy Innocents	December 28	John Damascene	December 4; March 27 ( <i>Trad</i> )
Holy Name of Jesus	January 2	John Eudes	August 19
Holy Name of Mary	September 12	John Fisher	June 22; July 9 ( <i>Hist</i> )
Holy Relics	November 5	John Francis Regis	June 16
Hugh	April 1	John Gualbert	July 12
Hugh of Cluny	April 29	John Joseph of the Cross	March 5
Hyacinth	August 17	John Leonardi	October 9
Hyginus	January 11	John Nepomucene	May 16
Ida of Toggenburg (Blessed)	November 3	John N. Neumann	January 5
Ignatius of Antioch	Oct. 17; Feb. 1 ( <i>Trad</i> )	John Paul II	October 22
Ignatius of Loyola	July 31	John Sarkander (Blessed)	March 17
Ildefonsus	January 23	John Vianney	August 4; August 8 ( <i>Trad</i> )
Imelda Lambertini (Blessed)	May 12	John of Avila	May 10
Immaculate Conception	December 8	John of Capistrano	Oct. 23; March 28 ( <i>Trad</i> )
Immaculate Heart of Mary	August 22 ( <i>Trad</i> )	John of Dukla (Blessed)	September 28
Ingrid of Sweden	September 2	John of Facundo	June 12
Innocent I	July 28	John of God	March 8
Irenaeus	June 28; July 3 ( <i>Trad</i> )	John of Matha	February 8
Irene	October 20	John of the Cross	Dec. 14; Nov. 24 ( <i>Trad</i> )
Irene of Thessalonica	April 3	Jolenta (Blessed)	June 11
Isaac Jogues, John de Brebeuf, & Comps.	Oct. 19; Sept. 26 ( <i>Trad</i> )	Josemaria Escriva	June 26
Isidore of Seville	April 4	Joseph	March 19
Isidore the Farmer	May 15; March 22 ( <i>Trad</i> )	Josaphat	November 12; November 14 ( <i>Trad</i> )
Ita (Ida)	January 15	Joseph Calasactius	Aug. 25; Aug. 27 ( <i>Trad</i> )
Jacinta Marto	February 20	Joseph of Arimathea	March 17
James of the Marches	November 28	Joseph of Cupertino	September 18
James Strepar (Blessed)	October 21	Joseph the Workman	May 1
James the Greater (Apostle)	July 25	Josephine Bakhita	February 8
James the Less (Apostle)	May 3; May 11 ( <i>Trad</i> )	Juan Diego	December 9
Jane Frances de Chantal	Aug. 18; Aug. 21 ( <i>Trad</i> )	Jude (Apostle)	October 28
Jane of Toulouse (Blessed)	March 31	Julie Billiart	April 8
Januarius (Gennaro) & Comps.	Sept. 19	Julia of Corsica	May 23
Jerome	September 30	Julian & Basilissa	January 9
Jerome Emiliani	February 8; July 20 ( <i>Trad</i> )	Juliana	February 16
Joachim	August 16	Juliana Falconieri	June 19
Joachim & Anne	July 26	Juliana of Mt. Cornillon (Blessed)	April 5
Joan of Arc	May 30	Julius	April 12
Joanna	May 24	Junipero Serra	July 1
John (Apostle, Evangelist)	December 27	Justin	June 1; April 14 ( <i>Trad</i> )
John I	May 18; May 27 ( <i>Trad</i> )	Jutta (Judith)	May 5
John XXIII	October 11	Juvenal	May 3
John & Paul	June 26	Kateri Tekakwitha	July 14
John the Baptist (birth of)	June 24	Katherine Drexel	March 3
John Baptist de Rossi	May 23	Kilian	July 8
John Baptist de la Salle	April 7; May 15 ( <i>Trad</i> )	Ladislaus	June 27
		Ladislaus (Blessed)	May 11
		Lambert	April 14
		Landericus (Landry)	June 10
		Laurence Justinian	September 5

(CONTINUED)

## SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Laurence O'Toole	November 14	Martyrdom of St. John the Baptist	August 29
Lawrence	August 10	Martyrs of Compiègne	July 17
Lawrence Ruiz & Comps.	September 28	Mary, Mother of God	January 1
Lawrence of Brindisi	July 21	Mary, Mediatrix of All Graces	June 8
Lazarus	December 17	Mary of Cleophas	April 9
Leander	February 27	Mary Magdalen	July 22
Leo the Great	November 10; April 11 ( <i>Trad</i> )	Mary Magdalen de Pazzi	May 25; May 29 ( <i>Trad</i> )
Leo II	July 3	Mary Salome	October 22
Leo IX	April 19	Maternus	September 14
Leocadia	December 9	Matilda	March 14
Leonard of Limoges	November 6	Matthew (Apostle, Evangelist)	September 21
Leonard of Port Maurice	November 26	Matthias (Apostle)	May 14; February 24 ( <i>Trad</i> )
Leopold	November 15	Maura	November 30
Liborius	July 23	Maurice & Comps.	September 22
Linus	September 23	Maurus	January 15
Longinus	March 15	Maximilian Mary Kolbe	August 14
Louis, Bishop	August 19	Maximinus	November 27
Louis IX, King	August 25	Maximinus of Trier	May 29
Louis Bertrand	October 9	Mechtilde of Helfta	November 16
Louis Marie de Montfort	April 28	Medard & Gildard	June 8
Louise de Marillac	March 15	Medericus (or Merry)	August 29
Lucian of Antioch	January 7	Melchiasdes	December 10
Lucius I	March 4	Mennas	November 11
Lucy	December 13	Methodius	February 14; July 7 ( <i>Trad</i> )
Ludger	March 26	Michael, Archangel	September 29
Luke (Evangelist)	October 18	Michael, Gabriel, & Raphael	September 29
Lydia	August 3	Miguel Agustin Pro (Blessed)	November 23
Lydwina	April 14	Mildred	July 13
Macarius	March 10	Monica	August 27; May 4 ( <i>Trad</i> )
Macarius the Younger	January 2	Nabor & Felix	July 12
Madeleine Sophie Barat	May 25	Narcissus	October 29
Malachy O'More	November 3	Nathalia, Aurelius, Liliosa, Felix, & George	July 27
Marcellinus	April 20	Nazarius & Celsus	July 28
Marcellinus & Peter	June 2; August 9 ( <i>Hist</i> )	Nereus, Achilleus, & Pancras	May 12
Marcellinus of Carthage	April 6	Nicanor	January 10
Marcellus the Centurion	October 30	Nicasius & Eutropia	December 14
Marcellus	January 16	Nicephorus	February 9
Margaret Clitherow	March 25	Nicholas	December 6
Margaret Mary Alacoque	Oct. 16; Oct. 17 ( <i>Trad</i> )	Nicholas of Flüe	March 22
Margaret of Antioch	July 20	Nicholas of Tolentino	September 10
Margaret of Castello (Blessed)	April 13	Nicomedes	September 15
Margaret of Scotland	Nov. 16; June 10 ( <i>Trad</i> )	Norbert	June 6
Marguerite Bourgeoys	January 12	Notburga	September 14
Maria Goretti	July 6; July 9 ( <i>Trad</i> )	Odilia	December 13
Marianne Cope (of Molokai)	January 23	Oliver Plunket	July 1
Marie Rose Durocher (Blessed)	October 6	Olympias	December 17
Marinus	September 4	Onesimus	February 16
Marius & Comps.	January 19	Our Lady, Health of the Sick	August 24
Mark (Apostle, Evangelist)	April 25	Our Lady Help of Christians	May 24
Mark & Marcellianus	June 18	Our Lady of Czestochowa	August 26
Martha	July 29	Our Lady of Fatima	May 13
Martin, Louis & Zelig	July 12	Our Lady of Good Counsel	April 26
Martin of Tours	November 11	Our Lady of Guadalupe	December 12
Martin de Porres	November 3	Our Lady of Knock	August 21
Martin I	April 13; November 12 ( <i>Trad</i> )		
Martina	January 30		

# SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

(CONTINUED)

Our Lady of La Salette	September 19	Philip Neri	May 26
Our Lady of Loreto	December 10	Philomena	August 11
Our Lady of Lourdes	February 11	Photina	March 20
Our Lady of Mercy	March 18	Pio (Pius) of Pietrelcina	September 23
Our Lady of Mount Carmel	July 16	Pius I	July 11
Our Lady of Perpetual Help	June 27	Pius V	April 30; May 5 ( <i>Trad</i> )
Our Lady of Prompt Succor	January 15	Pius X	August 21; September 3 ( <i>Trad</i> )
Our Lady of Ransom	September 24	Placid & Comps.	October 5
Our Lady of Refuge	January 16	Polycarp	February 23; January 26 ( <i>Trad</i> )
Our Lady of Sorrows	September 15	Polyeucte	February 13
Our Lady of the Angels	August 2	Pontian	August 13; November 19 ( <i>Trad</i> )
Our Lady of the Miraculous Medal	Nov. 27	Porphyrius	February 26
Our Lady of the Pillar	October 12	Praxedes	July 21
Our Lady of the Rosary	October 7	Presentation of the Child Jesus	February 2
Our Lady of the Snows	August 5	Presentation of the Blessed Virgin Mary	Nov. 21
Our Lady of Victories	March 23	Primus & Felician	June 9
Our Lady, Queen of Angels	December 11	Prisca	January 18
Pachomius	May 9	Processus & Martinian	July 2
Pacific of San Severino	September 24	Prosper of Reggio	June 25
Pancratius	May 12	Protus & Hyacinthus	September 11
Pantaleon	July 27	Pudentiana	May 19
Paphnutius	September 11	Pulcheria	September 10
Paschal Baylon	May 17	Queenship of Mary	August 22; May 31 ( <i>Trad</i> )
Paternus	April 15	Quentin	October 31
Patricia	August 25	Quirinus	March 30
Patrick	March 17	Ralph Milner & Roger Dickenson	July 7
Paul VI	May 29	Raphael, Archangel	October 24 ( <i>Trad</i> )
Paul (Apostle)	June 29; June 30 ( <i>Trad</i> )	Raphaella Mary	January 6
Paul of the Cross	October 20; April 28 ( <i>Trad</i> )	Raymond of Capua (Blessed)	October 5
Paul the 1st Hermit	January 15	Raymond Nonnatus	August 31
Paul Miki & Comps.	February 6	Raymond of Peñafort	Jan. 7; Jan. 23 ( <i>Trad</i> )
Paula	January 26	Regina	September 7
Paulinus	January 11	Remigius	October 1
Paulinus of Nola	June 22	Richard	April 3
Pelagia	October 8	Richard of Lucca	February 7
Pelagius	June 26	Rita of Cascia	May 22
Peregrine	May 1	Robert of Newminster	June 7
Peter (Apostle)	June 29	Robert Bellarmine	Sept. 17; May 13 ( <i>Trad</i> )
Peter (Exorcist)	June 2	Roch	August 16
Peter (Celestine V)	May 19	Roderick	March 13
Peter & Paul	June 29	Romanus	February 28
Peter Canisius	December 21; April 27 ( <i>Trad</i> )	Romanus	August 9
Peter Chanel	April 28	Romarc	December 10
Peter Chrysologus	July 30; Dec. 4 ( <i>Trad</i> )	Romuald	June 19; February 7 ( <i>Trad</i> )
Peter Claver	September 9	Rosalia	September 4
Peter Damian	February 21; February 23 ( <i>Trad</i> )	Rose of Lima	August 23; August 30 ( <i>Trad</i> )
Peter in Chains	August 1	Rose of Viterbo	September 4
Peter Julian Eymard	August 2	Rose Philippine Duchesne	November 18
Peter Nolasco	January 28	Rufina and Secunda	July 10
Peter of Alcantara	October 19	Rupert of Salzburg	March 27
Peter of Alexandria	November 26	Sabbas	December 5
Peter of Verona	April 29	Sabbas the Goth	April 12
Petronilla	May 31	Sabina	August 29
Philip & James	May 3; May 11 ( <i>Trad</i> )	Sabinus	December 30
Philip Benizi	August 23	Samson	July 28
Philip de Jesus Monarritz & Comps.	Aug. 13	Saturninus	November 29

