

JMJ Planner 2025

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JMJ

Oh God, Who were pleased to give us the shining example of the Holy Family, graciously grant that we may imitate them in practicing the virtues of family life and in the bonds of charity.

~Collect, Feast of the Holy Family

Goals for 2025

Spiritual



Physical



Intellectual



Goals for 2025

Relationships

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Professional

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Financial

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The Church Calendar

This *JMJ Planner—2025* includes both the *New* or *Novus Ordo* Sundays and feast days, and the *Traditional* Sundays and feast days (as of 1962). These latter are observed when the Traditional Latin Mass is offered. The *Novus Ordo* Sundays and feast days, which date from 1970 or later whenever they differ from the *Traditional* ones, are designated: (*New*). The *Traditional* Sundays and feast days, most of which go back centuries, are designated: (*Trad.*). Also included here are many feast days which no longer appear on either the *New* or the *Traditional* calendar (as of 1962)—such as the feasts of St. Philomena, St. Dismas (the Good Thief), St. Tarcisius, St. Gemma Galgani, and St. Dominic Savio; these *Historical* feasts are designated: (*Hist.*). It should be noted that there was some moving around of feast days even before the New Calendar was introduced in 1970. For example, St. Catherine of Sweden is shown on March 22 in a 1931 edition of Butler's *Lives of the Saints* but on March 24 in a 1956 edition of the same work.

In this calendar, the date in parentheses after the name of a saint is the year of the saint's death.

Fast and Abstinence

The Church's current regulations in the U.S. require fasting and abstinence from meat on Ash Wednesday and Good Friday; abstinence from meat on the Fridays of Lent; and abstinence from meat or some other penitential or charitable work on every non-Lenten Friday of the year, unless the Friday falls on a solemnity. "On the Fridays outside of Lent, the U.S. bishops conference obtained the permission of the Holy See for Catholics in the U.S. to substitute a penitential, or even a charitable, practice of their own choosing. They must do some penitential/charitable practice on these Fridays. For most people the easiest practice to consistently fulfill will be the traditional one, to abstain from meat. . . . During Lent, abstinence from meat on Fridays is obligatory in the United States as elsewhere" (www.ewtn.com/faith/lent/fasting.aspx). Abstinence is binding from age 14 (i.e., beginning the day after one's 14th birthday); fasting is binding from age 18 (i.e., beginning the day after one's 18th birthday) until age 59 (i.e., until the end of the day of one's 59th birthday).

According to the *Modern Catholic Dictionary*, by Fr. John A. Hardon, S.J. (Imprimatur 1979): "The abolition of Friday abstinence is a common misapprehension. Friday abstinence was not abolished; rather, the faithful [in the U.S.A.] now have a choice either to abstain from meat or perform some other kind of penance [or even to perform some charitable work] on Fridays. According to the Church's law, the 'substantial observance' of Fridays as days of penance, whether by abstinence or in other ways, 'is a grave obligation' (Pope Paul VI, *Paenitemini*, 1966, Norm II, 2)."

What Is Fasting?




Fasting according to the Church's norms means eating only one full meal per day. Two smaller meals or snacks may also be eaten, sufficient to maintain one's strength, but together they should not equal the one full meal. No food may be taken between meals; but liquids, including milk and juice, may be taken between meals. Expectant mothers and the sick are not bound to fast. When health or ability to work would be seriously affected, the law does not oblige. In the current regulations, fasting is always

accompanied by abstinence from meat. That is, both of the obligatory fasting days (Ash Wednesday and Good Friday) are also days of abstinence from meat. The Bishops of the U.S. have stated that “self-imposed observance of fasting on all weekdays of Lent is strongly recommended” (NCCB statement, November 18, 1966). Fasting on Holy Saturday is specifically recommended by the Church.


What Is Abstinence?

Abstinence from meat means that no meat (the flesh and organs of mammals and fowl), meat gravy, or meat soup may be taken.

Fish Symbols

In this calendar, the dark fish  indicates days of obligatory abstinence from meat; the shaded fish  indicates days of obligatory abstinence from meat or substitution of some other sacrifice (see explanation above); the unshaded fish  indicates days of recommended (formerly obligatory) abstinence from meat.

Former (Traditional) Penitential Observances

This calendar also marks the “Ember Days,” that is, the Wednesday, Friday, and Saturday of four weeks during the year. Ember Fridays were formerly days of fast and abstinence; Ember Wednesdays and Saturdays were formerly days of fast and partial abstinence (meat permitted only at the main meal). Days on which fasting and partial abstinence were formerly required are indicated by an unshaded half-fish . The Ember Days, of ancient origin, were days of fasting for the special sanctification of the four seasons and for obtaining God’s blessing on the clergy. They occur during the third week of Advent, the first (full) week of Lent, the week after Pentecost, and the third (full) week in September.

Fasting and partial abstinence were formerly required also on the weekdays of Lent (Monday through Saturday, with full abstinence on Friday) and on the vigil of (day before) Pentecost. Holy Saturday and the vigils of the Immaculate Conception and of Christmas (December 24 or 23: a choice was permitted) were formerly days of fasting and of complete abstinence from meat (unless the vigil fell on a Sunday).

It is praiseworthy to continue the former (traditional) penitential observances, even though they are no longer obligatory. Penance serves to rectify our self-centeredness, to make up for sins (our own and those of others), to strengthen our wills, and to guide us in the footsteps of our Savior. It can be a very pure form of love for God, and can be offered up for the conversion of sinners and the relief of the souls in purgatory.

NOTES

Abstinence from meat was formerly (traditionally) binding from age 7; parents who maintain this discipline in their families are to be highly commended. Moreover, the new Code of Canon Law (1983) states that “pastors and parents are to see to it that minors who are not bound by the law of fast and abstinence are educated in an authentic sense of penance” (Canon 1252).

Fasting was formerly (traditionally) binding from age 21.

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Abdon & Sennen	July 30	Antony the Abbot	January 17
Abraham	March 16	Anysius	December 30
Abraham, Isaac, & Jacob	December 20	Apollinaris of Ravenna	July 20; July 23 (<i>Trad</i>)
Adalbert	April 23	Apollinaris the Apologist	January 8
Adam & Eve	December 24	Apollinaris (Blessed) & Comps.	September 10
Adelaide	December 16	Apollonia	February 9
Adele	December 24	Apollonius	April 18
Adeline (Blessed)	October 20	Apparition of St. Michael the Archangel	May 8
Adelphus	September 11	Arcadius	January 12
Adrian	September 8	Aristedes	August 31
Adrian of Canterbury	January 9	Arsenius	July 19
Agapitus	August 18	Assumption/Blessed Virgin Mary	August 15
Agatha	February 5	Athanasius	May 2
Agnes	January 21; January 28	Athanasius the Athonite	July 5
Agnes of Montepulciano	April 20	Augusta	March 27
Albert the Great	November 15	Augustine	August 28
Albinus	March 1	Augustine/Canterbury	May 27; May 28 (<i>Trad</i>)
Alda or Aldobrandesca	April 26	Augustine Zhao Rong & Comps.	July 9
Alexander	February 26	Baptism of Our Lord	January 13
Alexander, Eventius, Theodulus, & Juvenal	May 3	Barbara	December 4
Alexis the Beggar	July 17	Barnabas	June 11
All Holy Popes	July 4	Bartholomew (Apostle)	August 24
All Saints	November 1	Basil the Great	January 2; June 14 (<i>Trad</i>)
All Souls	November 2	Basilides & Comps.	June 12
Aloysius Gonzaga	June 21	Basilissa & Anastasia	April 15
Alphonsus Liguori	August 1; August 2 (<i>Trad</i>)	Bathildis	January 30
Alphonsus Rodriguez	October 30	Beatriz da Silva	August 17
Amata (Amy)	February 20	Bede the Venerable	May 25; May 27 (<i>Trad</i>)
Ambrose	December 7	Benedict	July 11; March 21 (<i>Trad</i>)
Ananias, Azarius, & Misael	December 16	Benedict Biscup	January 12
Anastasia	December 25	Benedict Joseph Labre	April 16
Anastasius	January 22	Benjamin	March 31
Andre Bessette	January 6	Benno	June 16
Andrew (Apostle)	November 30	Bernadette Soubirous	February 18
Andrew Avellino	November 10	Bernardine of Siena	May 20
Andrew Bobola	May 21	Bernard of Clairvaux	August 20
Andrew Corsini	February 4	Bernard of Montjoux	May 28
Andrew Dung-Lac & Comps.	November 24	Bernardino Realino	July 2
Andrew Hubert Fournet	May 13	Bernward	November 20
Andrew Kim Taegon & Comps.	September 20	Bertilla	November 5
Angela Merici	January 27; June 1 (<i>Trad</i>)	Bertin	September 5
Anicetus	April 17	Bertrand of Garrigues	September 6
Anna, the Prophetess	September 1	Bibiana	December 2
Anne	July 26	Birth of Our Lord Jesus Christ	December 25
Annunciation	March 25	Birth of St. John the Baptist	June 24
Ansegius	July 20	Birth of the Blessed Virgin Mary	September 8
Anselm	April 21	Blaise	February 3
Ansgar	February 3	Blandina	June 2
Anthelm	June 26	Blessed Virgin Mary, Mother of God	January 1
Anthony Mary Claret	Oct. 24; Oct. 23 (<i>Trad</i>)	Blessing of Throats	February 3
Anthony of Padua	June 13	Bonaventure	July 15; July 14 (<i>Trad</i>)
Anthony Zaccaria	July 5		
Antoninus	May 10		

Note: This list includes the New, Traditional, and Historical dates shown in this calendar; in most cases without distinction.

