

Manual of Prayers
for the Laity

Manual of Prayers for the Laity

PREPARED AND ENJOINED BY
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Calendar

FEASTS CELEBRATED IN THE UNITED STATES

(✠: Marks Holydays of Obligation & Solemnities)

ABBREVIATIONS EXPLAINED

Abb. signifies *Abbot*; Ap., *Apostle* or *Apostles*; B., *Bishop*; C., *Confessor*; Dc., *Deacon*; D., *Doctor*; K., *King*; M., *Martyr* or *Martyrs*; P., *Pope*; Pr., *Priest*; Q., *Queen*; R., *Religious*; V., *Virgin*; W., *Widow*.

“Of the Season” means there is no designated or Church-promoted optional feast for the day; the Mass to say for the day is up to the celebrant’s discretion.

New Calendar: Unless indicated otherwise, a saint’s feast day is classified as a “Memorial.” Where put down, “Opt.” signifies “Optional Memorial.”

Old Calendar: Unless indicated otherwise, the liturgical day is a feast. “comm.” signifies “Commemoration.”

MOVABLE FEASTS NOT INCLUDED IN THE FOLLOWING OLD CALENDAR

Sunday between Circumcision and Epiphany—**HOLY NAME OF JESUS**

Sunday during the Octave of the Epiphany—**THE HOLY FAMILY**

Friday after Passion Sunday—**SEVEN SORROWS OF THE B. V. M.**

Monday after Pentecost—**BLESSED VIRGIN MARY, MOTHER OF THE
CHURCH**

First Sunday after Pentecost—**THE MOST HOLY TRINITY**

Thursday after Trinity Sunday—**CORPUS CHRISTI**

Friday after Octave of Corpus Christi—**SACRED HEART OF JESUS**

Saturday after the Second Sunday after Pentecost—**THE IMMACULATE
HEART OF THE BLESSED VIRGIN MARY**

January: Dedicated to the Holy Name of Jesus
31 days

New Calendar

1. ✠ SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD
2. Saints Basil the Great and Gregory Nazianzen, B.D.
3. The Most Holy Name of Jesus (opt.)
4. Saint Elizabeth Ann Seton, R. (USA)
5. Saint John Neumann, B. (USA)
6. a) ✠ THE EPIPHANY OF THE LORD – SOLEMNITY^{*}
b) Saint Andre Bessette, R. (USA) (opt.)
Sunday after 6 January: The Baptism of the Lord – feast
7. Saint Raymond of Penyafort, Pr. (opt.)
8. Of the Season
9. Of the Season
10. Of the Season
11. Of the Season
12. Of the Season
13. Saint Hilary, B.D. (opt.)
14. Of the Season
15. Of the Season
16. Of the Season
17. Saint Anthony, Abb.
18. Of the Season
19. Of the Season
20. Saint Fabian I, P.M. (opt.)
20. Saint Sebastian, M. (opt.)
21. Saint Agnes, V.M.
22. Day of Prayer for the Legal Protection of Unborn Children (USA)
23. Saint Vincent, Dc.M. (USA)
Saint Marianne Cope, V. (USA)
24. Saint Francis de Sales, B.D.
25. The Conversion of Saint Paul the Apostle – feast
26. Saints Timothy and Titus, B.
27. Saint Angela Merici, V. (opt.)
28. Saint Thomas Aquinas, Pr.D.
29. Of the Season
30. Of the Season
31. Saint John Bosco, Pr.

* Transferred to the Sunday between January 2 and 8 in some places.