(CONTINUED)

## SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

<b>Saturnius &amp; Comps.</b>	February 12	<b>Thomas More</b>	June 22; July 9 ( <i>Hist</i> )
<b>Sava</b>	January 14	<b>Tiburtius &amp; Susanna</b>	August 11
<b>Scholastica</b>	February 10	<b>Tiburtius, Valerian, &amp; Maximus</b>	April 14
<b>Sebastian</b>	January 20	<b>Timothy</b>	January 26; January 24 ( <i>Trad</i> )
<b>Sergius, Bacchus, &amp; Comps.</b>	October 8	<b>Timothy, Hippolytus, &amp; Symphorian</b>	August 22
<b>Servulus</b>	December 23	<b>Titus</b>	January 26; February 6 ( <i>Trad</i> )
<b>7 Founders of the Order of Servites</b>	February 17; February 12 ( <i>Trad</i> )	<b>Transfiguration</b>	August 6
<b>7 Holy Brothers &amp; Sts. Rufina &amp; Secunda</b>	July 10	<b>Tryphon, Respicus, &amp; Nympha</b>	November 10
<b>7 Holy Machabees</b>	August 1	<b>Turibius of Mongrovejo</b>	March 23
<b>7 Joys of the Blessed Virgin Mary</b>	August 27	<b>Twelve Holy Brothers</b>	September 1
<b>7 Sorrows of the Blessed Virgin Mary</b>	Sept. 15	<b>Ubaldus</b>	May 16
<b>Severin</b>	January 8	<b>Ulric</b>	July 10
<b>Sidonius</b>	November 14	<b>Urban I</b>	May 25
<b>Silverius</b>	June 20	<b>Urban V (Blessed)</b>	December 19
<b>Simeon</b>	February 18	<b>Ursula</b>	October 21
<b>Simon of Trent</b>	March 24	<b>Valentine</b>	February 14
<b>Simon &amp; Jude (Apostles)</b>	October 28	<b>Venantius of Camerino</b>	May 18
<b>Simon Stock</b>	May 16	<b>Venantius Fortunatus</b>	December 14
<b>Simon of Lipnicza (Blessed)</b>	July 15	<b>Veronica Giuliani</b>	July 9
<b>Simplicius</b>	July 29	<b>Veronica of Binasco (Blessed)</b>	January 13
<b>Sixtus II &amp; Comps.</b>	August 7; August 6 ( <i>Trad</i> )	<b>Veronica of the Veil</b>	July 12
<b>Solange</b>	May 10	<b>Victor</b>	July 28
<b>Sophronius</b>	March 11	<b>Vincent de Paul</b>	September 27; July 19 ( <i>Trad</i> )
<b>Soter &amp; Caius</b>	April 22	<b>Vincent Ferrer</b>	April 5
<b>Stanislaus Kostka</b>	November 13	<b>Vincent of Saragossa</b>	January 22
<b>Stanislaus of Cracow</b>	April 11; May 7 ( <i>Trad</i> )	<b>Visitation of the Blessed Virgin Mary to St. Elizabeth</b>	May 31; July 2 ( <i>Trad</i> )
<b>Stephen, 1st Martyr</b>	December 26	<b>Vitalis &amp; Agricola</b>	November 4
<b>Stephen</b>	August 16; September 2 ( <i>Trad</i> )	<b>Vitus, Modestus, &amp; Crescentia</b>	June 15
<b>Stephen I</b>	August 2	<b>Volusian</b>	January 18
<b>Stephen Harding</b>	April 17	<b>Walburga</b>	February 25
<b>Stigmata of St. Francis of Assisi</b>	September 17	<b>Wenceslaus</b>	September 28
<b>Sylvester</b>	November 26	<b>Wilfrid</b>	October 12
<b>Sylvester I</b>	December 31	<b>William of Bourges</b>	January 10
<b>Symphorosa &amp; her 7 Sons</b>	July 18	<b>William of Vercelli</b>	June 25
<b>Tarasius</b>	February 25	<b>Willibald</b>	July 7
<b>Tarcisius</b>	August 15	<b>Willibrord</b>	November 7
<b>Telesphorus</b>	January 5	<b>Wolfgang</b>	October 31
<b>Terence</b>	June 21	<b>Wulfran</b>	March 20
<b>Teresa of Avila</b>	October 15	<b>Wulstan</b>	January 19
<b>Teresa Benedicta of the Cross (Edith Stein)</b>	August 9	<b>Yves</b>	May 19
<b>Teresa of Calcutta</b>	September 5	<b>Yvo of Chartres</b>	December 23
<b>Thecla</b>	September 23	<b>Zephyrinus</b>	August 26
<b>Theodore</b>	July 4	<b>Zita</b>	April 27
<b>Theodore the Recruit</b>	November 9		
<b>Theodosius</b>	January 11		
<b>Theophanes the Chronicler</b>	March 12		
<b>Thérèse of Lisieux</b>	Oct. 1; Oct. 3 ( <i>Trad</i> )		
<b>Thomas (Apostle)</b>	July 3; December 21 ( <i>Trad</i> )		
<b>Thomas Aquinas</b>	January 28; March 7 ( <i>Trad</i> )		
<b>Thomas Becket (of Canterbury)</b>	December 29		
<b>Thomas of Villanova</b>	September 22		

# HOLY DAYS AND HOLIDAYS 2024

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Octave of Christmas (New Year's Day)**	Monday, January 1
Epiphany, 12th Day of Christmas ( <i>Trad.</i> )	Saturday, January 6
Epiphany ( <i>New</i> )	Sunday, January 7
Martin Luther King, Jr. Day	Monday, January 15
Day of Prayer for the Legal Protection of Unborn Children	Monday, January 22
Ash Wednesday	Wednesday, February 14
St. Valentine's Day	Wednesday, February 14
President's Day	Monday, February 19
St. Patrick's Day	Sunday, March 17
St. Joseph's Day	Tuesday, March 19
Palm Sunday	Sunday, March 24
Good Friday	Friday, March 29
Easter Sunday	Sunday, March 31
Divine Mercy Sunday	Sunday, April 7
Annunciation	Monday, April 8
<b>Ascension Thursday*</b>	<b>Thursday, May 9</b>
Mothers' Day	Sunday, May 12
Pentecost Sunday	Sunday, May 19
Trinity Sunday	Sunday, May 26
Memorial Day	Monday, May 27
Corpus Christi ( <i>Trad.</i> )	Thursday, May 30
Most Holy Body and Blood of Christ ( <i>New</i> )	Sunday, June 2
Most Sacred Heart of Jesus	Friday, June 7
The Immaculate Heart of Mary ( <i>New</i> )	Saturday, June 8
Fathers' Day	Sunday, June 16
U.S. Independence Day	Thursday, July 4
<b>Assumption of the Blessed Virgin Mary</b>	<b>Thursday, August 15</b>
The Immaculate Heart of Mary ( <i>Trad.</i> )	Thursday, August 22
Labor Day	Monday, September 2
Birth of the Blessed Virgin Mary	Sunday, September 8
Columbus Day (observed)	Monday, October 14
All Hallow's Eve	Thursday, October 31
<b>All Saints</b>	<b>Friday, November 1</b>
All Souls	Saturday, November 2
Thanksgiving Day	Thursday, November 28
Immaculate Conception***	Monday, December 9
Our Lady of Guadalupe	Thursday, December 12
<b>Christmas—Birth of Our Lord Jesus Christ</b>	<b>Wednesday, December 25</b>
New Year's Eve	Tuesday, December 31

Bold type—Holy Days of Obligation (in addition to all Sundays) in the year 2024 in the United States (except in Hawaii, where Christmas and the Solemnity of the Immaculate Conception are the only designated Holy Days of Obligation).

\* Observed on the following Sunday in most U.S. dioceses.

\*\* Whenever this feast falls on a Saturday or a Monday, the precept to attend Mass is abrogated.

\*\*\* Whenever December 8 is a Sunday, the Immaculate Conception is transferred to Monday and the precept to attend Mass is abrogated.