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

(CONTINUED)

Boniface	June 5	Constantius	September 23
Boniface of Tarsus	May 14	Conversion of St. Paul	January 25
Botolph	June 17	Corbin	September 8
Brendan the Navigator	May 16	Cornelius & Cyprian	September 16
Bridget of Sweden	July 23; October 8 (<i>Trad</i>)	Cosmas & Damian	Sept. 26; Sept. 27 (<i>Trad</i>)
Bridget of Ireland	February 1	Crispin & Crispinian	October 25
Bronislava (Blessed)	August 30	Cunegund (Blessed)	July 24
Bruno	October 6	Cunegunda	March 3
Caesarius of Arles	August 27	Cyprian & Justina	September 26
Caius & Soter	April 22	Cyriacus, Largus, & Smaragdus	August 8
Cajetan	August 7	Cyril of Alexandria	June 27; Feb. 9 (<i>Trad</i>)
Callistus I	October 14	Cyril of Jerusalem	March 18
Camillus de Lellis	July 18	Cyril & Methodius	February 14; July 7 (<i>Trad</i>)
Candlemas	February 2	Damasus I	December 11
Canute	January 19	Damien de Veuster	May 10
Carina & Comps.	November 7	David	March 1
Casimir	March 4	David the King	December 29
Caspar, Balthasar & Melchior	January 6	Dedication of the Basilica of St. John Lateran	November 9
Catherine de Ricci	February 13	Dedication of the Basilica of St. Mary Major	August 5
Catherine Labouré	November 28	Dedication of the Basilica of St. Michael the Archangel	September 29
Catherine of Alexandria	November 25	Dedication of the Basilicas of Sts. Peter & Paul	November 18
Catherine of Genoa	September 15	Demetrius	October 26
Catherine of Siena	April 29; April 30 (<i>Trad</i>)	Denis & Comps.	October 9
Catherine (Karin) of Sweden	March 24	Desideratus	May 8
Cecilia	November 22	Didacus	November 13
Celestine I	July 27	Dismas	March 25
Chaeremon & Ischyrion	December 22	Divine Maternity of Our Lady	October 11
Chair of St. Peter at Antioch	February 22	Dominic	August 8; August 4 (<i>Trad</i>)
Chair of St. Peter at Rome	January 18	Dominic Savio	March 9
Charbel Makhlouf	July 24	Dominic of Silos	December 20
Charles the Good (Blessed)	March 2	Domitilla	May 12
Charles Borromeo	November 4	Donatian & Rogatian	May 24
Charles Lwanga & Comps.	June 3	Donatus	August 7
Christiana (Nino)	December 15	Dormition of Our Lady	August 15
Christina of Bolsena	July 24	Dorothy	February 6
Christina the Admirable	July 24	Dymphna	May 15
Christopher	July 25	Edmund Campion	December 1
Christopher Magallanes & Comps.	May 21	Edward Jones & Anthony Middleton (Blesseds)	May 6
Chrysanthus & Daria	October 25	Edward the Confessor	October 13
Chrysogonus	November 24	Eleutherius, Pope	May 26
Cilinia (Celine)	October 21	Eleutherius	September 6
Circumcision of Our Lord	January 1	Eligius	December 1
Clare of Assisi	August 11; August 12 (<i>Trad</i>)	Elizabeth & Zachary	November 5
Claude de la Colombiere	February 15	Elizabeth Ann Seton	January 4
Clement I	November 23	Elizabeth of Hungary	Nov. 17; Nov. 19 (<i>Trad</i>)
Cleophas	September 25	Elizabeth of Portugal	July 4; July 8 (<i>Trad</i>)
Cletus & Marcellinus	April 26	Elphege	April 19
Clotilde	June 3	Emerentiana	January 23
Cloud	September 7	Emilina (Blessed)	October 27
Colette	March 6	Emygdius	August 5
Columba (Columbkille)	June 9	Engelbert	November 7
Columban	November 23		
Conrad	April 21		
Conrad of Piacenza	February 19		

(CONTINUED)

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Ephrem of Syria	June 9; June 18 (<i>Trad</i>)	Francis of Paola	April 2
Epiphany	January 6	Francis Solano	July 14
Epipodius & Alexander	April 22	Francis Xavier	December 3
Erasmus	June 2	Francis Xavier Seelos	October 5
Eric	May 18	Francisco Marto	February 20
Ethelbert	February 25	Frederick	July 18
Ethelreda (Audrey)	June 23	Fridolin	March 6
Eucherius	February 20	Frumentius	October 27
Eulalia	February 12	Fulbert	April 10
Eulogius of Cordova	March 11	Gabinus	February 19
Euphemia & Comps.	September 16	Gabriel, Archangel	March 24
Euphrasia	March 13	Gabriel of Our Lady of Sorrows	February 27
Euphrasia Pelletier	April 24	Gall	October 16
Euplius	August 12	Gatian	December 18
Eusebius	August 14	Gaucherius	April 9
Eusebius of Vercelli	Aug. 2; Dec. 16 (<i>Trad</i>)	Gaudentius of Brescia	October 25
Eustace & Comps.	September 20	Gemma Galgani	April 11
Evaristus	October 26	Genevieve	January 3
Evodius	May 6	George	April 23
Exaltation of the Holy Cross	September 14	Gerald	December 5
Expectation of the Blessed Virgin Mary	Dec. 18	Gerald of Aurillac	October 13
Ezechiel	April 10	Gerard of Brogne	October 3
Fabian	January 20	Gerard Majella	October 16
Faith, Hope, & Charity	August 1	Germaine Cousin	June 15
Faustina Kowalska	October 5	Germanus	May 28
Faustinus & Jovita	February 15	Gertrude the Great	November 16
Felicitas	November 23	Gervase & Protase	June 19
Felicitas & Perpetua	March 7; March 6 (<i>Trad</i>)	Ghislain (Gislenus)	October 10
Felix	July 29	Gianna Molla	April 28
Felix I	May 30	Gildas the Wise	January 29
Felix & Adauctus	August 30	Giles (Aegidius)	September 1
Felix of Nola	January 14	Gisele (Blessed)	May 7
Felix of Valois	November 20	Gladys	March 29
Ferdinand III	May 30	Godeleva	July 6
Fiacre	August 30	Godfrey (Geoffrey)	November 8
Fidelis of Sigmaringen	April 24	Godric of Finchale	May 21
Finbar (Barry)	September 25	Gordian & Epimachus	May 10
Finding of the Holy Cross	May 3	Gorgonius	September 9
Firminus	October 11	Gothard (Godehard)	May 4
First Martyrs of the Church of Rome	June 30	Greater Litanies	April 25
Flavian	February 18	Gregory VII	May 25
Flora of Beaulieu	October 5	Gregory Barbarigo	June 17
Flora & Mary	November 24	Gregory of Narek	February 27
Florian	May 4	Gregory Nazianzen	January 2; May 9 (<i>Trad</i>)
Forty Holy Martyrs of Sebaste	March 10	Gregory Thaumaturgus	November 17
Forty Martyrs of England & Wales	October 25	Gregory the Great	Sept. 3; March 12 (<i>Trad</i>)
Four Crowned Martyrs	November 8	Grimbald	July 8
Fourteen Holy Helpers	August 8	Guardian Angels, The Holy	October 2
Frances of Rome	March 9	Gundleus (Woolo)	March 29
Francis Xavier Cabrini	Nov. 13; Dec. 22 (<i>Trad</i>)	Guntrammus (Gontran)	March 28
Francis Borgia	October 10	Guy (Vignotelli) of Cortona	June 12
Francis Caracciolo	June 4	Harvey (Herve)	June 17
Francis de Sales	January 24; January 29 (<i>Trad</i>)	Hedwig	October 16
Francis di Girolamo	May 11	Helena	August 18
Francis of Assisi	October 4	Henry II	July 13; July 15 (<i>Trad</i>)
		Heribert (Herbert)	March 16
		Herman Joseph	April 7

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

(CONTINUED)

Herman the Cripple (Blessed)	September 25	John before the Latin Gate	May 6
Hermenegild	April 13	John Berchmans	November 26
Hermes	August 28	John Bosco	January 31
Hilarion	October 21	John Boste, George Swallowell, & John Ingram	July 24
Hilary	February 28	John Camillus Bonus	January 10
Hilary of Poitiers	January 13; January 14 (<i>Trad</i>)	John Cantius	December 23; Oct. 20 (<i>Trad</i>)
Hildegard	September 17	John Chrysostom	September 13; Jan. 27 (<i>Trad</i>)
Hippolytus & Cassian	August 13	John Climacus	March 30
Holy Innocents	December 28	John Damascene	December 4; March 27 (<i>Trad</i>)
Holy Name of Jesus	January 2	John Eudes	August 19
Holy Name of Mary	September 12	John Fisher	June 22; July 9 (<i>Hist</i>)
Holy Relics	November 5	John Francis Regis	June 16
Hugh	April 1	John Gualbert	July 12
Hugh of Cluny	April 29	John Joseph of the Cross	March 5
Hyacinth	August 17	John Leonardi	October 9
Hyginus	January 11	John Nepomucene	May 16
Ida of Toggenburg (Blessed)	November 3	John N. Neumann	January 5
Ignatius of Antioch	Oct. 17; Feb. 1 (<i>Trad</i>)	John Paul II	October 22
Ignatius of Loyola	July 31	John Sarkander (Blessed)	March 17
Ildefonsus	January 23	John Vianney	August 4; August 8 (<i>Trad</i>)
Imelda Lambertini (Blessed)	May 12	John of Ávila	May 10
Immaculate Conception	December 8	John of Capistrano	Oct. 23; March 28 (<i>Trad</i>)
Immaculate Heart of Mary	August 22 (<i>Trad</i>)	John of Dukla (Blessed)	September 28
Ingrid of Sweden	September 2	John of Facundo	June 12
Innocent I	July 28	John of God	March 8
Irenaeus	June 28; July 3 (<i>Trad</i>)	John of Matha	February 8
Irene	October 20	John of the Cross	Dec. 14; Nov. 24 (<i>Trad</i>)
Irene of Thessalonica	April 3	Jolenta (Blessed)	June 11
Isaac Jogues, John de Brebeuf, & Comps.	Oct. 19; Sept. 26 (<i>Trad</i>)	Josemaria Escriva	June 26
Isidore of Seville	April 4	Joseph	March 19
Isidore the Farmer	May 15; March 22 (<i>Trad</i>)	Josaphat	November 12; November 14 (<i>Trad</i>)
Ita (Ida)	January 15	Joseph Calasactius	Aug. 25; Aug. 27 (<i>Trad</i>)
Jacinta Marto	February 20	Joseph of Arimathea	March 17
James of the Marches	November 28	Joseph of Cupertino	September 18
James Strepar (Blessed)	October 21	Joseph the Workman	May 1
James the Greater (Apostle)	July 25	Josephine Bakhita	February 8
James the Less (Apostle)	May 3; May 11 (<i>Trad</i>)	Juan Diego	December 9
Jane Frances de Chantal	Aug. 18; Aug. 21 (<i>Trad</i>)	Jude (Apostle)	October 28
Jane of Toulouse (Blessed)	March 31	Julie Billiart	April 8
Januarius (Gennaro) & Comps.	Sept. 19	Julia of Corsica	May 23
Jerome	September 30	Julian & Basilissa	January 9
Jerome Emiliani	February 8; July 20 (<i>Trad</i>)	Juliana	February 16
Joachim	August 16	Juliana Falconieri	June 19
Joachim & Anne	July 26	Juliana of Mt. Cornillon (Blessed)	April 5
Joan of Arc	May 30	Julius	April 12
Joanna	May 24	Junipero Serra	July 1
John (Apostle, Evangelist)	December 27	Justin	June 1; April 14 (<i>Trad</i>)
John I	May 18; May 27 (<i>Trad</i>)	Jutta (Judith)	May 5
John XXIII	October 11	Juvenal	May 3
John & Paul	June 26	Kateri Tekakwitha	July 14
John the Baptist (birth of)	June 24	Katherine Drexel	March 3
John Baptist de Rossi	May 23	Kilian	July 8
John Baptist de la Salle	April 7; May 15 (<i>Trad</i>)	Ladislaus	June 27
		Ladislaus (Blessed)	May 11
		Lambert	April 14
		Landericus (Landry)	June 10
		Laurence Justinian	September 5