January: Dedicated to the Holy Name of Jesus
31 days

Old Calendar

1. ✠ CIRCUMCISION OF OUR LORD.
2. The Most Holy Name of Jesus
3. Of the Season
4. Of the Season
5. Saint Telesphorus, P.M. (comm.)
6. ✠ EPIPHANY OF OUR LORD
 Sunday after the Epiphany: Feast of the Holy Family
7. Of the Season
8. Of the Season
9. Of the Season
10. Of the Season
11. Saint Hyginus, P.M. (comm.)
12. Of the Season
13. Baptism of the Lord
14. Saint Hilary, B.C.D. Saint Felix, Pr. M. (comm.)
15. Saint Paul, the First Hermit, C.
 Saint Maurus, Abb. (comm.)
16. Saint Marcellus I, P.M.
17. Saint Anthony, Abb.
18. Saint Prisca, V.M.
19. Saints Marius and his Companions, M. (comm.)
 Saint Canute, K. (comm.)
20. Saints Fabian and Sebastian, M.
21. Saint Agnes, V.M.
22. Saints Vincent and Anastasius, M.
23. Saint Raymond of Pennafort, C.
 Saint Emerentiana, V.M. (comm.)
24. Saint Timothy, B.M.
25. Conversion of Saint Paul, Ap. (Comm. of Saint Peter)
26. Saint Polycarp, B.M.
27. Saint John Chrysostom, B.C.D.
28. Saint Peter Nolasco, C. Saint Agnes, V.M. (comm.)
29. Saint Francis de Sales, B.C.D.
30. Saint Martina, V.M.
31. Saint John Bosco, C.



February: Dedicated to the Holy Family
28 or 29 days

New Calendar

1. Of the Season
2. The Presentation of the Lord – feast
3. a) Saint Blaise, B.M. (opt.)
b) Saint Ansgar, B. (opt.)
4. Of the Season
5. Saint Agatha, V.M.
6. Saints Paul Miki and Companions, Martyrs

7. Of the Season
8. a) Saint Jerome Emiliani (opt.)
b) Saint Josephine Bakhita, V. (opt.)
9. Of the Season

10. Saint Scholastica, V. – memorial
11. Our Lady of Lourdes (opt.)
12. Of the Season
13. Of the Season
14. Saints Cyril, R., and Methodius, B.
15. Of the Season
16. Of the Season
17. The Seven Holy Founders of the Servite Order (opt.)
18. Of the Season
19. Of the Season
20. Of the Season
21. Saint Peter Damian, B.D. (opt.)
22. The Chair of Saint Peter the Apostle – feast

23. Saint Polycarp, B.M.
24. Of the Season
25. Of the Season
26. Of the Season
27. Saint Gregory of Narek, Abb.D. (opt.)
28. Of the Season
29. Of the Season



February: Dedicated to the Holy Family
28 or 29 days

Old Calendar

1. Saint Ignatius, B.M.
2. Purification of the B. V. M.
3. Saint Blase, B.M.

4. Saint Andrew Corsini, B.C.
5. Saint Agatha, V.
6. Saint Titus, B.C.
 Saint Dorothy, V.M. (comm.)
7. Saint Romuald, Abb.
8. Saint John of Matha, C.

9. Saint Cyril of Alexandria, B.C.D.
 Saint Apollonia, V.M. (comm.)
10. Saint Scholastica, V.
11. Apparition of the B. V. M. at Lourdes
12. The Seven Holy Founders of the Servites, C.
13. Of the Season
14. Saint Valentine, Pr.M. (comm.)
15. Saints Faustinus and Jovita, M. (comm.)
16. Of the Season
17. Of the Season
18. Saint Simeon, B.M. (comm.)
19. Of the Season
20. Of the Season
21. Of the Season
22. Saint Peter's Chair
 Saint Paul (comm.)
23. Saint Peter Damian, B.C.D.
24. Saint Matthias, Ap.*
25. Of the Season
26. Of the Season
27. Saint Gabriel of The Seven Dolors, C.
28. Of the Season
29. Of the Season

* In Leap Year, on the 25th.



March: Dedicated to Saint Joseph
31 days

New Calendar

1. Of the Season
2. Of the Season
3. Saint Katharine Drexel, V.—memorial (USA)
4. Saint Casimir (opt.)
5. Of the Season
6. Of the Season
7. Saints Perpetua and Felicity, Martyrs
8. Saint John of God, Religious (opt.)
9. Saint Frances of Rome, R. (opt.)
10. Of the Season
11. Of the Season
12. Of the Season
13. Of the Season
14. Of the Season
15. Of the Season
16. Of the Season
17. Saint Patrick, B. (opt.)
18. Saint Cyril of Jerusalem, B.D. (opt.)
19. ✠ SAINT JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY – SOLEMNITY
20. Of the Season
21. Of the Season
22. Of the Season
23. Saint Turibius of Mongrovejo, Bishop (opt.)
24. Of the Season
25. ✠ THE ANNUNCIATION OF THE LORD – SOLEMNITY
26. Of the Season
27. Of the Season
28. Of the Season
29. Of the Season
30. Of the Season
31. Of the Season