# PATRON SAINTS

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<b>Abandoned children</b>	Ivo of Kermartin, John Baptist de Rossi, Jerome Emiliani Erasmus (Elmo)	<b>Booksellers</b>	John of God, Thomas Aquinas
<b>Abdominal pains</b>		<b>Book trade</b>	John of God
<b>Abortion, protection against</b>	Our Lady of Guadalupe, Catherine (Karin) of Sweden	<b>Boys</b>	Dominic Savio
<b>Academies, Catholic</b>	Thomas Aquinas	<b>Breast-feeding</b>	Basilissa, Giles
<b>Accountants</b>	Matthew	<b>Brewers</b>	Amand, Wenceslaus
<b>Accused (falsely)</b>	Dominic Savio, Raymond Nonnatus	<b>Bricklayers</b>	Stephen
<b>Action, Catholic</b>	Francis of Assisi, Paul	<b>Brides</b>	Nicholas of Bari
<b>Actors</b>	Genesis the Comedian, Vitus	<b>Bridges</b>	John Nepomucene
<b>Advertisers, advertising</b>	Bernardino of Siena	<b>Broken bones</b>	Stanislaus Kostka
<b>Advocates</b>	Ivo of Kermartin	<b>Builders</b>	Vincent Ferrer, Thomas
<b>Aircrew</b>	Blessed Virgin Mary, Our Lady of Loreto	<b>Building trade</b>	Stephen
<b>Air hostesses, air stewardesses</b>	Bona	<b>Business people</b>	Homobonus
<b>Altar servers</b>	John Berchmans	<b>Butchers</b>	Luke, Adrian of Nicomedia
<b>Animals</b>	Francis of Assisi, Nicholas of Tolentino	<b>Cab drivers</b>	Fiacre
<b>Animals, domestic</b>	Antony the Abbot	<b>Cabinet makers</b>	Joseph
<b>Animals, danger from</b>	Vitus	<b>Cancer sufferers</b>	Peregrine Laziosi
<b>Apologists</b>	Catherine of Alexandria, Justin Martyr, Thomas Aquinas	<b>Candlemakers</b>	Ambrose
<b>Apoplexy</b>	Andrew Avellino	<b>Canon lawyers</b>	Ivo of Kermartin, Raymond of Peñafort
<b>Apostolate, lay</b>	Paul	<b>Captives</b>	Leonard of Limoges, Dominic of Silos
<b>Apothecaries</b>	Cosmas & Damian	<b>Carpenters</b>	Joseph, Thomas
<b>Apprentices</b>	John Bosco	<b>Catechists, Catechumens</b>	Robert Bellarmine, Charles Borromeo
<b>Archaeologists</b>	Damasus	<b>Cattle</b>	Roch
<b>Archers</b>	Sebastian, Christina	<b>Cattle breeders</b>	Mark
<b>Architects</b>	Thomas (Apostle)	<b>Cemetery keepers &amp; caretakers</b>	Joseph of Arimathea
<b>Armies</b>	Maurice	<b>Chaplains, military</b>	John of Capistrano
<b>Arms dealers</b>	Adrian of Nicomedia	<b>Charitable societies</b>	Vincent de Paul, Elizabeth of Hungary
<b>Artillery</b>	Barbara	<b>Chemists (druggists)</b>	<b>Cosmas &amp; Damian,</b> James the Lesser
<b>Artists</b>	Luke, Blessed Fra Angelico	<b>Child abuse victims</b>	Germaine Cousin
<b>Astronauts</b>	Joseph of Cupertino	<b>Childbirth</b>	Margaret (Marina), Erasmus, Raymond Nonnatus, Leonard of Noblac, Gerard Majella
<b>Asylums (for the mentally ill)</b>	Dymphna	<b>Childless women</b>	Anne
<b>Athletes</b>	Sebastian	<b>Childless</b>	Henry II
<b>Aviation</b>	Blessed Virgin Mary, Our Lady of Loreto, Joseph of Cupertino	<b>Children</b>	Nicholas of Bari, Raymond Nonnatus, Philomena, Maria Goretti, Agnes Rita of Cascia, Agnes John Francis Regis
<b>Babies</b>	The Holy Innocents, Maximus, Nicholas of Tolentino, Philip of Zell	<b>Children of Mary, The</b>	
<b>Bachelors</b>	Gerald of Aurillac	<b>Children, desire for</b>	
<b>Bakers</b>	Nicholas of Bari, Honoratus	<b>Children, illegitimate</b>	
<b>Bankers</b>	Matthew, Bernardino of Feltre	<b>Choirboys, choirs</b>	Dominic Savio
<b>Banking</b>	Michael the Archangel	<b>Cholera</b>	Roch
<b>Barbers</b>	Cosmas & Damian, Martin de Porres	<b>Christian people, young</b>	Aloysius Gonzaga
<b>Battle</b>	Michael the Archangel	<b>Church music</b>	Gregory the Great
<b>Beggars</b>	Martin of Tours, Giles	<b>Church, Universal</b>	Joseph
<b>Birds</b>	Gall	<b>Clergy</b>	Gabriel of Our Lady of Sorrows
<b>Blessed Sacrament</b>	Peter Julian Eymard	<b>Clergy, Diocesan</b>	Blessed John of Avila
<b>Blind persons</b>	Lucy, Thomas, Odilia, Raphael the Archangel	<b>Clergy, Parochial</b>	John Vianney
<b>Blood donors</b>	Blessed Virgin Mary, Our Lady of the Thorns	<b>Clothworkers</b>	Homobonus
		<b>Coffin-bearers</b>	Joseph of Arimathea
		<b>Coin collectors</b>	Eligius (Elói)
		<b>Colic</b>	Erasmus (Elmo)
		<b>Colleges</b>	Thomas Aquinas

## PATRON SAINTS

<b>Comedians</b>	Vitus	<b>Dying, the</b>	Thecla, Benedict (Abbot), Lebuin, James the Less, Maximus, Nicholas of Tolentino
<b>Communications workers</b>	Gabriel the Archangel	<b>Earthquakes</b>	Emygdius, Francis Borgia, Gregory the Wonderworker
<b>Communism, opposition to</b>	Joseph	<b>Earaches</b>	Polycarp
<b>Condemned criminals</b>	Dismas	<b>Ecologists, ecology</b>	Francis of Assisi
<b>Confessors</b>	Alphonsus Liguori, John Nepomucene	<b>Eczema</b>	Antony the Abbot
<b>Construction workers</b>	Thomas (Apostle)	<b>Editors</b>	John Bosco, Francis de Sales
<b>Contagious diseases</b>	Roch, Sebastian	<b>Education, public</b>	Martin de Porres
<b>Converts</b>	Helena	<b>Eloquence, sacred</b>	John Chrysostom
<b>Convulsive children</b>	Scholastica	<b>Embroiderers</b>	Clare
<b>Councilmen</b>	Nicholas of Flüe	<b>Emigrants</b>	Frances Xavier Cabrini
<b>Counts</b>	Bl. Charles the Good	<b>Epilepsy</b>	Dymphna, Vitus
<b>Craftsmen</b>	Eligius (Eloi)	<b>Eucharist, the</b>	Paschal Baylon
<b>Craftworkers</b>	Luke	<b>Eye diseases</b>	Cyriacus, Lucy, Raphael the Archangel
<b>Cripples</b>	Giles	<b>Eye troubles</b>	Harvey, Clare
<b>Crops, protection of</b>	Magnus of Fussen	<b>Faculties of law</b>	Raymond of Peñafort
<b>Crusaders</b>	Bl. Charles the Good, Bl. Nuno Alvarez	<b>Falsely accused</b>	Raymond Nonnatus, Dominic Savio
<b>Customs officers</b>	Matthew	<b>Farmers</b>	Isidore the Farmer
<b>Dairy workers</b>	Brigid	<b>Farm workers</b>	Benedict (Abbot)
<b>Dancers</b>	Vitus	<b>Ferriers</b>	John the Baptist
<b>Deacons</b>	Stephen	<b>Fever</b>	Genevieve
<b>Death</b>	Michael the Archangel, Margaret (Marina)	<b>Fire (danger from)</b>	Agatha, Nicholas of Tolentino
<b>Death, happy</b>	Joseph	<b>Fire prevention</b>	Eustace, Catherine of Siena
<b>Death, sudden</b>	Andrew Avellino	<b>First Communicants</b>	Bl. Imelda Lambertini
<b>Death of children</b>	Perpetua & Felicitas, Margaret of Scotland, Hedwig	<b>Fishermen</b>	Peter, Andrew
<b>Degree candidates</b>	Joseph of Cupertino	<b>Flight attendants</b>	Bona
<b>Dentists</b>	Apollonia	<b>Flight crew</b>	Blessed Virgin Mary, Our Lady of Loreto
<b>Desperate or hopeless cases</b>	Eustace, Jude, Rita of Cascia, Gregory the Wonderworker	<b>Flood</b>	Gregory the Wonderworker, Florian
<b>Diabolical possession</b>	Cyriacus, Dymphna, Paulinus	<b>Florists &amp; flower growers</b>	Rose of Lima, Dorothy, Rose of Viterbo, Thérèse of Lisieux
<b>Difficult marriages</b>	Helena	<b>Flying</b>	Joseph of Cupertino, Elias the prophet
<b>Difficult situations</b>	Eustace	<b>Flying, all involved in</b>	Our Lady of Loreto
<b>Diocesan priests</b>	Blessed John of Avila	<b>Foreign missions</b>	Francis Xavier, Thérèse of Lisieux
<b>Diplomatic services</b>	Gabriel the Archangel	<b>Foresters</b>	John Gualbert
<b>Disasters</b>	Genevieve	<b>Funeral directors</b>	Joseph of Arimathea
<b>Diseases of the eye</b>	Raphael the Archangel, Lucy	<b>Garage or gas station workers</b>	Eligius (Eloi)
<b>Disease, contagious</b>	Roch, Sebastian	<b>Gardeners</b>	Adam, Fiacre, Rose of Lima
<b>Diseases, nervous</b>	Dymphna, Vitus	<b>Garment workers</b>	Homobonus
<b>Divorced, repentant</b>	Guntramnus	<b>Girls (teenage)</b>	Maria Goretti
<b>Doctors</b>	Luke, Cosmas & Damian, Pantaleon	<b>Goldsmiths</b>	Eligius (Eloi)
<b>Dog bites</b>	Ubald	<b>Governors</b>	Ferdinand III of Castile
<b>Domestic animals</b>	Antony the Abbot	<b>Gravediggers</b>	Joseph of Arimathea, Antony
<b>Domestic workers</b>	Zita	<b>Greetings</b>	Valentine
<b>Doubters</b>	Joseph	<b>Guilds, Eucharistic</b>	Paschal Baylon
<b>Drought</b>	Solange, Genevieve	<b>Hemorrhage</b>	Lucy
<b>Drowning, death or danger from</b>	Hyacinth, Adjutor, Florian	<b>Handicapped</b>	Henry II, Gerald of Aurillac
<b>Drug addiction sufferers</b>	Maximilian Kolbe	<b>Hemorrhoid sufferers</b>	Fiacre
<b>Druggists (chemists)</b>	Cosmas & Damian	<b>Hail</b>	Magnus of Fussen
<b>Dyers</b>	Lydia		