(CONTINUED)

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Laurence O'Toole	November 14	Martyrdom of St. John the Baptist	August 29
Lawrence	August 10	Martyrs of Compiègne	July 17
Lawrence Ruiz & Comps.	September 28	Mary, Mother of God	January 1
Lawrence of Brindisi	July 21	Mary, Mediatrix of All Graces	June 8
Lazarus	December 17	Mary of Cleophas	April 9
Leander	February 27	Mary Magdalen	July 22
Leo the Great	November 10; April 11 (<i>Trad</i>)	Mary Magdalen de Pazzi	May 25; May 29 (<i>Trad</i>)
Leo II	July 3	Mary Salome	October 22
Leo IX	April 19	Maternus	September 14
Leocadia	December 9	Matilda	March 14
Leonard of Limoges	November 6	Matthew (Apostle, Evangelist)	September 21
Leonard of Port Maurice	November 26	Matthias (Apostle)	May 14; February 24 (<i>Trad</i>)
Leopold	November 15	Maura	November 30
Liborius	July 23	Maurice & Comps.	September 22
Linus	September 23	Maurus	January 15
Longinus	March 15	Maximilian Mary Kolbe	August 14
Louis, Bishop	August 19	Maximinus	November 27
Louis IX, King	August 25	Maximinus of Trier	May 29
Louis Bertrand	October 9	Mechtilde of Helfta	November 16
Louis Marie de Montfort	April 28	Medard & Gildard	June 8
Louise de Marillac	March 15	Medericus (or Merry)	August 29
Lucian of Antioch	January 7	Melchiasdes	December 10
Lucius I	March 4	Mennas	November 11
Lucy	December 13	Methodius	February 14; July 7 (<i>Trad</i>)
Ludger	March 26	Michael, Archangel	September 29
Luke (Evangelist)	October 18	Michael, Gabriel, & Raphael	September 29
Lydia	August 3	Miguel Agustin Pro (Blessed)	November 23
Lydwina	April 14	Mildred	July 13
Macarius	March 10	Monica	August 27; May 4 (<i>Trad</i>)
Macarius the Younger	January 2	Nabor & Felix	July 12
Madeleine Sophie Barat	May 25	Narcissus	October 29
Malachy O'More	November 3	Nathalia, Aurelius, Lilia, & Felix, & George	July 27
Marcellinus	April 20	Nazarius & Celsus	July 28
Marcellinus & Peter	June 2; August 9 (<i>Hist</i>)	Nereus, Achilleus, & Pancras	May 12
Marcellinus of Carthage	April 6	Nicanor	January 10
Marcellus the Centurion	October 30	Nicasius & Eutropia	December 14
Marcellus	January 16	Nicephorus	February 9
Margaret Clitherow	March 25	Nicholas	December 6
Margaret Mary Alacoque	Oct. 16; Oct. 17 (<i>Trad</i>)	Nicholas of Flüe	March 22
Margaret of Antioch	July 20	Nicholas of Tolentino	September 10
Margaret of Castello (Blessed)	April 13	Nicomedes	September 15
Margaret of Scotland	Nov. 16; June 10 (<i>Trad</i>)	Norbert	June 6
Marguerite Bourgeoys	January 12	Notburga	September 14
Maria Goretti	July 6; July 9 (<i>Trad</i>)	Odilia	December 13
Marianne Cope (of Molokai)	January 23	Oliver Plunket	July 1
Marie Rose Durocher (Blessed)	October 6	Olympias	December 17
Marinus	September 4	Onesimus	February 16
Marius & Comps.	January 19	Our Lady, Health of the Sick	August 24
Mark (Apostle, Evangelist)	April 25	Our Lady Help of Christians	May 24
Mark & Marcellianus	June 18	Our Lady of Czestochowa	August 26
Martha	July 29	Our Lady of Fatima	May 13
Martin, Louis & Zelig	July 12	Our Lady of Good Counsel	April 26
Martin of Tours	November 11	Our Lady of Guadalupe	December 12
Martin de Porres	November 3	Our Lady of Knock	August 21
Martin I	April 13; November 12 (<i>Trad</i>)		
Martina	January 30		

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

(CONTINUED)

Our Lady of La Salette	September 19	Philip Neri	May 26
Our Lady of Loreto	December 10	Philomena	August 11
Our Lady of Lourdes	February 11	Photina	March 20
Our Lady of Mercy	March 18	Pio (Pius) of Pietrelcina	September 23
Our Lady of Mount Carmel	July 16	Pius I	July 11
Our Lady of Perpetual Help	June 27	Pius V	April 30; May 5 (<i>Trad</i>)
Our Lady of Prompt Succor	January 15	Pius X	August 21; September 3 (<i>Trad</i>)
Our Lady of Ransom	September 24	Placid & Comps.	October 5
Our Lady of Refuge	January 16	Polycarp	February 23; January 26 (<i>Trad</i>)
Our Lady of Sorrows	September 15	Polyeucte	February 13
Our Lady of the Angels	August 2	Pontian	August 13; November 19 (<i>Trad</i>)
Our Lady of the Miraculous Medal	Nov. 27	Porphyrius	February 26
Our Lady of the Pillar	October 12	Praxedes	July 21
Our Lady of the Rosary	October 7	Presentation of the Child Jesus	February 2
Our Lady of the Snows	August 5	Presentation of the Blessed Virgin Mary	Nov. 21
Our Lady of Victories	March 23	Primus & Felician	June 9
Our Lady, Queen of Angels	December 11	Prisca	January 18
Pachomius	May 9	Processus & Martinian	July 2
Pacific of San Severino	September 24	Prosper of Reggio	June 25
Pancratius	May 12	Protus & Hyacinthus	September 11
Pantaleon	July 27	Pudentiana	May 19
Paphnutius	September 11	Pulcheria	September 10
Paschal Baylon	May 17	Queenship of Mary	August 22; May 31 (<i>Trad</i>)
Paternus	April 15	Quentin	October 31
Patricia	August 25	Quirinus	March 30
Patrick	March 17	Ralph Milner & Roger Dickenson	July 7
Paul VI	May 29	Raphael, Archangel	October 24 (<i>Trad</i>)
Paul (Apostle)	June 29; June 30 (<i>Trad</i>)	Raphaella Mary	January 6
Paul of the Cross	October 20; April 28 (<i>Trad</i>)	Raymond of Capua (Blessed)	October 5
Paul the 1st Hermit	January 15	Raymond Nonnatus	August 31
Paul Miki & Comps.	February 6	Raymond of Peñafort	Jan. 7; Jan. 23 (<i>Trad</i>)
Paula	January 26	Regina	September 7
Paulinus	January 11	Remigius	October 1
Paulinus of Nola	June 22	Richard	April 3
Pelagia	October 8	Richard of Lucca	February 7
Pelagius	June 26	Rita of Cascia	May 22
Peregrine	May 1	Robert of Newminster	June 7
Peter (Apostle)	June 29	Robert Bellarmine	Sept. 17; May 13 (<i>Trad</i>)
Peter (Exorcist)	June 2	Roch	August 16
Peter (Celestine V)	May 19	Roderick	March 13
Peter & Paul	June 29	Romanus	February 28
Peter Canisius	December 21; April 27 (<i>Trad</i>)	Romanus	August 9
Peter Chanel	April 28	Romarc	December 10
Peter Chrysologus	July 30; Dec. 4 (<i>Trad</i>)	Romuald	June 19; February 7 (<i>Trad</i>)
Peter Claver	September 9	Rosalia	September 4
Peter Damian	February 21; February 23 (<i>Trad</i>)	Rose of Lima	August 23; August 30 (<i>Trad</i>)
Peter in Chains	August 1	Rose of Viterbo	September 4
Peter Julian Eymard	August 2	Rose Philippine Duchesne	November 18
Peter Nolasco	January 28	Rufina and Secunda	July 10
Peter of Alcantara	October 19	Rupert of Salzburg	March 27
Peter of Alexandria	November 26	Sabbas	December 5
Peter of Verona	April 29	Sabbas the Goth	April 12
Petronilla	May 31	Sabina	August 29
Philip & James	May 3; May 11 (<i>Trad</i>)	Sabinus	December 30
Philip Benizi	August 23	Samson	July 28
Philip de Jesus Monarritz & Comps.	Aug. 13	Saturninus	November 29

(CONTINUED)