March: Dedicated to Saint Joseph
31 days

Old Calendar

1. Of the Season
2. Of the Season
3. Of the Season
4. Saint Casimir, C.
 Saint Lucius I, P.M. (comm.)
5. Of the Season
6. Saints Perpetua and Felicity, M.
7. Saint Thomas Aquinas, C.D.
8. Saint John of God, C.
9. Saint Frances of Rome, W.
10. The Forty Holy Martyrs
11. Of the Season
12. Saint Gregory the Great, P.C.D.
13. Of the Season
14. Of the Season
15. Of the Season
16. Of the Season
17. Saint Patrick, B.C., Apostle of Ireland
18. Saint Cyril of Jerusalem, B.C.D.
19. ✠ St. JOSEPH, PATRON OF THE UNIVERSAL CHURCH
20. Of the Season
21. Saint Benedict, Abb
22. Of the Season
23. Of the Season
24. Saint Gabriel, Archangel
25. ✠ ANNUNCIATION OF THE B. V. M.
26. Of the Season
27. Saint John of Damascus, C.D.
28. Saint John Capistran, Pr.C.
29. Of the Season
30. Of the Season
31. Of the Season



April: Dedicated to the Holy Spirit
30 days

New Calendar

1. Of the Season
2. Saint Francis of Paola, Hermit (opt.)
3. Of the Season
4. Saint Isidore, B.D. (opt.)
5. Saint Vincent Ferrer, Pr. (opt.)
6. Of the Season
7. Saint John Baptist de la Salle, Pr.
8. Of the Season
9. Of the Season
10. Of the Season
11. Saint Stanislaus, B.M.
12. Of the Season
13. Of the Season
14. Of the Season
15. Of the Season
16. Of the Season
17. Of the Season
18. Of the Season
19. Of the Season
20. Saint Martin I, P.M. (opt.)
21. Saint Anselm, B.D. (opt.)
22. Of the Season
23. a) Saint George, M. (opt.)
b) Saint Adalbert, B.M. (opt.)
24. Saint Fidelis of Sigmaringen, Pr.M. (opt.)
25. Saint Mark, Evangelist – feast
26. Of the Season
27. Of the Season
28. a) Saint Peter Chanel, Pr.M. (opt.)
b) Saint Louis Grignon de Montfort, Pr. (opt.)
29. Saint Catherine of Siena, V.D.
30. Saint Pius V, Pope (opt.)



April: Dedicated to the Holy Spirit
30 days

Old Calendar

1. Of the Season
2. Saint Francis of Paula, C.
3. Of the Season
4. Saint Isidore, B.C.D.
5. Saint Vincent Ferrer, C.
6. Of the Season
7. Of the Season
8. Of the Season
9. Of the Season
10. Of the Season
11. Saint Leo the Great, P.C.D.
12. Of the Season
13. Saint Hermenegild, M.
14. Saint Justin, M. Saints Tiburtius, Valerian,
and Maximus, M. (comm.)
15. Of the Season
16. Of the Season
17. Saint Anicetus, P.M. (comm.)
18. Of the Season
19. Of the Season
20. Of the Season
21. Saint Anselm, B.C.D.
22. Saints Soter and Caius, P.M.
23. Saint George, M. (comm.)

24. Saint Fidelis of Sigmaringa, M.
25. Major Litanies Saint Mark, Evangelist
26. Saints Cletus and Marcellinus, P.M.
27. Saint Peter Canisius, C.D.
28. Saint Paul of the Cross, C.