<b>Hairdressers</b>	Cosmas & Damian, Martin de Porres	<b>Lost souls (on earth)</b>	Anthony of Padua
<b>Harvests</b>	Anthony of Padua	<b>Lovers</b>	Valentine, Raphael the Archangel
<b>Hatmakers</b>	James the Less	<b>Lung diseases</b>	Pantaleon
<b>Headache sufferers</b>	Teresa of Avila, Denis	<b>Magistrates</b>	Ferdinand III of Castille
<b>Health inspectors</b>	Raphael the Archangel	<b>Marble workers</b>	Four Crowned Martyrs, Clement I, Louis of France
<b>Health service, public</b>	Martin de Porres	<b>Mariners</b>	Nicholas of Tolentine
<b>Hernia sufferers</b>	Cathal, Conrad of Piacenza	<b>Maritime pilots</b>	Nicholas of Bari
<b>Horseness</b>	Bernardine of Siena	<b>Marriage</b>	John Francis Regis
<b>Hopeless (or desperate) cases</b>	Dominic Savio, Rita of Cascia, Jude, Gregory the Wonderworker	<b>Marriages, unhappy</b>	Gengulf, Hedwig
<b>Horticulturalists</b>	Adam, Fiacre	<b>Medical profession</b>	Cosmas & Damian, Luke, Pantaleon
<b>Hospital administrators</b>	Basil the Great	<b>Mental illness</b>	Dymphna
<b>Hospitals</b>	John of God, Vincent de Paul, Camillus	<b>Merchants</b>	Homobonus
<b>Hoteliers</b>	Gentian, Julian	<b>Metalworkers</b>	Eligius (Eloi)
<b>Housewives</b>	Anne	<b>Midwives</b>	Raymond Nonnatus
<b>Hunting, huntsmen</b>	Hubert, Eustace	<b>Migrants</b>	Frances Xavier Cabrini
<b>Hydrophobia, or rabies</b>	Hubert, Ubald	<b>Millers</b>	Christina, Honoratus
<b>Ice skaters</b>	Lydwina	<b>Miners</b>	Anne, Barbara
<b>Illness (mental)</b>	Dymphna	<b>Miscarriages</b>	Catherine of Sweden
<b>Immigrants</b>	Frances Xavier Cabrini	<b>Missionary priests</b>	Vincent Pallotti
<b>Impossible cases</b>	Rita of Cascia, Jude	<b>Missioners in Catholic lands</b>	Leonard of Port Maurice
<b>Infants</b>	Nicholas of Tolentino	<b>Missions</b>	Francis Xavier, Thérèse of Lisieux
<b>Infertility</b>	Rita of Cascia	<b>Mixed race, people of</b>	Martin de Porres
<b>Innkeepers</b>	Gentian	<b>Moral theologians</b>	Alphonsus de Liguori
<b>Innocent people (falsely accused)</b>	Dominic Savio, Raymond Nonnatus	<b>Motherhood</b>	Nicholas of Tolentino
<b>Insanity</b>	Dymphna	<b>Mothers</b>	Anne, Monica, Gerard Majella, Nicholas of Tolentino, Gianna Molla
<b>Jealousy</b>	Hedwig	<b>Motorcyclists</b>	Blessed Virgin Mary, The Madonna of Castalialzo, or Our Lady of Grace, and of Crete
<b>Jewellers</b>	Eligius (Eloi)	<b>Motorists</b>	Frances of Rome, Christopher
<b>Journalists</b>	Francis de Sales	<b>Motorways</b>	John the Baptist
<b>Journeys, safe</b>	Christopher, Joseph, Nicholas, Raphael the Archangel	<b>Mountaineers, mountain climbers</b>	Bernard of Menthon, Bl. Pier Giorgio Frassatti
<b>Judges</b>	Ivo of Kermartin	<b>Murderers, repentant</b>	Guntramnus
<b>Jurists</b>	John of Capistrano	<b>Musicians</b>	Gregory the Great, Cecilia
<b>Justice, social</b>	Martin de Porres	<b>Native rights</b>	Turibius of Mongrovejo
<b>Juvenile delinquents</b>	Dominic Savio	<b>Naval officers</b>	Francis of Paola
<b>Kidney diseases</b>	Margaret of Antioch	<b>Navigators</b>	Francis of Paola
<b>Laborers</b>	Isidore the Farmer, James	<b>Negro missions</b>	Peter Claver
<b>Lame, the</b>	Giles	<b>Neighborhood watch</b>	Sebastian
<b>Large families</b>	Matilda, Adelaide, Margaret of Scotland	<b>Nervous diseases</b>	Vitus, Dymphna
<b>Law, schools or faculties</b>	Raymond of Peñafort	<b>Newborn babies</b>	David
<b>Lawyers</b>	Raymond of Peñafort, Yves, Ivo of Kermartin, Thomas More	<b>Notaries</b>	Luke, Mark, Ivo of Kermartin
<b>Lay apostolate</b>	Paul	<b>Nurses</b>	Camillus de Lellis, John of God
<b>Lay women</b>	Emilina	<b>Nurses' associations</b>	Camillus de Lellis, Agatha
<b>Learning</b>	Catherine of Alexandria	<b>Nurses (of mentally ill)</b>	Dymphna
<b>Leatherworkers</b>	Crispin and Crispinian	<b>Nursing mothers</b>	Basilissa, Giles
<b>Lecturers</b>	Justin	<b>Oratory (sacred)</b>	John Chrysostom
<b>Lepers</b>	Giles	<b>Orphans</b>	Ivo of Kermartin, Jerome Emiliani
<b>Librarians, libraries</b>	Catherine of Alexandria, Jerome	<b>Painters (artists)</b>	Blessed Fra Angelico, Luke
<b>Lightning, protection from</b>	Vitus, Barbara, Magnus of Fussen	<b>Pallbearers</b>	Joseph of Arimathea
<b>Lost articles</b>	Anthony of Padua	<b>Parenthood</b>	Rita of Cascia
		<b>Parents of large families</b>	Matilda

## PATRON SAINTS

<b>Parish priests</b>	John Vianney	<b>Rain (excessive)</b>	Genevieve
<b>Park-keepers</b>	John Gualbert	<b>Retreats</b>	Ignatius of Loyola
<b>Pawnbrokers</b>	Bl. Bernardine of Feltrre, Nicholas of Bari	<b>Robbers (danger from)</b>	Leonard of Noblac
<b>Pensioners, old age</b>	Teresa of Avila, Our Lady of Consolation, Teresa Jornet e Ibars	<b>Rulers</b>	Ferdinand III of Castile
<b>Perfumers, perfumiers</b>	Nicholas of Bari	<b>Sailors</b>	Erasmus (Elmo), Francis of Paola, Nicholas of Bari, Brendan, Vincent of Saragossa
<b>Persons in authority</b>	Ferdinand III of Castile	<b>Savings banks</b>	Anthony Mary Claret
<b>Pets</b>	Antony the Abbot	<b>Scholars</b>	Thomas Aquinas
<b>Pharmacists</b>	Cosmas & Damian, Raphael the Archangel	<b>Scholars, scripture</b>	Jerome
<b>Pharmacists in hospitals</b>	Gemma Galgani	<b>School teachers</b>	John Baptist de la Salle
<b>Philosophers and philosophy</b>	Justin Martyr, Catherine of Alexandria, Thomas Aquinas	<b>Schools, Catholic</b>	Thomas Aquinas
<b>Physically disabled</b>	Giles	<b>Schools of law</b>	Raymond of Peñafort
<b>Physicians</b>	Cosmas & Damian, Luke, Pantaleon, Gianna Molla	<b>Scientists</b>	Albert the Great
<b>Physicians (diseases, contagious)</b>	Roch, Sebastian	<b>Scripture scholars</b>	Jerome
<b>Pilots (see also Aircrew)</b>	Our Lady of Loreto	<b>Scruples</b>	Ignatius of Loyola
<b>Pilots, maritime</b>	Francis of Paola, Nicholas of Bari	<b>Sculptors</b>	Luke, Four Crowned Martyrs, Louis of France
<b>Plague</b>	Gregory the Great, Roch, Sebastian	<b>Sea, those associated with</b>	Francis of Paola
<b>Plasterers</b>	Bartholomew	<b>Security forces</b>	Michael the Archangel
<b>Plumbers</b>	Vincent Ferrer	<b>Security guards</b>	Matthew
<b>Poison</b>	Benedict, John, Pirminus	<b>Seminarians</b>	Charles Borromeo
<b>Police (security forces)</b>	Michael the Archangel	<b>Senior citizens</b>	Teresa of Jesus, Teresa Jornet e Ibars, Our Lady of Consolation
<b>Police, local, municipal</b>	Sebastian	<b>Servants</b>	Martha
<b>Poor, the</b>	Anthony of Padua, Lawrence, Ferdinand III of Castile	<b>Servants, women</b>	Zita
<b>Possession, demonic</b>	Cyriacus, Dymphna, Bruno, Andrew Avellino	<b>Shepherds</b>	Our Lady of Lapurdo, Paschal Baylon, Bernadette, Crispin & Crispinian, Homobonus
<b>Postal services</b>	Gabriel the Archangel	<b>Shoemakers</b>	
<b>Poverty</b>	Regina	<b>Short-sightedness</b>	Clarus, Abbot
<b>Preaching</b>	John Chrysostom	<b>Shorthand writers</b>	Cassian of Imola
<b>Pregnant women</b>	Raymond Nonnatus, Margaret, Gerard Majella	<b>Sick, the</b>	John of God, Camillus, Michael the Archangel
<b>Press</b>	Edmund Campion	<b>Single women</b>	Bibiana
<b>Press, Catholic</b>	Francis de Sales	<b>Sinners, repentant</b>	Mary Magdalen
<b>Priests devoted to missions</b>	Leonard of Port Maurice	<b>Skiers</b>	Our Lady of Grace
<b>Printers</b>	Maximilian Kolbe	<b>Skin diseases</b>	Antony the Abbot, George
<b>Prison guards, officers</b>	Hippolytus, Processus & Martinian, Adrian of Nicomedia	<b>Slander</b>	John Nepomucene
<b>Prisoners</b>	Leonard of Noblac, Vincent de Paul, Roch, Ferdinand III of Castile	<b>Sleepwalkers</b>	Dymphna
<b>Prisoners, political</b>	Maximilian Kolbe	<b>Snakebite</b>	Hilary, Vitus
<b>Procrastination</b>	Expeditus	<b>Social justice</b>	Martin de Porres
<b>Public relations</b>	Bernardine of Siena	<b>Social workers</b>	John Francis Regis, Louise de Marillac
<b>Publishers</b>	Maximilian Kolbe	<b>Soldiers</b>	Martin of Tours, Joan of Arc, Maurice, Sebastian
<b>Rabies</b>	Hubert, Ubald	<b>Soldiers, American Catholic</b>	Our Lady of the Immaculate Conception
<b>Radio</b>	Gabriel the Archangel	<b>Souls in purgatory</b>	Nicholas of Tolentino
<b>Radiologists, radiotherapists</b>	Michael the Archangel	<b>Spiritual directors of clergy</b>	Joseph Casasso
		<b>Spiritual exercises</b>	Ignatius of Loyola
		<b>Stamp collectors</b>	Gabriel the Archangel
		<b>Stenographers</b>	Cassian of Imola
		<b>Stomach disorders</b>	Timothy
		<b>Stomach pains</b>	Erasmus (Elmo)
		<b>Stonemasons</b>	Four Crowned Martyrs, Louis of France, Stephen

<b>Storms (protection against)</b>	Vitus	<b>Women in labor</b>	Erasmus (Elmo)
<b>Students</b>	Gabriel Possenti, Thomas Aquinas	<b>Workers</b>	Joseph
<b>Students (examinees)</b>	Joseph of Cupertino	<b>Workers (young)</b>	John Bosco
<b>Students (women)</b>	Catherine of Alexandria	<b>Writers</b>	Francis de Sales
<b>Students (young)</b>	John Berchmans, Maria Goretti, Stanislaus Kostka	<b>Youth</b>	Stanislaus Kostka, John Bosco, Raphael the Archangel
<b>Students in Jesuit colleges</b>	Aloysius Gonzaga	<b>Young people, Catholic</b>	Aloysius Gonzaga
<b>Surgeons</b>	Cosmas & Damian, Roch		
<b>Surveyors</b>	Thomas		
<b>Swimmers</b>	Adjutor (Ayoutre)		
<b>Tailors</b>	Homobonus		
<b>Tax collectors</b>	Matthew		
<b>Taxi drivers</b>	Fiacre		
<b>Teachers</b>	John Baptist de la Salle, Gregory the Great		
<b>Teenagers (esp. girls)</b>	Maria Goretti		
<b>Telecommunications</b>	Gabriel the Archangel		
<b>Television</b>	Clare, Gabriel the Archangel		
<b>Terminal illness</b>	Peregrine		
<b>Tertiaries</b>	Louis of France		
<b>Theatrical profession</b>	Genesius the Comedian		
<b>Theologians</b>	Thomas Aquinas, Augustine, Alphonsus Liguori		
<b>Theologians, moral</b>	Alphonsus Liguori		
<b>Thieves, repentant</b>	Dismas		
<b>Thieves, danger from</b>	Leonard of Noblac		
<b>Throat infections, ailments</b>	Blaise, Lucy		
<b>Toothache</b>	Apollonia		
<b>Tradespeople</b>	Homobonus		
<b>Travellers</b>	Christopher, Joseph, Julian, Nicholas of Bari, Raphael the Archangel		
<b>Undertakers</b>	Joseph of Arimathea, Dismas		
<b>Universities, Catholic</b>	Thomas Aquinas		
<b>Unborn Children</b>	Gianna Molla		
<b>Unmarried women</b>	Nicholas of Bari		
<b>Urgent cases</b>	Expeditus		
<b>Venereal disease sufferers</b>	Fiacre		
<b>Vermin, protection from</b>	Magnus of Fussen		
<b>Veterans</b>	Martin of Tours		
<b>Veterinarians</b>	Eligius (Eloi)		
<b>Victims of torture or betrayal</b>	Epipodius, Alexander, Pelagius		
<b>Volcanic eruptions</b>	Agatha		
<b>Waiters, waitresses</b>	Martha		
<b>War victims, civilian</b>	Blessed Virgin Mary, Queen of Peace		
<b>Water, danger from</b>	Florian		
<b>Weavers</b>	Onuphrius		
<b>Widows</b>	Frances of Rome, Felicitas & Perpetua		
<b>Wine merchants &amp; wine trade</b>	Amand		
<b>Winegrowers</b>	Vincent of Saragossa, Martin of Tours		
<b>Women (young) &amp; students</b>	Catherine of Alexandria		