SAINTS' DAYS & NON-MOVABLE FEASTS IN THIS CALENDAR

Saturnius & Comps.	February 12	Thomas More	June 22; July 9 (<i>Hist</i>)
Sava	January 14	Tiburtius & Susanna	August 11
Scholastica	February 10	Tiburtius, Valerian, & Maximus	April 14
Sebastian	January 20	Timothy	January 26; January 24 (<i>Trad</i>)
Sergius, Bacchus, & Comps.	October 8	Timothy, Hippolytus, & Symphorian	August 22
Servulus	December 23	Titus	January 26; February 6 (<i>Trad</i>)
7 Founders of the Order of Servites	February 17; February 12 (<i>Trad</i>)	Transfiguration	August 6
7 Holy Brothers & Sts. Rufina & Secunda	July 10	Tryphon, Respicus, & Nympha	November 10
7 Holy Machabees	August 1	Turibius of Mongrovejo	March 23
7 Joys of the Blessed Virgin Mary	August 27	Twelve Holy Brothers	September 1
7 Sorrows of the Blessed Virgin Mary	Sept. 15	Ubaldu	May 16
Severin	January 8	Ulric	July 10
Sidonius	November 14	Urban I	May 25
Silverius	June 20	Urban V (Blessed)	December 19
Simeon	February 18	Ursula	October 21
Simon of Trent	March 24	Valentine	February 14
Simon & Jude (Apostles)	October 28	Venantius of Camerino	May 18
Simon Stock	May 16	Venantius Fortunatus	December 14
Simon of Lipnicza (Blessed)	July 15	Veronica Giuliani	July 9
Simplicius	July 29	Veronica of Binasco (Blessed)	January 13
Sixtus II & Comps.	August 7; August 6 (<i>Trad</i>)	Veronica of the Veil	July 12
Solange	May 10	Victor	July 28
Sophronius	March 11	Vincent de Paul	September 27; July 19 (<i>Trad</i>)
Soter & Caius	April 22	Vincent Ferrer	April 5
Stanislaus Kostka	November 13	Vincent of Saragossa	January 22
Stanislaus of Cracow	April 11; May 7 (<i>Trad</i>)	Visitation of the Blessed Virgin Mary to St. Elizabeth	May 31; July 2 (<i>Trad</i>)
Stephen, 1st Martyr	December 26	Vitalis & Agricola	November 4
Stephen	August 16; September 2 (<i>Trad</i>)	Vitus, Modestus, & Crescentia	June 15
Stephen I	August 2	Volusian	January 18
Stephen Harding	April 17	Walburga	February 25
Stigmata of St. Francis of Assisi	September 17	Wenceslaus	September 28
Sylvester	November 26	Wilfrid	October 12
Sylvester I	December 31	William of Bourges	January 10
Symphorosa & her 7 Sons	July 18	William of Vercelli	June 25
Tarasius	February 25	Willibald	July 7
Tarcisius	August 15	Willibrord	November 7
Telesphorus	January 5	Wolfgang	October 31
Terence	June 21	Wulfran	March 20
Teresa of Ávila	October 15	Wulstan	January 19
Teresa Benedicta of the Cross (Edith Stein)	August 9	Yves	May 19
Teresa of Calcutta	September 5	Yvo of Chartres	December 23
Thecla	September 23	Zephyrinus	August 26
Theodore	July 4	Zita	April 27
Theodore the Recruit	November 9		
Theodosius	January 11		
Theophanes the Chronicler	March 12		
Thérèse of Lisieux	Oct. 1; Oct. 3 (<i>Trad</i>)		
Thomas (Apostle)	July 3; December 21 (<i>Trad</i>)		
Thomas Aquinas	January 28; March 7 (<i>Trad</i>)		
Thomas Becket (of Canterbury)	December 29		
Thomas of Villanova	September 22		

HOLY DAYS AND HOLIDAYS 2025

Octave of Christmas (New Year's Day)

Epiphany (*New*)
Epiphany, 12th Day of Christmas (*Trad.*)
Martin Luther King, Jr. Day
Day of Prayer for the Legal Protection of Unborn Children
St. Valentine's Day
President's Day
Ash Wednesday
St. Patrick's Day
St. Joseph's Day
Annunciation
Palm Sunday
Good Friday
Easter Sunday
Divine Mercy Sunday
Mothers' Day
Memorial Day

Ascension Thursday*

Pentecost Sunday
Trinity Sunday
Fathers' Day
Corpus Christi (*Trad.*)
Most Holy Body and Blood of Christ (*New*)
Most Sacred Heart of Jesus
The Immaculate Heart of Mary (*New*)
U.S. Independence Day

Assumption of the Blessed Virgin Mary

The Immaculate Heart of Mary (*Trad.*)
Labor Day
Birth of the Blessed Virgin Mary
Columbus Day (observed)
All Hallow's Eve
All Saints**
All Souls
Thanksgiving Day

Immaculate Conception

Our Lady of Guadalupe

Christmas—Birth of Our Lord Jesus Christ

New Year's Eve

Wednesday, January 1

Sunday, January 5
Monday, January 6
Monday, January 20
Wednesday, January 22
Friday, February 14
Monday, February 17
Wednesday, March 5
Monday, March 17
Wednesday, March 19
Tuesday, March 25
Sunday, April 13
Friday, April 18
Sunday, April 20
Sunday, April 27
Sunday, May 11
Monday, May 26

Thursday, May 29

Sunday, June 8
Sunday, June 15
Sunday, June 15
Thursday, June 19
Sunday, June 22
Friday, June 27
Saturday, June 28
Friday, July 4

Friday, August 15

Friday, August 22
Monday, September 1
Monday, September 8
Monday, October 13
Friday, October 31
Saturday, November 1
Sunday, November 2
Thursday, November 27

Monday, December 8

Friday, December 12
Thursday, December 25
Wednesday, December 31

Bold type—Holy Days of Obligation (in addition to all Sundays) in the year 2025 in the United States (except in Hawaii, where Christmas and the Solemnity of the Immaculate Conception are the only designated Holy Days of Obligation).

* Observed on the following Sunday in most U.S. dioceses.

** Whenever this feast falls on a Saturday or a Monday, the precept to attend Mass is abrogated.

PATRON SAINTS

Abandoned children	Ivo of Kermartin, John Baptist de Rossi, Jerome Emiliani	Booksellers	John of God, Thomas Aquinas
Abdominal pains	Erasmus (Elmo)	Book trade	John of God
Abortion, protection against	Our Lady of Guadalupe, Catherine (Karin) of Sweden	Boys	Dominic Savio
Academies, Catholic	Thomas Aquinas	Breast-feeding	Basilissa, Giles
Accountants	Matthew	Brewers	Amand, Wenceslaus
Accused (falsely)	Dominic Savio, Raymond Nonnatus	Bricklayers	Stephen
Action, Catholic	Francis of Assisi, Paul	Brides	Nicholas of Bari
Actors	Genesius the Comedian, Vitus	Bridges	John Nepomucene
Advertisers, advertising	Bernardino of Siena	Broken bones	Stanislaus Kostka
Advocates	Ivo of Kermartin	Builders	Vincent Ferrer, Thomas
Aircrew	Blessed Virgin Mary, Our Lady of Loreto	Building trade	Stephen
Air hostesses, air stewardesses	Bona	Business people	Homobonus
Altar servers	John Berchmans	Butchers	Luke, Adrian of Nicomedia
Animals	Francis of Assisi, Nicholas of Tolentino	Cab drivers	Fiacre
Animals, domestic	Antony the Abbot	Cabinet makers	Joseph
Animals, danger from	Vitus	Cancer sufferers	Peregrine Laziosi
Apologists	Catherine of Alexandria, Justin Martyr, Thomas Aquinas	Candlemakers	Ambrose
Apoplexy	Andrew Avellino	Canon lawyers	Ivo of Kermartin, Raymond of Peñafort
Apostolate, lay	Paul	Captives	Leonard of Limoges, Dominic of Silos
Apothecaries	Cosmas & Damian	Carpenters	Joseph, Thomas
Apprentices	John Bosco	Catechists, Catechumens	Robert Bellarmine, Charles Borromeo
Archaeologists	Damasus	Cattle	Roch
Archers	Sebastian, Christina	Cattle breeders	Mark
Architects	Thomas (Apostle)	Cemetery keepers & caretakers	Joseph of Arimathea
Armies	Maurice	Chaplains, military	John of Capistrano
Arms dealers	Adrian of Nicomedia	Charitable societies	Vincent de Paul, Elizabeth of Hungary
Artillery	Barbara	Chemists (druggists)	Cosmas & Damian, James the Lesser
Artists	Luke, Blessed Fra Angelico	Child abuse victims	Germaine Cousin
Astronauts	Joseph of Cupertino	Childbirth	Margaret (Marina), Erasmus, Raymond Nonnatus, Leonard of Noblac, Gerard Majella
Asylums (for the mentally ill)	Dymphna	Childless women	Anne
Athletes	Sebastian	Childless	Henry II
Aviation	Blessed Virgin Mary, Our Lady of Loreto, Joseph of Cupertino	Children	Nicholas of Bari, Raymond Nonnatus, Philomena, Maria Goretti, Agnes Rita of Cascia, Agnes John Francis Regis
Babies	The Holy Innocents, Maximus, Nicholas of Tolentino, Philip of Zell	Children of Mary, The	
Bachelors	Gerald of Aurillac	Children, desire for	
Bakers	Nicholas of Bari, Honoratus	Children, illegitimate	
Bankers	Matthew, Bernardino of Feltre	Choirboys, choirs	Dominic Savio
Banking	Michael the Archangel	Cholera	Roch
Barbers	Cosmas & Damian, Martin de Porres	Christian people, young	Aloysius Gonzaga
Battle	Michael the Archangel	Church music	Gregory the Great
Beggars	Martin of Tours, Giles	Church, Universal	Joseph
Birds	Gall	Clergy	Gabriel of Our Lady of Sorrows
Blessed Sacrament	Peter Julian Eymard	Clergy, Diocesan	Blessed John of Avila
Blind persons	Lucy, Thomas, Odilia, Raphael the Archangel	Clergy, Parochial	John Vianney
Blood donors	Blessed Virgin Mary, Our Lady of the Thorns	Clothworkers	Homobonus
		Coffin-bearers	Joseph of Arimathea
		Coin collectors	Eligius (Elói)
		Colic	Erasmus (Elmo)
		Colleges	Thomas Aquinas