29. Saint Peter Martyr, M.
30. Saint Catherine of Siena, V.



May: Dedicated to the Blessed Virgin Mary
31 days

New Calendar

1. Saint Joseph the Worker (opt.)
2. Saint Athanasius, B.D.
3. Saints Philip and James, Ap. – feast
4. Of the Season
5. Of the Season
6. Of the Season
7. Of the Season
8. Of the Season
9. Of the Season
10. a) Saint John of Ávila, Pr.D. (opt.)
b) Saint Damien de Veuster, Pr. (USA)
11. Of the Season
12. Saints Nereus and Achilleus, M. (opt.)
12. Saint Pancras, Martyr (opt.)
13. Our Lady of Fatima (opt.)
14. Saint Matthias, Ap. – feast
15. Saint Isidore (USA)
16. Of the Season
17. Of the Season
18. Saint John I, P.M. (opt.)
19. Of the Season
20. Saint Bernardine of Siena, Pr. (opt.)
21. Saint Christopher Magallanes, Pr., and Companions, M. (opt.)
22. Saint Rita of Cascia, R. (opt.)
23. Of the Season
24. Of the Season
25. a) Saint Bede the Venerable, P.D. (opt.)
b) Saint Gregory VII, P. (opt.)
c) Saint Mary Magdalene de Pazzi, V. (opt.)
26. Saint Philip Neri, Pr.
27. Saint Augustine of Canterbury, B. (opt.)
28. Of the Season
29. Saint Paul VI, P. (opt.)
30. Of the Season
31. The Visitation of the Blessed Virgin Mary – feast



May: Dedicated to the Blessed Virgin Mary
31 days

Old Calendar

1. SAINT JOSEPH THE WORKER
2. Saint Athanasius, B.C.D.
3. Saints Alexander, Eventius, and Theodulius, M. (comm);
Saint Juvenal, B.C. (comm.)
4. Saint Monica, W.
5. Saint Pius V., P.C.
6. Of the Season
7. Saint Stanislaus, B.M.
8. Of the Season
9. Saint Gregory Nazianzen, B.C.D.
10. Saint Antoninus, B.C.
Saints Gordian and Epimachus, M. (comm.)
11. Saints Philip and James, Ap.
12. Saints Nereus, Achilleus and Comp., M.

13. Saint Robert Bellarmine, B.C.D.
14. Saint Boniface, M. (comm.)
15. Saint John Baptist de la Salle, C.
16. Saint Ubaldus, B.C.
17. Saint Paschal Balyon, C.
18. Saint Venantius, M.
19. Saint Peter Celestine, P.C.
Saint Pudentia, V. (comm.)
20. Saint Bernardine of Siena, C.
21. Of the Season
22. Of the Season
23. Of the Season
24. Of the Season
25. Saint Gregory VII., P.C.
Saint Urban I, P.M. (comm.)

26. Saint Philip Neri, C.
Saint Eleutherius, P.M.
27. Saint Bede the Venerable, C.D.
St. John I, P.M. (comm.)
28. Saint Augustine of Canterbury, B.C.
29. Saint Mary Magdalen of Pazzi, V.
30. Saint Felix, P.M. (comm.)
31. Saint Angela Merici, V.
Saint Petronilla, V. (comm.)



June: Dedicated to the Most Sacred Heart of Jesus
30 days

New Calendar

1. Saint Justin Martyr
2. Saints Marcellinus and Peter, M. (opt.)
3. Saints Charles Lwanga and Companions, M.
4. Of the Season
5. Saint Boniface, B.M.
6. Saint Norbert, B. (opt.)
7. Of the Season
8. Of the Season
9. Saint Ephrem, Dc.D. (opt.)
10. Of the Season
11. Saint Barnabas, Ap.
12. Of the Season

13. Saint Anthony of Padua, Pr.D.
14. Of the Season
15. Of the Season
16. Of the Season
17. Of the Season
18. Of the Season

19. Saint Romuald, Abb. (opt.)

20. Of the Season
21. Saint Aloysius Gonzaga, R.
22. Saint Paulinus of Nola, B. (opt.)
23. Saints John Fisher, B., and Thomas More, M. (opt.)
24. ✠ THE NATIVITY OF SAINT JOHN THE BAPTIST – SOLEMNITY
25. Of the Season
26. Of the Season
27. Saint Cyril of Alexandria, B.D. (opt.)
28. Saint Irenaeus, Bishop, M.D.
29. ✠ SAINTS PETER AND PAUL, AP. – SOLEMNITY
30. The First Martyrs of Holy Roman Church (opt.)