## THE 36 DOCTORS OF THE CHURCH

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<b>St. Athanasius</b>	297-373	May 2
<b>St. Ephrem</b>	306-373	June 9; June 18 ( <i>Trad.</i> )
<b>St. Cyril of Jerusalem</b>	315-386	March 18
<b>St. Hilary of Poitiers</b>	315-368	January 13; January 14 ( <i>Trad.</i> )
<b>St. Gregory Nazianzen</b>	329-389	January 2; May 9 ( <i>Trad.</i> )
<b>St. Basil</b>	329-379	January 2; June 14 ( <i>Trad.</i> )
<b>St. Ambrose</b>	340-397	December 7
<b>St. Jerome</b>	342-420	September 30
<b>St. John Chrysostom</b>	347-407	September 13; Jan. 27 ( <i>Trad.</i> )
<b>St. Augustine</b>	354-430	August 28
<b>St. Cyril of Alexandria</b>	376-444	June 27; February 9 ( <i>Trad.</i> )
<b>St. Leo the Great</b>	400-461	November 10; April 11 ( <i>Trad.</i> )
<b>St. Peter Chrysologus</b>	406-450	July 30; December 4 ( <i>Trad.</i> )
<b>St. Gregory the Great</b>	540-604	September 3; March 12 ( <i>Trad.</i> )
<b>St. Isidore of Seville</b>	560-636	April 4
<b>St. Bede</b>	673-735	May 25; May 27 ( <i>Trad.</i> )
<b>St. John Damascene</b>	676-749	December 4; March 27 ( <i>Trad.</i> )
<b>St. Gregory of Narek</b>	951-1003	February 27
<b>St. Peter Damian</b>	1007-1072	Feb. 21; Feb. 23 ( <i>Trad.</i> )
<b>St. Anselm</b>	1033-1109	April 21
<b>St. Bernard of Clairvaux</b>	1090-1153	August 20
<b>St. Hildegard of Bingen</b>	1098-1179	September 17
<b>St. Anthony of Padua</b>	1195-1231	June 13
<b>St. Albert the Great</b>	1206-1280	November 15
<b>St. Bonaventure</b>	1221-1274	July 15; July 14 ( <i>Trad.</i> )
<b>St. Thomas Aquinas</b>	1225-1274	January 28; March 7 ( <i>Trad.</i> )
<b>St. Catherine of Siena</b>	1347-1380	April 29; April 30 ( <i>Trad.</i> )
<b>St. John of Avila</b>	1500-1569	May 10
<b>St. Teresa of Avila</b>	1515-1582	October 15
<b>St. Peter Canisius</b>	1521-1597	December 21; April 27 ( <i>Trad.</i> )
<b>St. Robert Bellarmine</b>	1542-1621	September 17; May 13 ( <i>Trad.</i> )
<b>St. John of the Cross</b>	1542-1591	Dec. 14; Nov. 24 ( <i>Trad.</i> )
<b>St. Lawrence of Brindisi</b>	1559-1619	July 21
<b>St. Francis de Sales</b>	1567-1622	January 24; January 29 ( <i>Trad.</i> )
<b>St. Alphonsus Liguori</b>	1696-1787	August 1; August 2 ( <i>Trad.</i> )
<b>St. Thérèse of Lisieux</b>	1873-1897	October 1; October 3 ( <i>Trad.</i> )

## THE 14 HOLY HELPERS

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<b>St. Achatius (Acacius)</b> , Patron against headaches.	May 8
<b>St. Aegidius (Giles)</b> , Patron of cripples.	September 1
<b>St. Barbara</b> , Protectress against lightning.	December 4
<b>St. Blaise</b> , Patron against diseases of the throat.	February 3
<b>St. Catherine</b> , Patroness of philosophers and invoked in lawsuits.	November 25
<b>St. Christopher</b> , Patron of travelers.	July 25
<b>St. Cyriacus</b> , Patron against eye diseases.	August 8
<b>St. Denis (Dionysius)</b> , Patron against demons and headaches.	October 9
<b>St. Erasmus (Elmo)</b> , Patron against diseases of the stomach.	June 2
<b>St. Eustace</b> , Patron of hunters and against fire, temporal or eternal.	September 20
<b>St. George</b> , Patron against diseases of the skin.	April 23
<b>St. Margaret of Antioch</b> , Patroness against kidney diseases.	July 20
<b>St. Pantaleon</b> , Patron against lung diseases.	July 27
<b>St. Vitus (Guy)</b> , Patron against nervous diseases, epilepsy, & paralysis.	June 15

## SATURDAYS OF OUR LADY

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Saturdays are especially dedicated to the Blessed Virgin Mary in both the New and the Traditional liturgical calendars. This tradition honors Our Lady for her steadfast faith on the first Holy Saturday, when the faith of the Apostles had been shaken by Our Lord's crucifixion.

## INCLUSION OF SAINTS

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In keeping with its purpose as an aid to devotion rather than an official liturgical Ordo, this daily planner includes even those saints who are not commemorated in the liturgy (whether *Novus Ordo* or Traditional) in the current year. Such saints are principally those whose days fall in Lent or on Sunday.

# A COLLECTION OF CATHOLIC PRAYERS

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## Familiar Prayers

### *The Sign of the Cross*

*This most fundamental prayer is used to begin and end one's prayers and to ward off the attacks of the devil. It is especially powerful when used with Holy Water.*

IN THE NAME of the Father, and of the Son, and of the Holy Spirit. Amen.

### *Our Father*

OUR FATHER, WHO art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

### *Hail Mary*

HAIL MARY, FULL of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### *Glory Be*

GLORY BE TO the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### *The Apostles' Creed*

I BELIEVE IN God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the Resurrection of the Body, and life everlasting. Amen.

### *The Act of Faith*

O MY GOD, I firmly believe that Thou art one God in Three Divine Persons: the Father, the Son and the Holy Spirit. I believe that Thy Divine Son became man, and died for our sins, and that He shall come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, Who canst neither deceive nor be deceived.

*The Act of Hope*

O MY GOD, relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

*The Act of Charity*

O MY GOD, I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

*The Act of Contrition*

*It is good to begin our prayers by purifying our souls with an act of contrition.*

O MY GOD, I am heartily sorry for having offended Thee, and I detest all my sins because I dread the loss of Heaven and the pains of Hell; but most of all, because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen.

*The Confiteor*

I CONFESS TO Almighty God, to Blessed Mary ever virgin, to Blessed Michael the Archangel, to Blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to thee, Father, that I have sinned exceedingly, in thought, word and deed; through my fault, through my fault, through my most grievous fault. Therefore I beseech Blessed Mary ever virgin, Blessed Michael the Archangel, Blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and thee, Father, to pray to the Lord our God for me.

*The Hail, Holy Queen*

*Salve Regina*

HAIL, HOLY QUEEN, Mother of mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, Most Gracious Advocate, thine eyes of mercy toward us. And after this our exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

*The Memorare*

*Famous Prayer of St. Bernard of Clairvaux*

REMEMBER, O MOST gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession was left unaided.

## A COLLECTION OF CATHOLIC PRAYERS

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(CONTINUED)

Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

### *Prayer After the Rosary*

O GOD, WHOSE only-begotten Son, by His life, death and Resurrection, has purchased for us the rewards of eternal salvation, grant, we beseech Thee, that meditating upon these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise. Through the same Christ Our Lord. Amen.

### *Prayer to St. Michael the Archangel*

ST. MICHAEL THE Archangel, defend us in the battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly host, by the power of God, cast into Hell Satan and all the other evil spirits who wander through the world seeking the ruin of souls. Amen.

### *Most Sacred Heart of Jesus*

Most Sacred Heart of Jesus,

*Have mercy on us.*

Most Sacred Heart of Jesus,

*Have mercy on us.*

Most Sacred Heart of Jesus,

*Have mercy on us.*

### *Veni, Creator Spiritus*

V. Come, Holy Spirit, fill the hearts of Thy faithful;

R. *And kindle in them the fire of Thy love.*

V. Send forth Thy Spirit, and they shall be created;

R. *And Thou shalt renew the face of the earth.*

### *Let Us Pray*

O GOD, WHO hast instructed the hearts of the Faithful by the light of the Holy Spirit, grant we beseech Thee, that by the gift of the same Spirit we may be always truly wise and ever rejoice in His consolation, through Christ Our Lord. Amen.

### *Morning Offering*

#### *Of the Apostleship of Prayer*

O JESUS, THROUGH the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings of this day for all the intentions of Thy Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for all my sins,

for the intentions of all our associates, and in particular for the special intentions of our Holy Father for this month. Amen.

*Guardian Angel Prayer*

ANGEL OF GOD, my guardian dear, To whom God's love commits me here, Ever this day (night), be at my side, To light and guard, to rule and guide. Amen.

*Fatima Morning Offering*

*Based on Our Lady of Fatima's requests*

O JESUS, THROUGH the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings and all that this day may bring: for the love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Sacred Heart of Jesus and the Immaculate Heart of Mary. Amen.

*Grace Before Meals*

BLESS US, O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ Our Lord. Amen.

*Grace After Meals*

WE GIVE THEE thanks, Almighty God, for these and all Thy benefits, Who livest and reignest forever. Amen.

*Prayer for Eternal Rest*

*A common practice is to include a prayer for eternal rest after saying grace.*

ETERNAL REST GRANT unto them, O Lord, and let perpetual light shine upon them. May the souls of all the Faithful departed, through the mercy of God, rest in peace. Amen.