PATRON SAINTS

Comedians	Vitus	Dying, the	Thecla, Benedict (Abbot), Lebuin, James the Less, Maximus, Nicholas of Tolentino
Communications workers	Gabriel the Archangel	Earthquakes	Emygdius, Francis Borgia, Gregory the Wonderworker
Communism, opposition to	Joseph	Earaches	Polycarp
Condemned criminals	Dismas	Ecologists, ecology	Francis of Assisi
Confessors	Alphonsus Liguori, John Nepomucene	Eczema	Antony the Abbot
Construction workers	Thomas (Apostle)	Editors	John Bosco, Francis de Sales
Contagious diseases	Roch, Sebastian	Education, public	Martin de Porres
Converts	Helena	Eloquence, sacred	John Chrysostom
Convulsive children	Scholastica	Embroiderers	Clare
Councilmen	Nicholas of Flüe	Emigrants	Frances Xavier Cabrini
Counts	Bl. Charles the Good	Epilepsy	Dymphna, Vitus
Craftsmen	Eligius (Eloi)	Eucharist, the	Paschal Baylon
Craftworkers	Luke	Eye diseases	Cyriacus, Lucy, Raphael the Archangel
Cripples	Giles	Eye troubles	Harvey, Clare
Crops, protection of	Magnus of Fussen	Faculties of law	Raymond of Peñafort
Crusaders	Bl. Charles the Good, Bl. Nuno Alvarez	Falsely accused	Raymond Nonnatus, Dominic Savio
Customs officers	Matthew	Farmers	Isidore the Farmer
Dairy workers	Brigid	Farm workers	Benedict (Abbot)
Dancers	Vitus	Ferriers	John the Baptist
Deacons	Stephen	Fever	Genevieve
Death	Michael the Archangel, Margaret (Marina)	Fire (danger from)	Agatha, Nicholas of Tolentino
Death, happy	Joseph	Fire prevention	Eustace, Catherine of Siena
Death, sudden	Andrew Avellino	First Communicants	Bl. Imelda Lambertini
Death of children	Perpetua & Felicitas, Margaret of Scotland, Hedwig	Fishermen	Peter, Andrew
Degree candidates	Joseph of Cupertino	Flight attendants	Bona
Dentists	Apollonia	Flight crew	Blessed Virgin Mary, Our Lady of Loreto
Desperate or hopeless cases	Eustace, Jude, Rita of Cascia, Gregory the Wonderworker	Flood	Gregory the Wonderworker, Florian
Diabolical possession	Cyriacus, Dymphna, Paulinus	Florists & flower growers	Rose of Lima, Dorothy, Rose of Viterbo, Thérèse of Lisieux
Difficult marriages	Helena	Flying	Joseph of Cupertino, Elias the prophet
Difficult situations	Eustace	Flying, all involved in	Our Lady of Loreto
Diocesan priests	Blessed John of Avila	Foreign missions	Francis Xavier, Thérèse of Lisieux
Diplomatic services	Gabriel the Archangel	Foresters	John Gualbert
Disasters	Genevieve	Funeral directors	Joseph of Arimathea
Diseases of the eye	Raphael the Archangel, Lucy	Garage or gas station workers	Eligius (Eloi)
Disease, contagious	Roch, Sebastian	Gardeners	Adam, Fiacre, Rose of Lima
Diseases, nervous	Dymphna, Vitus	Garment workers	Homobonus
Divorced, repentant	Guntramnus	Girls (teenage)	Maria Goretti
Doctors	Luke, Cosmas & Damian, Pantaleon	Goldsmiths	Eligius (Eloi)
Dog bites	Ubald	Governors	Ferdinand III of Castile
Domestic animals	Antony the Abbot	Gravediggers	Joseph of Arimathea, Antony
Domestic workers	Zita	Greetings	Valentine
Doubters	Joseph	Guilds, Eucharistic	Paschal Baylon
Drought	Solange, Genevieve	Hemorrhage	Lucy
Drowning, death or danger from	Hyacinth, Adjutor, Florian	Handicapped	Henry II, Gerald of Aurillac
Drug addiction sufferers	Maximilian Kolbe	Hemorrhoid sufferers	Fiacre
Druggists (chemists)	Cosmas & Damian	Hail	Magnus of Fussen
Dyers	Lydia		

Hairdressers	Cosmas & Damian, Martin de Porres	Lost souls (on earth)	Anthony of Padua
Harvests	Anthony of Padua	Lovers	Valentine, Raphael the Archangel
Hatmakers	James the Less	Lung diseases	Pantaleon
Headache sufferers	Teresa of Ávila, Denis	Magistrates	Ferdinand III of Castille
Health inspectors	Raphael the Archangel	Marble workers	Four Crowned Martyrs, Clement I, Louis of France
Health service, public	Martin de Porres	Mariners	Nicholas of Tolentine
Hernia sufferers	Cathal, Conrad of Piacenza	Maritime pilots	Nicholas of Bari
Horseness	Bernardine of Siena	Marriage	John Francis Regis
Hopeless (or desperate) cases	Dominic Savio, Rita of Cascia, Jude, Gregory the Wonderworker	Marriages, unhappy	Gengulf, Hedwig
Horticulturalists	Adam, Fiacre	Medical profession	Cosmas & Damian, Luke, Pantaleon
Hospital administrators	Basil the Great	Mental illness	Dymphna
Hospitals	John of God, Vincent de Paul, Camillus	Merchants	Homobonus
Hoteliers	Gentian, Julian	Metalworkers	Eligius (Eloi)
Housewives	Anne	Midwives	Raymond Nonnatus
Hunting, huntsmen	Hubert, Eustace	Migrants	Frances Xavier Cabrini
Hydrophobia, or rabies	Hubert, Ubald	Millers	Christina, Honoratus
Ice skaters	Lydwina	Miners	Anne, Barbara
Illness (mental)	Dymphna	Miscarriages	Catherine of Sweden
Immigrants	Frances Xavier Cabrini	Missionary priests	Vincent Pallotti
Impossible cases	Rita of Cascia, Jude	Missioners in Catholic lands	Leonard of Port Maurice
Infants	Nicholas of Tolentino	Missions	Francis Xavier, Thérèse of Lisieux
Infertility	Rita of Cascia	Mixed race, people of	Martin de Porres
Innkeepers	Gentian	Moral theologians	Alphonsus de Liguori
Innocent people (falsely accused)	Dominic Savio, Raymond Nonnatus	Motherhood	Nicholas of Tolentino
Insanity	Dymphna	Mothers	Anne, Monica, Gerard Majella, Nicholas of Tolentino, Gianna Molla
Jealousy	Hedwig	Motorcyclists	Blessed Virgin Mary, The Madonna of Castalialzo, or Our Lady of Grace, and of Crete
Jewellers	Eligius (Eloi)	Motorists	Frances of Rome, Christopher
Journalists	Francis de Sales	Motorways	John the Baptist
Journeys, safe	Christopher, Joseph, Nicholas, Raphael the Archangel	Mountaineers, mountain climbers	Bernard of Menthon, Bl. Pier Giorgio Frassatti
Judges	Ivo of Kermartin	Murderers, repentant	Guntramnus
Jurists	John of Capistrano	Musicians	Gregory the Great, Cecilia
Justice, social	Martin de Porres	Native rights	Turibius of Mongrovejo
Juvenile delinquents	Dominic Savio	Naval officers	Francis of Paola
Kidney diseases	Margaret of Antioch	Navigators	Francis of Paola
Laborers	Isidore the Farmer, James	Negro missions	Peter Claver
Lame, the	Giles	Neighborhood watch	Sebastian
Large families	Matilda, Adelaide, Margaret of Scotland	Nervous diseases	Vitus, Dymphna
Law, schools or faculties	Raymond of Peñafort	Newborn babies	David
Lawyers	Raymond of Peñafort, Yves, Ivo of Kermartin, Thomas More	Notaries	Luke, Mark, Ivo of Kermartin
Lay apostolate	Paul	Nurses	Camillus de Lellis, John of God
Lay women	Emilina	Nurses' associations	Camillus de Lellis, Agatha
Learning	Catherine of Alexandria	Nurses (of mentally ill)	Dymphna
Leatherworkers	Crispin and Crispinian	Nursing mothers	Basilissa, Giles
Lecturers	Justin	Oratory (sacred)	John Chrysostom
Lepers	Giles	Orphans	Ivo of Kermartin, Jerome Emiliani
Librarians, libraries	Catherine of Alexandria, Jerome	Painters (artists)	Blessed Fra Angelico, Luke
Lightning, protection from	Vitus, Barbara, Magnus of Fussen	Pallbearers	Joseph of Arimathea
Lost articles	Anthony of Padua	Parenthood	Rita of Cascia
		Parents of large families	Matilda

PATRON SAINTS

Parish priests	John Vianney	Rain (excessive)	Genevieve
Park-keepers	John Gualbert	Retreats	Ignatius of Loyola
Pawnbrokers	Bl. Bernardine of Feltré, Nicholas of Bari	Robbers (danger from)	Leonard of Noblac
Pensioners, old age	Teresa of Ávila, Our Lady of Consolation, Teresa Jornet e Ibars	Rulers	Ferdinand III of Castile
Perfumers, perfumiers	Nicholas of Bari	Sailors	Erasmus (Elmo), Francis of Paola, Nicholas of Bari, Brendan, Vincent of Saragossa
Persons in authority	Ferdinand III of Castile	Savings banks	Anthony Mary Claret
Pets	Antony the Abbot	Scholars	Thomas Aquinas
Pharmacists	Cosmas & Damian, Raphael the Archangel	Scholars, scripture	Jerome
Pharmacists in hospitals	Gemma Galgani	School teachers	John Baptist de la Salle
Philosophers and philosophy	Justin Martyr, Catherine of Alexandria, Thomas Aquinas	Schools, Catholic	Thomas Aquinas
Physically disabled	Giles	Schools of law	Raymond of Peñafort
Physicians	Cosmas & Damian, Luke, Pantaleon, Gianna Molla	Scientists	Albert the Great
Physicians (diseases, contagious)	Roch, Sebastian	Scripture scholars	Jerome
Pilots (see also Aircrew)	Our Lady of Loreto	Scruples	Ignatius of Loyola
Pilots, maritime	Francis of Paola, Nicholas of Bari	Sculptors	Luke, Four Crowned Martyrs, Louis of France
Plague	Gregory the Great, Roch, Sebastian	Sea, those associated with	Francis of Paola
Plasterers	Bartholomew	Security forces	Michael the Archangel
Plumbers	Vincent Ferrer	Security guards	Matthew
Poison	Benedict, John, Pirminius	Seminarians	Charles Borromeo
Police (security forces)	Michael the Archangel	Senior citizens	Teresa of Jesus, Teresa Jornet e Ibars, Our Lady of Consolation
Police, local, municipal	Sebastian	Servants	Martha
Poor, the	Anthony of Padua, Lawrence, Ferdinand III of Castile	Servants, women	Zita
Possession, demonic	Cyriacus, Dymphna, Bruno, Andrew Avellino	Shepherds	Our Lady of Lapurdo, Paschal Baylon, Bernadette Crispin & Crispinian, Homobonus
Postal services	Gabriel the Archangel	Shoemakers	
Poverty	Regina	Short-sightedness	Clarus, Abbot
Preaching	John Chrysostom	Shorthand writers	Cassian of Imola
Pregnant women	Raymond Nonnatus, Margaret, Gerard Majella	Sick, the	John of God, Camillus, Michael the Archangel
Press	Edmund Campion	Single women	Bibiana
Press, Catholic	Francis de Sales	Sinners, repentant	Mary Magdalen
Priests devoted to missions	Leonard of Port Maurice	Skiers	Our Lady of Grace
Printers	Maximilian Kolbe	Skin diseases	Antony the Abbot, George
Prison guards, officers	Hippolytus, Processus & Martinian, Adrian of Nicomedia	Slander	John Nepomucene
Prisoners	Leonard of Noblac, Vincent de Paul, Roch, Ferdinand III of Castile	Sleepwalkers	Dymphna
Prisoners, political	Maximilian Kolbe	Snakebite	Hilary, Vitus
Procrastination	Expeditus	Social justice	Martin de Porres
Public relations	Bernardine of Siena	Social workers	John Francis Regis, Louise de Marillac
Publishers	Maximilian Kolbe	Soldiers	Martin of Tours, Joan of Arc, Maurice, Sebastian
Rabies	Hubert, Ubald	Soldiers, American Catholic	Our Lady of the Immaculate Conception
Radio	Gabriel the Archangel	Souls in purgatory	Nicholas of Tolentino
Radiologists, radiotherapists	Michael the Archangel	Spiritual directors of clergy	Joseph Cafasso
		Spiritual exercises	Ignatius of Loyola
		Stamp collectors	Gabriel the Archangel
		Stenographers	Cassian of Imola
		Stomach disorders	Timothy
		Stomach pains	Erasmus (Elmo)
		Stonemasons	Four Crowned Martyrs, Louis of France, Stephen