*The Angelus*

*The Angelus is traditionally prayed standing, in the morning (6:00 a.m.), at noon and in the evening (6:00 p.m.) throughout the year, except during Paschal Time (Easter Sunday through the Saturday after Pentecost), when the Regina Coeli is prayed instead.*

V. The Angel of the Lord declared unto Mary.

R. *And she conceived of the Holy Spirit.*

*Hail Mary . . .*

V. Behold the handmaid of the Lord.

R. *Be it done unto me according to thy word.*

*Hail Mary . . .*

V. And the Word was made Flesh. (*Genuflect.*)

# A COLLECTION OF CATHOLIC PRAYERS

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(CONTINUED)

R. *And dwell among us. (Arise.)*

*Hail Mary . . .*

V. Pray for us, O holy Mother of God.

R. *That we may be made worthy of the promises of Christ.*

## *Let Us Pray*

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

## *The Regina Coeli*

*This prayer is traditionally prayed standing, in the morning (6:00 a.m.), at noon and in the evening (6:00 p.m.), during Paschal Time (from Easter through the evening of the Saturday after Pentecost) instead of The Angelus.*

V. Queen of Heaven, rejoice. Alleluia.

R. *For He whom thou wast worthy to bear. Alleluia.*

V. Has risen as He said. Alleluia.

R. *Pray for us to God. Alleluia.*

V. Rejoice and be glad, O Virgin Mary. Alleluia.

R. *For the Lord is truly risen. Alleluia.*

## *Let Us Pray*

O God, Who by the Resurrection of Thy Son, Our Lord Jesus Christ, hast been pleased to give joy to the whole world, grant, we beseech Thee, that through the intercession of the Blessed Virgin Mary, His Mother, we may attain the joys of eternal life. Through the same Christ Our Lord. Amen.

## *Three O'Clock Hour of Great Mercy Prayer*

You expired, Jesus, but the source of life gushed forth for souls,  
and the ocean of mercy opened up for the whole world.

O Fountain of Life, unfathomable Divine Mercy,  
envelop the whole world and empty Yourself out upon us.  
O Blood and Water which gushed forth from the Heart of Jesus  
as a fountain of mercy for us, I trust in You.

## *O Sacrament Most Holy*

O Sacrament most holy,

O Sacrament divine!

All praise and all thanksgiving

Be every moment Thine!

*Aspiration to the Holy Family*

JESUS, MARY AND Joseph, I give Thee my heart and my soul.

Jesus, Mary and Joseph, assist me in my last agony.

Jesus, Mary and Joseph, may I breathe forth my soul in peace with Thee.

Morning Prayers

*An Act of Faith in the Presence of God*

O MY GOD, I firmly believe that Thou art here present and dost plainly see me, that Thou dost observe all my actions, all my thoughts, and the most secret movements of my heart. I acknowledge that I am not worthy to come into Thy presence, nor to lift up my eyes to Thee, because I have so often sinned against Thee. But Thy goodness and mercy invite me to come to Thee; help me, I implore Thee, with Thy holy grace, and teach me to pray to Thee as I ought.

*An Act of Adoration and Thanksgiving*

O ETERNAL GOD, Father, Son and Holy Spirit, the beginning and end of all things, in Whom we live and move and have our being, prostrate before Thee in body and soul, I adore Thee with the most profound humility. I bless Thee and give Thee thanks for all the benefits Thou hast conferred upon me, especially that Thou hast created me out of nothing, made me after Thine own image and likeness, redeemed me with the Precious Blood of Thy Son, and sanctified me with Thy Holy Spirit. I thank Thee that Thou hast called me into Thy Church, helped me by Thy grace, admitted me to Thy Sacraments, watched over me by Thy special Providence, blessed me, notwithstanding my sins and unworthiness, with Thy continuing and gracious protection, and for all the innumerable blessings which I owe to Thine undeserved bounty. I thank Thee especially for having preserved me during the past night and for bringing me in safety to the beginning of another day. What return can I make to Thee, my God, for all that Thou hast done for me? I will bless Thy Holy Name and serve Thee all the days of my life. Bless the Lord, my soul, and let all that is within me praise His Holy Name.

*An Act of Faith*

O MY GOD, I firmly believe in all that Thy Holy, Catholic and Apostolic Church approves and teaches, since it is Thou, the Infallible Truth, Who hast revealed it to Thy Church.

*An Act of Hope*

O MY GOD, with a firm confidence I hope in Thee, that Thou wilt grant me, through the merits of Jesus Christ, the assistance of Thy grace, and that after my keeping Thy commandments, Thou wilt bestow on me life everlasting, according to Thy promises, Thou Who art almighty and Whose word is truth!

*An Act of Charity*

O MY GOD, I love Thee with my whole heart, with my whole soul, with all my strength, and above all things, because Thou art infinitely good and infinitely lovable. Also, for love of Thee do I love my neighbor as myself.

*An Act of Contrition, With Good Resolutions*

*Here call to mind the chief sins of your past life and make resolutions against the temptations and dangerous occasions you may meet with this day.*

O MY GOD, how little have I served Thee in time past! How greatly have I sinned against Thee! I acknowledge my iniquity, and my sin is always before me. But I repent, O Lord, I repent. I am heartily sorry that I have spent that time in offending Thee which Thou hast given to me to be employed in Thy service, in advancing the good of my own soul and obtaining everlasting life. I am sorry above all things that I have offended Thee, because Thou art infinitely good and sin is infinitely displeasing to Thee. I desire to love Thee with my whole heart, and I firmly purpose, by the help of Thy grace, to serve Thee more faithfully in the time to come.

Accept, I implore Thee, the offering I now make to Thee of the remainder of my life. I renew the vows and promises made in my Baptism. I renounce the devil and all his works, the world and all its pomps. I now begin and will endeavor to spend this day according to Thy holy Will, performing all my actions in a manner pleasing to Thee. I will take particular care to avoid the failings I am so apt to commit and to exercise the virtues most agreeable to my state and employment.

*To Our Guardian Angel*

O ANGEL OF God, who art appointed by divine mercy to be my guardian, enlighten and protect, direct and govern me this day. Amen.

*A Morning Offering of Self*

O MY JESUS, here is my tongue, that Thou mayest watch over it, that it may not utter more than pleases Thee, and that my silence may speak to Thee. Here are my ears, that they may listen only to the voice of duty and to Thy Voice, O Jesus! Here are my eyes, that they may not cease to behold Thee in every face and in every work. Here are my hands and my feet, that Thou mayest make them agile, that they may be riveted to Thy service alone and to the execution of Thy desires. Here are my thoughts, that Thy Light may possess them. Here is my heart, that Thy Love, O Jesus, may reign and rest in it!

## Evening Prayers

### *A Short Form of Vespers*

*The official evening prayer of the Church, and the best of all, is Vespers. Here follows, however, an alternative form of evening prayers.*

IN THE NAME of the †Father, and of the Son, and of the Holy Spirit. Amen.

Blessed be the holy and undivided Trinity, now and for ever. Amen.

*Our Father, Hail Mary, Glory Be, Apostles' Creed.*

V. Come, Holy Spirit, fill the hearts of Thy faithful,

R. *And kindle in them the fire of Thy love.*

V. Send forth Thy Spirit, and they shall be created,

R. *And Thou shalt renew the face of the earth.*

### *Let Us Pray*

O God, Who hast instructed the hearts of the Faithful by the light of the Holy Spirit, grant us, we beseech Thee, that by the gift of the same Spirit we may always be truly wise and ever rejoice in His consolation, through Jesus Christ Our Lord. Amen.

*Place yourself in the presence of God and give Him thanks for all the benefits which you have received from Him, particularly this day.*

O My God, I firmly believe that Thou art here present and dost plainly see me, and that Thou dost observe all my actions, all my thoughts and the most secret motions of my heart. Thou dost watch over me with an incomparable love, every moment bestowing favors and preserving me from evil. Blessed be Thy Holy Name, and may all creatures bless Thy goodness for the benefits which I have ever received from Thee, and particularly this day. May the Saints and Angels supply my defect in rendering Thee due thanks. Never permit me to be so base and wicked as to repay Thy goodness with ingratitude and Thy blessings with offenses and injuries.

*You should here ask of Our Lord Jesus Christ for the grace to discover the sins which you have committed this day and beg of Him a true sorrow for them and sincere repentance.*

O My Lord Jesus Christ, Judge of the living and the dead, before Whom I must appear one day to give an exact account of my whole life, enlighten me, I implore Thee, and give me a humble and contrite heart, that I may see wherein I have offended Thine infinite Majesty, and judge myself now with such a just severity, that then Thou mayest judge me with mercy and clemency.

*You should endeavor, as far as possible, to put yourself in the disposition in which you desire to be found at the hour of death.*

O My God, I accept death as a homage and an adoration which I owe to Thy divine Majesty and as a punishment justly due to my sins, in union with the death of my Dear Redeemer and as the only means of coming to Thee, my beginning and Last End.

I firmly believe all the sacred truths which the Holy Catholic and Apostolic Church believes and teaches, because Thou hast revealed them. And by the assistance of Thy

## A COLLECTION OF CATHOLIC PRAYERS

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(CONTINUED)

holy grace, I am resolved to live and to die in communion with this, Thy Church. Relying upon Thy goodness, power and promises, I hope to obtain pardon of my sins and life everlasting, through the merits of Thy Son Jesus Christ, my only Redeemer, and by the intercession of His Blessed Mother and all the Saints.

I love Thee with all my heart and soul, and I desire to love Thee as the blessed do in Heaven. I adore all the designs of Thy Divine Providence, resigning myself entirely to Thy holy Will. I also love my neighbor for Thy sake, as I love myself.

I sincerely forgive all who have injured me, and ask pardon of all whom I have injured.

I renounce the devil, and all his works; the world, and all its pomps; the flesh, and all its temptations.

I desire to be dissolved and to be with Christ.

Father, into Thy hands I commend my spirit.

Jesus, Mary, and Joseph, I give thee my heart and my soul.

Jesus, Mary, and Joseph, assist me in my last agony.

Jesus, Mary, and Joseph, may I breathe forth my soul in peace with thee. Amen.

Lord Jesus, receive my soul.

May the Blessed Virgin Mary, St. Joseph and all the Saints pray for us to Our Lord, that we may be preserved this night from sin and all evils. Amen.

O Blessed St. Michael, defend us in the day of battle, that we may not be lost at the dreadful Judgment. Amen.

O Angel of God, who art appointed by divine mercy to be my guardian, enlighten and protect, direct and govern me this night. Amen.

May Almighty God have mercy on us, forgive us our sins and bring us to life everlasting. Amen.

May the Almighty and Merciful Lord grant us †pardon, absolution and remission of all our sins. Amen.

### *Anima Christi*

Soul of Christ, sanctify me;

Body of Christ, save me;

Blood of Christ, inebriate me;

Water from the side of Christ, wash me.

Passion of Christ, strengthen me;

O good Jesus, hear me;

Within Thy wounds hide me;

Suffer me not to be separated from Thee.

From the malignant enemy defend me;

In the hour of my death, call me,

And bid me come to Thee,

That, with Thy Saints, I may praise Thee

Forever and ever. Amen.

*The Divine Praises*

*Traditionally recited publicly at the end of Benediction of the Blessed Sacrament, just before the Host is returned to the tabernacle. It may be recited privately at any time as an act of praise and thanksgiving.*

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true man.  
Blessed be the Name of Jesus.  
Blessed be His Most Sacred Heart.  
Blessed be His Most Precious Blood.  
Blessed be Jesus in the Most Holy Sacrament of the Altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most holy.  
Blessed be her holy and Immaculate Conception.  
Blessed be her glorious Assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be St. Joseph, her most chaste spouse.  
Blessed be God, in His Angels and in His Saints.

*Prayer Before a Crucifix*

BEHOLD, O KIND and most sweet Jesus, before Thy face I humbly kneel, and with the most fervent desire of my soul, I pray and beseech Thee to impress upon my heart lively sentiments of faith, hope and charity, true contrition for my sins and a firm purpose of amendment, while with deep affection and grief of soul, I ponder within myself, mentally contemplating Thy five most precious wounds, having before my eyes the words which David the Prophet spoke concerning Thee: "They have pierced my hands and my feet; they have numbered all my bones." (Psalm 21:17-18).

*Night Prayer for Daily Neglects*

ETERNAL Father, I offer Thee the Sacred Heart of Jesus, with all its love, all its sufferings and all its merits . . .

To expiate all the sins I have committed this day and during all my life.

*Glory Be . . .*

Eternal Father . . . *(Repeat the beginning prayer.)*

To purify the good I have done badly this day and during all my life.

*Glory Be . . .*

Eternal Father . . . *(Repeat the beginning prayer.)*

To supply for the good I ought to have done and that I have neglected this day and during all my life.

*Glory Be . . .*

*Prayer to St. Joseph for a Happy Death*

O GLORIOUS ST. JOSEPH, behold I choose thee today for my special patron in life and at the hour of my death. Preserve and increase in me the spirit of prayer and fervor in the service of God. Remove far from me every kind of sin, and obtain for me that my death may not come upon me unawares, but that I may have time to confess my sins sacramentally and to bewail them with a most perfect understanding and a most sincere contrition, in order that I may breathe forth my soul into the hands of Jesus and Mary. Amen.

*Acceptance of Death*

O LORD GOD, I look ahead to the end of my life, and with true contrition for having offended Thee, I accept in advance, from Thy loving hands, whatever death it will please Thee to send me. I accept this death with all its pains, anguish and suffering, in reparation for my sins and for love of Thee. I rely on Thine all-powerful grace to see me through my last hours, moment by moment, and to bring me home to a happy eternity with Thee forever. Through Jesus Christ Our Lord. Amen.

O Mary, Mother of departing souls, pray for us.

St. Joseph, Patron of a Happy Death, pray for us.

## ABBREVIATIONS USED IN THIS CALENDAR

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Abbot, Abbess	Ab.
Apostle	Ap.
Archangel	Arch.
Archbishop	Archb.
Bishop	B.
Companion	Comp.
Confessor	C.
Deacon	Dcn.
Doctor of the Church	D.
Founder, Foundress	F.
Martyr	M.
Patron, Patroness	Pt.
Pope	P.
Priest	Pr.
Religious	R.
Virgin	V.
Widow	W.

(Plural is indicated by an “s” added to the abbreviation.)

Note: Many of the dates given for the years of death of saints of the early centuries are considered uncertain, but we have, for the most part, avoided the use of the symbol *c.* (*circa*, around) so as not to encumber this calendar with additional detail.

# JANUARY 2024

*Month of the Holy Name*

<i>Notes</i>	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>
	<b>31</b>	<b>1</b> Solemnity of Mary, Mother of God New Year's Day	<b>2</b>
	<b>7</b> Epiphany of the Lord	<b>8</b>	<b>9</b>
	<b>14</b>	<b>15</b> Martin Luther King Jr. Day	<b>16</b>
	<b>21</b>	<b>22</b>	<b>23</b>
<p><b>December 2023</b>            S M T W T F S                                      1 2            3 4 5 6 7 8 9            10 11 12 13 14 15 16            17 18 19 20 21 22 23            24 25 26 27 28 29 30            31</p> <p><b>February 2024</b>            S M T W T F S                                      1 2 3            4 5 6 7 8 9 10            11 12 13 14 15 16 17            18 19 20 21 22 23 24            25 26 27 28</p>	<b>28</b>	<b>29</b>	<b>30</b>

*JANUARY 3 (New)**JANUARY 2 (Trad.)*

## The Most Holy Name of Jesus



Photo: Wikimedia Commons. IHS monogram on top of the main altar of the Gesù, Rome, Italy.

Our Lord humbly submitted to the law of Circumcision, at which time He received His name. St. Paul states that God “hath given him a name which is above all names: That in the name of Jesus every knee should bow . . . And that every tongue should confess that the Lord Jesus Christ is in the glory of God the Father.” (*Phil. 2:9-11*). Our Lord’s holy name was specially promoted in 1274 at the Council of Lyons, and Pope Gregory X urged the Dominicans especially to spread the devotion. Two Franciscans, St. Bernardine of Siena and St. John of Capistrano, were responsible for popularizing an abbreviated form of the name of Jesus (in the Greek language) as the monogram IHS, which was further diffused when the Jesuits incorporated it into their emblem. The letters IHS are known as “the Sacred Monogram.” Referring to the Holy Name of Jesus, St. Bernard of Clairvaux said, “To speak of it gives light; to think of it is the food of the soul; to call on it calms and soothes the heart.”

# DECEMBER 31

SUNDAY

*Month of*  
The Divine Infancy

The Holy Family of Jesus, Mary, & Joseph  
(*New*)  
Sunday in the Octave of the Nativity (*Trad.*)

New Year's Eve



7

8

9

10

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12

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# THE SECRET OF THE ROSARY

*by*

Saint Louis Mary De Montfort

*Translator*

Mary Barbour, T.O.P

MONTFORT PUBLICATIONS

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## Preface

**B**IOGRAPHERS have already told us much about St. Louis De Montfort and the Rosary; now, with this first English edition of *THE SECRET OF THE ROSARY*, we can listen to Montfort speaking for himself. Drawing upon his own experience as well as upon the experience of others,<sup>1</sup> he endeavors to bring home to the reader, “in a simple and straightforward manner,” as he himself tells us, the authentic message of the Rosary; namely, that it is a veritable school of Christian life. He sees it as including essentially the meditation of the mysteries of the life, death and glory of Jesus and Mary, with a view not only to honoring but especially imitating their virtues as held up to our consideration in each mystery.

For our Saint, the Rosary was not simply a method of prayer: it was his most effective tool and weapon in his apostolic work. Fittingly has the Church called him an “Extraordinary preacher of the Rosary.” He preached it in season and out of season; established it in every parish where he gave a mission<sup>2</sup> and judged the fruits of the mission by the subsequent perseverance in its recitation. There was no limit to the power of the Rosary and to it he attributed much of his success with sinners. “Let me but place my rosary around a sinner’s neck,” he was wont to say, “and he will not escape me.”

A Dominican Tertiary himself, De Montfort represents the best in the Dominican Rosary tradition. Speaking of our Saint’s contribution to the Rosary, Father R. Poupon, well known Dominican writer says, “Montfort’s genius prolongs

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1. See “Tenth Rose” for some of his sources.

2. It is estimated that he enrolled over 100,000 persons in the Rosary Confraternity. (Le Crom, S.M.M. “St. L-M. de Montfort” Ch. XV, p. 311.)

in one straight line that of Blessed Alan de la Roche and of St. Dominic. He completes them by bringing forth a personal grace and interpretation.” Commenting on De Montfort’s book, Father Willam says, “It goes far beyond mere research. We might say that it contains everything that can be said about the rosary, about its content and form, its real worth, about the instruction necessary for its appreciation and use.”<sup>3</sup>

THE SECRET OF THE ROSARY was written almost two and a half centuries ago, it is true, but it has lost none of its freshness and timeliness. Indeed, today, in the light of the specific requests of Our Lady of Fatima, it will be doubly welcomed by all true clients of, Our Lady. We feel confident that it will bring many souls to a better understanding of the Rosary not only as a prayer but especially as a way of spiritual life.

THE EDITORS

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3. F. M. Willam, *The Rosary: Its History and Meaning*, Benziger Bros., 1952, p. 115.

**THE FRONT COVER** of the SORROWFUL AND IMMACULATE HEART OF MARY. This picture, somewhat mysterious in its origin, was discovered at the time of the 1918 armistice in the cellar of the boarding school where Berthe Petit, a humble Franciscan Tertiary, had been educated. After the troops had departed, one of the Bernardine nuns in putting things in order found a piece of cardboard on which was pasted a pornographic picture and she tore it off to consign it to flames. To her astonishment she found that it covered this beautiful representation of the Blessed Virgin! It seems to combine the art of both the Eastern and the Western Rites. The facial features resemble those of the well known Pieta. Prayer before this picture has brought signal favors.

Confided by Our Lord to Berthe Petit: "Teach souls to love the Heart of My Mother pierced by the very sorrow which pierced Mine." (Dec. 25, 1909).

"The Heart of My Mother has the right to be called Sorrowful and I wish this title placed before that of Immaculate because she has won it herself. The Church has defined in the case of My Mother what I Myself had ordained—her Immaculate Conception. This right which My Mother has to a title of justice is now, according to My express wish, to be known and universally accepted. She has earned it by her identification with My sorrows; by her sufferings; by her sacrifices and her immolation in Calvary endured in perfect correspondence with My grace for the salvation of mankind . . ." (Sept. 8, 1911).

"It is hearts that must be changed. This will be accomplished only by the Devotion proclaimed, explained, preached and recommended everywhere. Recourse to My Mother under this title I wish for her universally, is the last help I shall give before the end of time." (July 2, 1940).

## A White Rose

For Priests

**D**EAR MINISTERS of the Most High, you my fellow priests who preach the truth of God and who teach the gospel to all nations, let me give you this little book as a white rose that I would like you to keep. The truths contained in it are set forth in a very simple and straightforward manner as you will see. Please keep them in your heart so that you yourselves may make a practice of the Holy Rosary and taste its fruit; and please have them always on your lips too so that you will always preach the Rosary and thus convert others by teaching them the excellence of this holy devotion.

I beg of you to beware of thinking of the Rosary as something of little importance—as do ignorant people and even several great but proud scholars. Far from being insignificant, the Rosary is a priceless treasure which is inspired by God.

Almighty God has given it to you because He wants you to use it as a means to convert the most hardened sinners and the most obstinate heretics. He has attached to it grace in this life and glory in the next. The Saints have said it faithfully and the Popes have endorsed it.

When the Holy Spirit has revealed this secret to a priest and director of souls, how blessed is that priest! For the vast majority of people fail to know this secret or else only know it superficially. If such a priest really understands this secret he will say the Rosary every day and will encourage others to say it. God and His Blessed Mother will pour abundant grace into his soul, so that he may become God's instrument for His glory; and his word, though simple, will do more good in one month than that of other preachers in several years.

Therefore, my dear brethren and fellow priests, it will not be enough for us to preach this devotion to others; we must practice it ourselves. Even if we firmly believed in the importance of the Holy Rosary but never said it ourselves, people could hardly be expected to act upon our advice, for no one can give what he does not have: "Jesus began to do and to teach." (*Acts* 1:1). We ought to pattern ourselves on Our Blessed Lord, Who began by practicing what He preached. We ought to emulate Saint Paul who knew and preached nothing but Jesus Crucified. This is really and truly what you will be doing if you preach the Holy Rosary. It is not just a conglomeration of Our Fathers and Hail Marys, but on the contrary it is a divine summary of the mysteries of the life, Passion, death and glory of Jesus and Mary.

I could tell you at great length of the grace God gave me to know by experience the effectiveness of the preaching of the Holy Rosary and of how I have seen, with my own eyes, the most wonderful conversions it has brought about. I would gladly tell you all these things if I thought that it would move you to preach this beautiful devotion, in spite of the fact that priests are not in the habit of doing so these days. But instead of all this I think it will be quite enough for this little summary that I am writing if I tell you a few ancient but authentic stories about the Holy Rosary. These excerpts really go to prove what I have outlined for the faithful in French.