Storms (protection against)	Vitus	Women in labor	Erasmus (Elmo)
Students	Gabriel Possenti, Thomas Aquinas	Workers	Joseph
Students (examinees)	Joseph of Cupertino	Workers (young)	John Bosco
Students (women)	Catherine of Alexandria	Writers	Francis de Sales
Students (young)	John Berchmans, Maria Goretti, Stanislaus Kostka	Youth	Stanislaus Kostka, John Bosco, Raphael the Archangel
Students in Jesuit colleges	Aloysius Gonzaga	Young people, Catholic	Aloysius Gonzaga
Surgeons	Cosmas & Damian, Roch		
Surveyors	Thomas		
Swimmers	Adjutor (Ayoutre)		
Tailors	Homobonus		
Tax collectors	Matthew		
Taxi drivers	Fiacre		
Teachers	John Baptist de la Salle, Gregory the Great		
Teenagers (esp. girls)	Maria Goretti		
Telecommunications	Gabriel the Archangel		
Television	Clare, Gabriel the Archangel		
Terminal illness	Peregrine		
Tertiaries	Louis of France		
Theatrical profession	Genesius the Comedian		
Theologians	Thomas Aquinas, Augustine, Alphonsus Liguori		
Theologians, moral	Alphonsus Liguori		
Thieves, repentant	Dismas		
Thieves, danger from	Leonard of Noblac		
Throat infections, ailments	Blaise, Lucy		
Toothache	Apollonia		
Tradespeople	Homobonus		
Travellers	Christopher, Joseph, Julian, Nicholas of Bari, Raphael the Archangel		
Undertakers	Joseph of Arimathea, Dismas		
Universities, Catholic	Thomas Aquinas		
Unborn Children	Gianna Molla		
Unmarried women	Nicholas of Bari		
Urgent cases	Expeditus		
Venereal disease sufferers	Fiacre		
Vermin, protection from	Magnus of Fussen		
Veterans	Martin of Tours		
Veterinarians	Eligius (Eloi)		
Victims of torture or betrayal	Epipodius, Alexander, Pelagius		
Volcanic eruptions	Agatha		
Waiters, waitresses	Martha		
War victims, civilian	Blessed Virgin Mary, Queen of Peace		
Water, danger from	Florian		
Weavers	Onuphrius		
Widows	Frances of Rome, Felicitas & Perpetua		
Wine merchants & wine trade	Amand		
Winegrowers	Vincent of Saragossa, Martin of Tours		
Women (young) & students	Catherine of Alexandria		

THE 36 DOCTORS OF THE CHURCH

St. Athanasius	297-373	May 2
St. Ephrem	306-373	June 9; June 18 (<i>Trad.</i>)
St. Cyril of Jerusalem	315-386	March 18
St. Hilary of Poitiers	315-368	January 13; January 14 (<i>Trad.</i>)
St. Gregory Nazianzen	329-389	January 2; May 9 (<i>Trad.</i>)
St. Basil	329-379	January 2; June 14 (<i>Trad.</i>)
St. Ambrose	340-397	December 7
St. Jerome	342-420	September 30
St. John Chrysostom	347-407	September 13; Jan. 27 (<i>Trad.</i>)
St. Augustine	354-430	August 28
St. Cyril of Alexandria	376-444	June 27; February 9 (<i>Trad.</i>)
St. Leo the Great	400-461	November 10; April 11 (<i>Trad.</i>)
St. Peter Chrysologus	406-450	July 30; December 4 (<i>Trad.</i>)
St. Gregory the Great	540-604	September 3; March 12 (<i>Trad.</i>)
St. Isidore of Seville	560-636	April 4
St. Bede	673-735	May 25; May 27 (<i>Trad.</i>)
St. John Damascene	676-749	December 4; March 27 (<i>Trad.</i>)
St. Gregory of Narek	951-1003	February 27
St. Peter Damian	1007-1072	Feb. 21; Feb. 23 (<i>Trad.</i>)
St. Anselm	1033-1109	April 21
St. Bernard of Clairvaux	1090-1153	August 20
St. Hildegard of Bingen	1098-1179	September 17
St. Anthony of Padua	1195-1231	June 13
St. Albert the Great	1206-1280	November 15
St. Bonaventure	1221-1274	July 15; July 14 (<i>Trad.</i>)
St. Thomas Aquinas	1225-1274	January 28; March 7 (<i>Trad.</i>)
St. Catherine of Siena	1347-1380	April 29; April 30 (<i>Trad.</i>)
St. John of Ávila	1500-1569	May 10
St. Teresa of Ávila	1515-1582	October 15
St. Peter Canisius	1521-1597	December 21; April 27 (<i>Trad.</i>)
St. Robert Bellarmine	1542-1621	September 17; May 13 (<i>Trad.</i>)
St. John of the Cross	1542-1591	Dec. 14; Nov. 24 (<i>Trad.</i>)
St. Lawrence of Brindisi	1559-1619	July 21
St. Francis de Sales	1567-1622	January 24; January 29 (<i>Trad.</i>)
St. Alphonsus Liguori	1696-1787	August 1; August 2 (<i>Trad.</i>)
St. Thérèse of Lisieux	1873-1897	October 1; October 3 (<i>Trad.</i>)

THE 14 HOLY HELPERS

St. Achatius (Acacius) , Patron against headaches.	May 8
St. Aegidius (Giles) , Patron of cripples.	September 1
St. Barbara , Protectress against lightning.	December 4
St. Blaise , Patron against diseases of the throat.	February 3
St. Catherine , Patroness of philosophers and invoked in lawsuits.	November 25
St. Christopher , Patron of travelers.	July 25
St. Cyriacus , Patron against eye diseases.	August 8
St. Denis (Dionysius) , Patron against demons and headaches.	October 9
St. Erasmus (Elmo) , Patron against diseases of the stomach.	June 2
St. Eustace , Patron of hunters and against fire, temporal or eternal.	September 20
St. George , Patron against diseases of the skin.	April 23
St. Margaret of Antioch , Patroness against kidney diseases.	July 20
St. Pantaleon , Patron against lung diseases.	July 27
St. Vitus (Guy) , Patron against nervous diseases, epilepsy, & paralysis.	June 15

SATURDAYS OF OUR LADY

Saturdays are especially dedicated to the Blessed Virgin Mary in both the New and the Traditional liturgical calendars. This tradition honors Our Lady for her steadfast faith on the first Holy Saturday, when the faith of the Apostles had been shaken by Our Lord's crucifixion.

INCLUSION OF SAINTS

In keeping with its purpose as an aid to devotion rather than an official liturgical Ordo, this daily planner includes even those saints who are not commemorated in the liturgy (whether *Novus Ordo* or Traditional) in the current year. Such saints are principally those whose days fall in Lent or on Sunday.

A COLLECTION OF CATHOLIC PRAYERS

Familiar Prayers

The Sign of the Cross

This most fundamental prayer is used to begin and end one's prayers and to ward off the attacks of the devil. It is especially powerful when used with Holy Water.

IN THE NAME of the Father, and of the Son, and of the Holy Spirit. Amen.

Our Father

OUR FATHER, WHO art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

HAIL MARY, FULL of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

GLORY BE TO the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Apostles' Creed

I BELIEVE IN God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the Resurrection of the Body, and life everlasting. Amen.

The Act of Faith

O MY GOD, I firmly believe that Thou art one God in Three Divine Persons: the Father, the Son and the Holy Spirit. I believe that Thy Divine Son became man, and died for our sins, and that He shall come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, Who canst neither deceive nor be deceived.

The Act of Hope

O MY GOD, relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

The Act of Charity

O MY GOD, I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

The Act of Contrition

It is good to begin our prayers by purifying our souls with an act of contrition.

O MY GOD, I am heartily sorry for having offended Thee, and I detest all my sins because I dread the loss of Heaven and the pains of Hell; but most of all, because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen.

The Confiteor

I CONFESS TO Almighty God, to Blessed Mary ever virgin, to Blessed Michael the Archangel, to Blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to thee, Father, that I have sinned exceedingly, in thought, word and deed; through my fault, through my fault, through my most grievous fault. Therefore I beseech Blessed Mary ever virgin, Blessed Michael the Archangel, Blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and thee, Father, to pray to the Lord our God for me.

The Hail, Holy Queen

Salve Regina

HAIL, HOLY QUEEN, Mother of mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, Most Gracious Advocate, thine eyes of mercy toward us. And after this our exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

The Memorare

Famous Prayer of St. Bernard of Clairvaux

REMEMBER, O MOST gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession was left unaided.

A COLLECTION OF CATHOLIC PRAYERS

(CONTINUED)

Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Prayer After the Rosary

O GOD, WHOSE only-begotten Son, by His life, death and Resurrection, has purchased for us the rewards of eternal salvation, grant, we beseech Thee, that meditating upon these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise. Through the same Christ Our Lord. Amen.

Prayer to St. Michael the Archangel

ST. MICHAEL THE Archangel, defend us in the battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly host, by the power of God, cast into Hell Satan and all the other evil spirits who wander through the world seeking the ruin of souls. Amen.

Most Sacred Heart of Jesus

Most Sacred Heart of Jesus,

Have mercy on us.

Most Sacred Heart of Jesus,

Have mercy on us.

Most Sacred Heart of Jesus,

Have mercy on us.

Veni, Creator Spiritus

V. Come, Holy Spirit, fill the hearts of Thy faithful;

R. *And kindle in them the fire of Thy love.*

V. Send forth Thy Spirit, and they shall be created;

R. *And Thou shalt renew the face of the earth.*

Let Us Pray

O GOD, WHO hast instructed the hearts of the Faithful by the light of the Holy Spirit, grant we beseech Thee, that by the gift of the same Spirit we may be always truly wise and ever rejoice in His consolation, through Christ Our Lord. Amen.

Morning Offering

Of the Apostleship of Prayer

O JESUS, THROUGH the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings of this day for all the intentions of Thy Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for all my sins,

for the intentions of all our associates, and in particular for the special intentions of our Holy Father for this month. Amen.

Guardian Angel Prayer

ANGEL OF GOD, my guardian dear, To whom God's love commits me here, Ever this day (night), be at my side, To light and guard, to rule and guide. Amen.

Fatima Morning Offering

Based on Our Lady of Fatima's requests

O JESUS, THROUGH the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings and all that this day may bring: for the love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Sacred Heart of Jesus and the Immaculate Heart of Mary. Amen.

Grace Before Meals

BLESS US, O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ Our Lord. Amen.

Grace After Meals

WE GIVE THEE thanks, Almighty God, for these and all Thy benefits, Who livest and reignest forever. Amen.

Prayer for Eternal Rest

A common practice is to include a prayer for eternal rest after saying grace.

ETERNAL REST GRANT unto them, O Lord, and let perpetual light shine upon them. May the souls of all the Faithful departed, through the mercy of God, rest in peace. Amen.

The Angelus

The Angelus is traditionally prayed standing, in the morning (6:00 a.m.), at noon and in the evening (6:00 p.m.) throughout the year, except during Paschal Time (Easter Sunday through the Saturday after Pentecost), when the Regina Coeli is prayed instead.

V. The Angel of the Lord declared unto Mary.

R. *And she conceived of the Holy Spirit.*

Hail Mary . . .

V. Behold the handmaid of the Lord.

R. *Be it done unto me according to thy word.*

Hail Mary . . .

V. And the Word was made Flesh. (*Genuflect.*)

A COLLECTION OF CATHOLIC PRAYERS

(CONTINUED)

R. *And dwell among us. (Arise.)*

Hail Mary . . .

V. Pray for us, O holy Mother of God.

R. *That we may be made worthy of the promises of Christ.*

Let Us Pray

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

The Regina Coeli

This prayer is traditionally prayed standing, in the morning (6:00 a.m.), at noon and in the evening (6:00 p.m.), during Paschal Time (from Easter through the evening of the Saturday after Pentecost) instead of The Angelus.

V. Queen of Heaven, rejoice. Alleluia.

R. *For He whom thou wast worthy to bear. Alleluia.*

V. Has risen as He said. Alleluia.

R. *Pray for us to God. Alleluia.*

V. Rejoice and be glad, O Virgin Mary. Alleluia.

R. *For the Lord is truly risen. Alleluia.*

Let Us Pray

O God, Who by the Resurrection of Thy Son, Our Lord Jesus Christ, hast been pleased to give joy to the whole world, grant, we beseech Thee, that through the intercession of the Blessed Virgin Mary, His Mother, we may attain the joys of eternal life. Through the same Christ Our Lord. Amen.

Three O'Clock Hour of Great Mercy Prayer

You expired, Jesus, but the source of life gushed forth for souls,
and the ocean of mercy opened up for the whole world.

O Fountain of Life, unfathomable Divine Mercy,
envelop the whole world and empty Yourself out upon us.
O Blood and Water which gushed forth from the Heart of Jesus
as a fountain of mercy for us, I trust in You.

O Sacrament Most Holy

O Sacrament most holy,

O Sacrament divine!

All praise and all thanksgiving

Be every moment Thine!

Aspiration to the Holy Family

JESUS, MARY AND Joseph, I give Thee my heart and my soul.

Jesus, Mary and Joseph, assist me in my last agony.

Jesus, Mary and Joseph, may I breathe forth my soul in peace with Thee.

Morning Prayers

An Act of Faith in the Presence of God

O MY GOD, I firmly believe that Thou art here present and dost plainly see me, that Thou dost observe all my actions, all my thoughts, and the most secret movements of my heart. I acknowledge that I am not worthy to come into Thy presence, nor to lift up my eyes to Thee, because I have so often sinned against Thee. But Thy goodness and mercy invite me to come to Thee; help me, I implore Thee, with Thy holy grace, and teach me to pray to Thee as I ought.

An Act of Adoration and Thanksgiving

O ETERNAL GOD, Father, Son and Holy Spirit, the beginning and end of all things, in Whom we live and move and have our being, prostrate before Thee in body and soul, I adore Thee with the most profound humility. I bless Thee and give Thee thanks for all the benefits Thou hast conferred upon me, especially that Thou hast created me out of nothing, made me after Thine own image and likeness, redeemed me with the Precious Blood of Thy Son, and sanctified me with Thy Holy Spirit. I thank Thee that Thou hast called me into Thy Church, helped me by Thy grace, admitted me to Thy Sacraments, watched over me by Thy special Providence, blessed me, notwithstanding my sins and unworthiness, with Thy continuing and gracious protection, and for all the innumerable blessings which I owe to Thine undeserved bounty. I thank Thee especially for having preserved me during the past night and for bringing me in safety to the beginning of another day. What return can I make to Thee, my God, for all that Thou hast done for me? I will bless Thy Holy Name and serve Thee all the days of my life. Bless the Lord, my soul, and let all that is within me praise His Holy Name.

An Act of Faith

O MY GOD, I firmly believe in all that Thy Holy, Catholic and Apostolic Church approves and teaches, since it is Thou, the Infallible Truth, Who hast revealed it to Thy Church.

An Act of Hope

O MY GOD, with a firm confidence I hope in Thee, that Thou wilt grant me, through the merits of Jesus Christ, the assistance of Thy grace, and that after my keeping Thy commandments, Thou wilt bestow on me life everlasting, according to Thy promises, Thou Who art almighty and Whose word is truth!

An Act of Charity

O MY GOD, I love Thee with my whole heart, with my whole soul, with all my strength, and above all things, because Thou art infinitely good and infinitely lovable. Also, for love of Thee do I love my neighbor as myself.

An Act of Contrition, With Good Resolutions

Here call to mind the chief sins of your past life and make resolutions against the temptations and dangerous occasions you may meet with this day.

O MY GOD, how little have I served Thee in time past! How greatly have I sinned against Thee! I acknowledge my iniquity, and my sin is always before me. But I repent, O Lord, I repent. I am heartily sorry that I have spent that time in offending Thee which Thou hast given to me to be employed in Thy service, in advancing the good of my own soul and obtaining everlasting life. I am sorry above all things that I have offended Thee, because Thou art infinitely good and sin is infinitely displeasing to Thee. I desire to love Thee with my whole heart, and I firmly purpose, by the help of Thy grace, to serve Thee more faithfully in the time to come.

Accept, I implore Thee, the offering I now make to Thee of the remainder of my life. I renew the vows and promises made in my Baptism. I renounce the devil and all his works, the world and all its pomps. I now begin and will endeavor to spend this day according to Thy holy Will, performing all my actions in a manner pleasing to Thee. I will take particular care to avoid the failings I am so apt to commit and to exercise the virtues most agreeable to my state and employment.

To Our Guardian Angel

O ANGEL OF God, who art appointed by divine mercy to be my guardian, enlighten and protect, direct and govern me this day. Amen.

A Morning Offering of Self

O MY JESUS, here is my tongue, that Thou mayest watch over it, that it may not utter more than pleases Thee, and that my silence may speak to Thee. Here are my ears, that they may listen only to the voice of duty and to Thy Voice, O Jesus! Here are my eyes, that they may not cease to behold Thee in every face and in every work. Here are my hands and my feet, that Thou mayest make them agile, that they may be riveted to Thy service alone and to the execution of Thy desires. Here are my thoughts, that Thy Light may possess them. Here is my heart, that Thy Love, O Jesus, may reign and rest in it!

Evening Prayers

A Short Form of Vespers

The official evening prayer of the Church, and the best of all, is Vespers. Here follows, however, an alternative form of evening prayers.

IN THE NAME of the †Father, and of the Son, and of the Holy Spirit. Amen.

Blessed be the holy and undivided Trinity, now and for ever. Amen.

Our Father, Hail Mary, Glory Be, Apostles' Creed.

V. Come, Holy Spirit, fill the hearts of Thy faithful,

R. *And kindle in them the fire of Thy love.*

V. Send forth Thy Spirit, and they shall be created,

R. *And Thou shalt renew the face of the earth.*

Let Us Pray

O God, Who hast instructed the hearts of the Faithful by the light of the Holy Spirit, grant us, we beseech Thee, that by the gift of the same Spirit we may always be truly wise and ever rejoice in His consolation, through Jesus Christ Our Lord. Amen.

Place yourself in the presence of God and give Him thanks for all the benefits which you have received from Him, particularly this day.

O My God, I firmly believe that Thou art here present and dost plainly see me, and that Thou dost observe all my actions, all my thoughts and the most secret motions of my heart. Thou dost watch over me with an incomparable love, every moment bestowing favors and preserving me from evil. Blessed be Thy Holy Name, and may all creatures bless Thy goodness for the benefits which I have ever received from Thee, and particularly this day. May the Saints and Angels supply my defect in rendering Thee due thanks. Never permit me to be so base and wicked as to repay Thy goodness with ingratitude and Thy blessings with offenses and injuries.

You should here ask of Our Lord Jesus Christ for the grace to discover the sins which you have committed this day and beg of Him a true sorrow for them and sincere repentance.

O My Lord Jesus Christ, Judge of the living and the dead, before Whom I must appear one day to give an exact account of my whole life, enlighten me, I implore Thee, and give me a humble and contrite heart, that I may see wherein I have offended Thine infinite Majesty, and judge myself now with such a just severity, that then Thou mayest judge me with mercy and clemency.

You should endeavor, as far as possible, to put yourself in the disposition in which you desire to be found at the hour of death.

O My God, I accept death as a homage and an adoration which I owe to Thy divine Majesty and as a punishment justly due to my sins, in union with the death of my Dear Redeemer and as the only means of coming to Thee, my beginning and Last End.

I firmly believe all the sacred truths which the Holy Catholic and Apostolic Church believes and teaches, because Thou hast revealed them. And by the assistance of Thy

A COLLECTION OF CATHOLIC PRAYERS

(CONTINUED)

holy grace, I am resolved to live and to die in communion with this, Thy Church. Relying upon Thy goodness, power and promises, I hope to obtain pardon of my sins and life everlasting, through the merits of Thy Son Jesus Christ, my only Redeemer, and by the intercession of His Blessed Mother and all the Saints.