## **A Red Rose**

### **For Sinners**

**P**OOOR MEN AND WOMEN who are sinners, I, a greater sinner than you, wish to give to you this rose—a crimson one, because the Precious Blood of Our Lord has fallen upon it. Please God that it will bring true fragrance into your lives—but above all may it save you

from the danger that you are in. Every day unbelievers and unrepentant sinners cry: "Let us crown ourselves with roses." (*Wis.* 2:8) But our cry should be: "Let us crown ourselves with roses of the Most Holy Rosary."

How different are theirs from ours! Their roses are pleasures of the flesh, worldly honors and passing riches which wilt and decay in no time, but ours, which are the Our Father and Hail Mary which we have said devoutly over and over again and to which we have added good penitential acts, will never wilt or die and they will be just as exquisite thousands of years from now as they are today.

On the contrary, sinners' roses only look like roses, while in point of fact they are cruel thorns which prick them during life by giving them pangs of conscience, at their death they pierce them with bitter regret and, still worse, in eternity, they turn to burning shafts of anger and despair. But if our roses have thorns, they are the thorns of Jesus Christ Who changes them into roses. If our roses prick us, it is only for a short time—and only in order to cure the illness of sin and to save our souls.

So by all means we should eagerly crown ourselves with these roses from Heaven, and recite the entire Rosary every day, that is to say three Rosaries each of five decades which are like three little wreaths or crowns of flowers: and there are two reasons for doing this: First of all to honor the three crowns of Jesus and Mary—Jesus' crown of grace at the time of His incarnation, His crown of thorns during His Passion and His crown of glory in Heaven, and of course the three-fold crown which the Most Blessed Trinity gave Mary in Heaven.

Secondly, we should do this so that we ourselves may receive three crowns from Jesus and Mary. The first is a crown of merit during our lifetime, the second, a crown of peace at our death, and the third, a crown of glory in Heaven.

If you say the Rosary faithfully until death, I do assure you that, in spite of the gravity of your sins "you shall receive a never fading crown of glory." (*1 Ptr.* 5:4). Even if

you are on the brink of damnation, even if you have one foot in Hell, even if you have sold your soul to the devil as sorcerers do who practice black magic, and even if you are a heretic as obstinate as a devil, sooner or later you will be converted and will amend your life and save your soul, if—and mark well what I say—if you say the Holy Rosary devoutly every day until death for the purpose of knowing the truth and obtaining contrition and pardon for your sins.

In this book there are several stories of great sinners who were converted through the power of the Holy Rosary. Please read and meditate upon them.

## **A Mystical Rose Tree**

### **For Devout Souls**

**G**OOD AND DEVOUT SOULS, who walk in the light of the Holy Spirit: I do not think that you will mind my giving you this little mystical rose tree which comes straight from Heaven and which is to be planted in the garden of your soul. It cannot possibly harm the sweet smelling flowers of your contemplations; for it is a heavenly tree and its scent is beautiful. It will not in the least interfere with your carefully planned flower beds; for, being itself all pure and well-ordered, it inclines all to order and purity. If it is carefully watered and properly attended to every day it will grow to such a marvelous height and its branches will have such a wide span that, far from hindering your other devotions, it will maintain and perfect them.

Of course you understand what I mean, since you are spiritually-minded; this mystical rose tree is Jesus and Mary in life, death and eternity; its green leaves are the Joyous Mysteries, the thorns the Sorrowful ones and the flowers, the Glorious Mysteries of Jesus and Mary. The buds are the childhood of Jesus and Mary, and the open blooms show us both of them in their sufferings, and the full-blown roses

symbolize Jesus and Mary in their triumph and glory.

A rose delights us because of its beauty—so here we have Jesus and Mary in the Joyous Mysteries. Its thorns are sharp, and prick, which makes us think of them in the Sorrowful Mysteries, and last of all its perfume is so sweet that everyone loves it, and this fragrance symbolizes their Glorious Mysteries.

So please do not scorn this beautiful and heavenly tree, but plant it with your own hands in the garden of your soul, making the resolution to say your Rosary every day. By saying it daily and by doing good works you will be tending your tree, watering it, hoeing the earth around it. Eventually you will see that this little seed which I have given you, and which seems so very small now, will grow into a tree so great that the birds of heaven, i.e., predestinate and contemplative souls, will dwell in it and make their nests there. Its shade will shelter them from the scorching heat of the sun and its great height will keep them safe from the wild beasts on the ground. And best of all, they will feed upon the tree's fruit—which is none other than our adorable Jesus, to whom be honor and glory forever and ever. Amen. So be it.

GOD ALONE

## **A Rosebud**

**For Little Children**

**D**EAR LITTLE FRIENDS, this beautiful rosebud is for you; it is one of the beads of your Rosary, and it may seem to you to be such a tiny thing. But if you only knew how precious this bead is! This wonderful bud will open out into a gorgeous rose if you say your Hail Mary really well.

Of course it would be too much to expect you to say the whole fifteen mysteries every day, but do say at least five

mysteries, and say them properly with love and devotion. This Rosary will be your little wreath of roses, your crown for Jesus and Mary. Please pay attention to every word I have said—and listen carefully to a true story that I want to tell you, and that I would like you to remember.

Two girls (two little sisters) were saying the Rosary very nicely and devoutly in front of their home. A beautiful Lady suddenly appeared, walked towards the younger—who was only about six or seven—took her by the hand, and led her away. Her elder sister was very startled and looked for the little girl everywhere. At last still not having found her, she went home and heartbrokenly told her parents that her sister had been kidnapped. For three whole days the poor father and mother sought the child but could not find her.

At the end of the third day they found her at the front door looking extremely happy and pleased. Naturally they asked her where on earth she had been, and she told them that the Lady to whom she had been saying her Rosary had taken her to a lovely place where she had given her delicious things to eat. She said that the Lady had also given her a Baby Boy to hold, that He was very beautiful and that she had kissed Him over and over again.

The father and mother, who had been converted to the Catholic Faith only a short time before, sent at once for the Jesuit Father who had instructed them for their reception into the Church and who had also taught them devotion to the Most Holy Rosary. They told him everything that had happened and it was this priest himself who told me this story. It all took place in Paraguay.

So, dear children imitate these little girls and say your Rosary every day as they always did. If you do this you will earn the right to go to Heaven to see Jesus and Mary. If it is not their wish that you should see them in this life, at any rate after you die you will see them for all eternity. Amen. So be it.

Therefore let all men, the learned and the ignorant, the just and the sinners, the great and the small praise and honor

Jesus and Mary, night and day, by saying the Most Holy Rosary. “Salute Mary who hath labored much among you.” (*Rom.* 16:6).

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MEDITATIONS  
ON MARY,  
OUR MOTHER

*St. John Henry Cardinal Newman*



TAN Books  
Gastonia, North Carolina

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# MARY THE MOTHER OF GOD

MY SOUL DOTH  
MAGNIFY THE LORD

The Angel began the salutation; he said, "Hail, thou that art highly favored;<sup>1</sup> the Lord is with thee; blessed art thou among women." Again, he said, "Fear not, Mary, for thou hast found favor with God; and, behold, thou shalt conceive in thy womb, and bring forth a Son, and shalt call His name Jesus. He shall be great, and shall be called the Son of the Highest." Her cousin Elizabeth was the next to greet her with her appropriate title. Though she was filled with the Holy Spirit at the time she spoke, yet, far from thinking herself by such a gift to be equal to Mary, she was thereby moved to use the lowlier and more reverent language. "She spoke out with a loud voice, and said, *Blessed art thou* among women, and blessed is the fruit of thy womb. And how is it that the mother of my Lord should come to me?" ... Then she repeated, "Blessed is she that believed; for there shall be a performance of those things which were told her from the Lord."

Then it was that Mary expressed her feelings in the *Magnificat* we read in the Evening Service. How many and complicated must they have been! In her was now to be fulfilled that promise which the world had been looking out for during thousands of years. The Seed of the woman, announced to guilty Eve, after long delay, was at length appearing upon earth, and was to be born of her. In her the destinies of the world were to be reversed, and the serpent's head bruised. On her was bestowed the greatest

honor ever put upon any individual of our fallen race. God was taking upon Him her flesh, and humbling Himself to be called her offspring;—such is the deep mystery! She of course would feel her own inexpressible unworthiness; and again, her humble lot, and her weakness in the eyes of the world. And she had moreover, that purity and innocence of heart, that bright vision of faith, that confident trust in her God, which raised all these feelings to an intensity which we, ordinary mortals, cannot understand. *We* cannot understand them; we repeat her hymn day after day—yet consider for an instant how differently *we* say it from how she first uttered it. *We* even hurry it over, and do not think of the meaning of those words which came from the most highly favored, awfully gifted of the children of men. “My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. For He hath regarded the low estate of His hand-maiden: for, behold, from henceforth all generations shall call me blessed. For He that is mighty hath done to me great things; and holy is His name. And His mercy is on them that fear Him from generation to generation.”

—*Parochial and Plain Sermons, II*

## MOTHER OF THE CREATOR

This is a title which, of all others, we should have thought it impossible for any creature to possess. At first sight we might be tempted to say that it throws into confusion our primary ideas of the Creator and the creature, the Eternal and the temporal, the Self-subsisting and the dependent; and yet on further consideration we shall see that we cannot refuse the title to Mary without denying the Divine Incarnation—that is, the great and fundamental truth of revelation, that God became man.

And this was seen from the first age of the Church. Christians were accustomed from the first to call the Blessed Virgin “The Mother of God,” because they saw that it was impossible to deny her that title without denying St. John’s words, “The Word” (that is, God the Son) “was made flesh.”

And in no long time it was found necessary to proclaim this truth by the voice of an Ecumenical Council of the Church. For, in consequence of the dislike which men have of a mystery, the error sprang up that our Lord was not really God, but a man, differing from us in this merely—that God dwelt in Him, as God dwells in all good men, only in a higher measure; as the Holy Spirit dwelt in Angels and Prophets, as in a sort of Temple; or again, as our Lord now dwells in the Tabernacle in church. And then the bishops and faithful people found there was no other way of hindering this false, bad view being taught but by declaring distinctly, and making it a point of faith,

that Mary was the Mother, not of man only, but of God. And since that time the title of Mary, as *Mother of God*, has become what is called a dogma, or article of faith, in the Church.

But this leads us to a larger view of the subject. Is this title as given to Mary more wonderful than the doctrine that God, without ceasing to be God, should become man? Is it more mysterious that Mary should be Mother of God, than that *God* should be *man*? Yet the latter, as I have said, is the elementary truth of revelation, witnessed by Prophets, Evangelists, and Apostles all through Scripture. And what can be more consoling and joyful than the wonderful promises which follow from this truth, that Mary is the Mother of God?—the great wonder, namely, that we become the brethren of our God! That, if we live well, and die in the grace of God, we shall all of us hereafter be taken up by our Incarnate God to that place where angels dwell! That our bodies shall be raised from the dust, and be taken to Heaven; that we shall be really united to God; that we shall be partakers of the Divine nature; that each of us, soul and body, shall be plunged into the abyss of glory which surrounds the Almighty; that we shall see Him, and share His blessedness, according to the text, “Whosoever shall do the will of My Father that is in Heaven, the same is My brother, and sister, and mother.”

—*Meditations on the Litany of Loretto  
for the Month of May*