I love Thee with all my heart and soul, and I desire to love Thee as the blessed do in Heaven. I adore all the designs of Thy Divine Providence, resigning myself entirely to Thy holy Will. I also love my neighbor for Thy sake, as I love myself.

I sincerely forgive all who have injured me, and ask pardon of all whom I have injured.

I renounce the devil, and all his works; the world, and all its pomps; the flesh, and all its temptations.

I desire to be dissolved and to be with Christ.

Father, into Thy hands I commend my spirit.

Jesus, Mary, and Joseph, I give thee my heart and my soul.

Jesus, Mary, and Joseph, assist me in my last agony.

Jesus, Mary, and Joseph, may I breathe forth my soul in peace with thee. Amen.

Lord Jesus, receive my soul.

May the Blessed Virgin Mary, St. Joseph and all the Saints pray for us to Our Lord, that we may be preserved this night from sin and all evils. Amen.

O Blessed St. Michael, defend us in the day of battle, that we may not be lost at the dreadful Judgment. Amen.

O Angel of God, who art appointed by divine mercy to be my guardian, enlighten and protect, direct and govern me this night. Amen.

May Almighty God have mercy on us, forgive us our sins and bring us to life everlasting. Amen.

May the Almighty and Merciful Lord grant us †pardon, absolution and remission of all our sins. Amen.

Anima Christi

Soul of Christ, sanctify me;

Body of Christ, save me;

Blood of Christ, inebriate me;

Water from the side of Christ, wash me.

Passion of Christ, strengthen me;

O good Jesus, hear me;

Within Thy wounds hide me;

Suffer me not to be separated from Thee.

From the malignant enemy defend me;

In the hour of my death, call me,

And bid me come to Thee,

That, with Thy Saints, I may praise Thee

Forever and ever. Amen.

The Divine Praises

Traditionally recited publicly at the end of Benediction of the Blessed Sacrament, just before the Host is returned to the tabernacle. It may be recited privately at any time as an act of praise and thanksgiving.

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God, in His Angels and in His Saints.

Prayer Before a Crucifix

BEHOLD, O KIND and most sweet Jesus, before Thy face I humbly kneel, and with the most fervent desire of my soul, I pray and beseech Thee to impress upon my heart lively sentiments of faith, hope and charity, true contrition for my sins and a firm purpose of amendment, while with deep affection and grief of soul, I ponder within myself, mentally contemplating Thy five most precious wounds, having before my eyes the words which David the Prophet spoke concerning Thee: "They have pierced my hands and my feet; they have numbered all my bones." (Psalm 21:17-18).

Night Prayer for Daily Neglects

ETERNAL Father, I offer Thee the Sacred Heart of Jesus, with all its love, all its sufferings and all its merits . . .

To expiate all the sins I have committed this day and during all my life.

Glory Be . . .

Eternal Father . . . *(Repeat the beginning prayer.)*

To purify the good I have done badly this day and during all my life.

Glory Be . . .

Eternal Father . . . *(Repeat the beginning prayer.)*

To supply for the good I ought to have done and that I have neglected this day and during all my life.

Glory Be . . .

Prayer to St. Joseph for a Happy Death

O GLORIOUS ST. JOSEPH, behold I choose thee today for my special patron in life and at the hour of my death. Preserve and increase in me the spirit of prayer and fervor in the service of God. Remove far from me every kind of sin, and obtain for me that my death may not come upon me unawares, but that I may have time to confess my sins sacramentally and to bewail them with a most perfect understanding and a most sincere contrition, in order that I may breathe forth my soul into the hands of Jesus and Mary. Amen.

Acceptance of Death

O LORD GOD, I look ahead to the end of my life, and with true contrition for having offended Thee, I accept in advance, from Thy loving hands, whatever death it will please Thee to send me. I accept this death with all its pains, anguish and suffering, in reparation for my sins and for love of Thee. I rely on Thine all-powerful grace to see me through my last hours, moment by moment, and to bring me home to a happy eternity with Thee forever. Through Jesus Christ Our Lord. Amen.

O Mary, Mother of departing souls, pray for us.

St. Joseph, Patron of a Happy Death, pray for us.

ABBREVIATIONS USED IN THIS CALENDAR

Abbot, Abbess	Ab.
Apostle	Ap.
Archangel	Arch.
Archbishop	Archb.
Bishop	B.
Companion	Comp.
Confessor	C.
Deacon	Dcn.
Doctor of the Church	D.
Founder, Foundress	F.
Martyr	M.
Patron, Patroness	Pt.
Pope	P.
Priest	Pr.
Religious	R.
Virgin	V.
Widow	W.

(Plural is indicated by an “s” added to the abbreviation.)

Note: Many of the dates given for the years of death of saints of the early centuries are considered uncertain, but we have, for the most part, avoided the use of the symbol *c.* (*circa*, around) so as not to encumber this calendar with additional detail.

JANUARY 2025

Month of the Holy Name

Notes	Sunday	Monday	Tuesday
	29	30	31
	<p><i>“The devil strains every nerve to secure the souls which belong to Christ. We should not grudge our toil in wresting them from Satan, and giving them back to God.”</i></p> <p style="text-align: right;">—St. Sebastian (d. 288)</p>		
	5 Epiphany of the Lord	6	7
	12	13	14
<p>December 2024 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</p> <p>February 2025 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28</p>	19	20 Martin Luther King Jr. Day	21
	26	27	28

<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1 Solemnity of Mary, Mother of God New Year's Day	2	3  First Friday	4 First Saturday
8	9	10 	11
15	16	17 	18
22	23	24 	25
29	30	31 	1

*“LITTLE CHRISTMAS”**JANUARY 6 (Trad.)***Feast of the Epiphany (c. 1 A.D.)**

Epiphany is the feast commemorating the day the Three Wise Men sought out Our Lord and brought Him gifts shortly after His birth. In Greek, the word “epiphany” means appearance or manifestation, and this feast is particularly important for Gentiles, whose forerunners the Three Wise Men are, and who, through the Three Wise Men, were called to believe in and worship the true God. Having seen the bright star in the east, a sign of the Saviour’s birth, the three journeyed to Jerusalem and asked King Herod where the newborn King was. Herod asked the chief priests and scribes where Christ would be born, who answered that Bethlehem was the place of the Saviour’s birth foretold by the prophet Micheas. Soon after leaving Jerusalem, the Three Wise Men were again led by the star, which led them to the Holy Family. They prostrated themselves and worshiped the Infant Jesus, presenting Him with gifts of gold, acknowledging Him to be a King; frankincense, acknowledging Him to be God; and myrrh, in testimony that Our Lord would die for the redemption of man.

JANUARY

5

SUNDAY

Month of
The Holy Name

Epiphany of the Lord (New)
The Most Holy Name of Jesus (Trad.)



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JANUARY

6

MONDAY

JMJ

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St. André Bessette (1937), R. (*New*)

Epiphany of the Lord (*Trad.*)

Sts. Caspar, Balthasar, & Melchior (1st C.), the Three Wise Men (*Hist.*)

St. Raphaela Mary (1925), V., R., F. (*Hist.*)

JANUARY

7

TUESDAY

Month of
The Holy Name



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St. Raymond of Peñafort (Penyafort) (1275), Pr., R., Pt. of canon lawyers (*New*)

St. Lucian of Antioch (312), Pr., M. (*Hist.*)



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JANUARY

9

THURSDAY

Month of
The Holy Name

JMJ

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St. Adrian of Canterbury (710), Ab. (Hist.)
Sts. Julian & Basilissa (304), husband and wife, Ms. (Hist.)



JANUARY 10

FRIDAY

J M J

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St. William of Bourges (1209), B. (*Hist.*)
St. Nicanor (76), Dcn. (*Hist.*)
St. John Camillus Bonus, "the Good" (660), B. (*Hist.*)

JANUARY

11

SATURDAY

Month of
The Holy Name

JMJ

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St. Hyginus (142), P., M. (*Trad.*)

St. Paulinus (804), B., Patriarch of Aquileia (*Hist.*)

St. Theodosius (529), Ab. (*Hist.*)

2-YEAR CALENDAR

2024

JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
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FEBRUARY

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MARCH

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30	31					

APRIL

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MAY

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JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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2025

JANUARY

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FEBRUARY

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MARCH

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APRIL

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MAY

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JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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23	24	25	26	27	28	29
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DECEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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- <http://www.vatican.va>

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In case of emergency, please call a priest.

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City _____

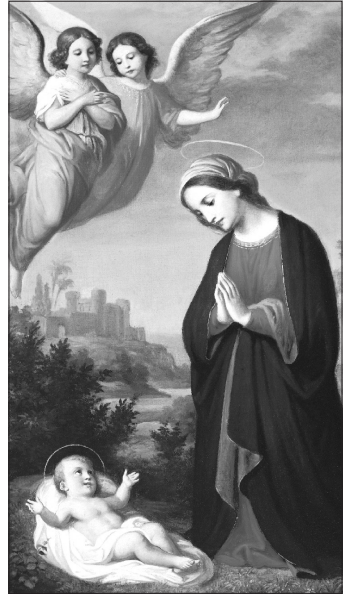
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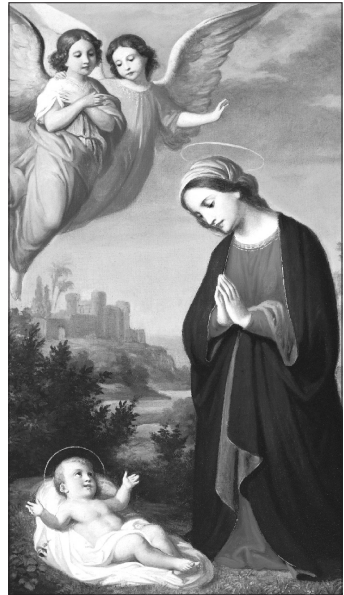
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Birth Date _____

Medical Information:

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2025

January 2025	February 2025	March 2025	April 2025
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
May 2025	June 2025	July 2025	August 2025
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
September 2025	October 2025	November 2025	December 2025
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Holy Days of Obligation in 2025, in addition to all Sundays.

Days of obligatory fast and abstinence.

Days of obligatory abstinence from meat.

Days of obligatory abstinence from meat or other penance.

* Observed on the following Sunday in most U.S. dioceses.

2025			
January 2025	February 2025	March 2025	April 2025
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
May 2025	June 2025	July 2025	August 2025
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September 2025	October 2025	November 2025	December 2025
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