June: Dedicated to the Most Sacred Heart of Jesus
30 days

Old Calendar

1. Saint Angela Mericia, V.
2. Saints Marcellinus and Companions, M. (comm.)
3. Of the Season
4. Saint Francis Caracciolo, C.
5. Saint Boniface, B.M.
6. Saint Norbert, B.C.
7. Of the Season
8. Of the Season
9. Saints Primus and Felician, M. (comm.)
10. Saint Margaret, Q.W.
11. Saint Barnabas, Ap.
12. Saint John of Saint Facundos, C.
Saints Basilid, Cyrinus, Nabor, and Nazarius, M. (comm.)
13. Saint Anthony of Padua, C.
14. Saint Basil the Great, B.C.D.
15. Saints Vitus, Modestus, and Crescentia, M. (comm.)
16. Of the Season
17. St. Gregory Barbaradicus, B.C.
18. Saint Ephrem, C.D.
Saints Marcus and Marcellianus, M (comm.)
19. Saint Juliana of Falconieri, V.
Saints Gervase and Protasius, M. (comm.)
20. Saint Silverius, P.M.
21. Saint Aloysius Gonzaga, C.
22. Saint Paulinus, B.C.

23. Vigil of Saint John the Baptist
24. ✠ Nativity of Saint John the Baptist
25. Saint William, Abb.
26. Saints John and Paul, M.
27. Of the Season
28. Vigil of Saints Peter and Paul
29. ✠ Saints PETER AND PAUL, Ap.
30. Commemoration of Saint Paul, Ap.
Saint Peter, Ap. (comm.)



July: Dedicated to the Most Precious Blood of Jesus
31 days

New Calendar

1. Saint Junipero Serra, Pr. (USA)
2. Of the Season

3. Saint Thomas, Apostle – feast
4. Saint Elizabeth of Portugal (opt.)
5. Saint Anthony Zaccaria, Pr. (opt.)
5. Saint Elizabeth of Portugal, V. (USA)
6. Saint Maria Goretti, V.M. (opt.)
7. Of the Season
8. Of the Season
9. Saint Augustine Zhao Rong, Pr., and Companions, M. (opt.)
10. Of the Season
11. Saint Benedict, Abb.
12. Of the Season

13. Saint Henry (opt.)
14. Saint Kateri Tekakwitha, V. (USA)
15. Saint Bonaventure, B.D.
16. Our Lady of Mount Carmel (opt.)
17. Of the Season
18. Saint Camillus de Lellis, Pr. (opt.) (USA)

19. Of the Season
20. Saint Apollinaris, B.M. (opt.)

21. Saint Lawrence of Brindisi, Pr.D. (opt.)

22. Saint Mary Magdalene, Penitent – feast
23. Saint Bridget, R. (opt.)

24. Saint Sharbel Makhlof, Pr. (opt.)
25. Saint James, Ap. – feast

26. Saints Joachim and Anne, Parents of the Blessed Virgin Mary
27. Of the Season
28. Of the Season
29. Saints Martha, Mary, and Lazarus

30. Saint Peter Chrysologus, B.D. (opt.)
31. Saint Ignatius of Loyola, Pr.



July: Dedicated to the Most Precious Blood of Jesus
31 days

Old Calendar

1. ✠ MOST PRECIOUS BLOOD OF OUR LORD
2. Visitation of the B. V. M.
Saints Processus and Martinian, M. (comm.)
3. St. Irenaeus, B.M.
4. Of the Season
5. Saint Anthony Mary Zaccaria C.

6. Of the Season
7. Saints Cyril and Methodius, B.C.
8. Saint Elizabeth, Q.W.
9. Of the Season
10. Seven Holy Brothers, M.
11. Saint Pius I., P.M. (comm.)
12. Saint John Gualbert, Abb.
Saints Nabor and Felix, M. (comm.)
13. Of the Season
14. Saint Bonaventure, B.C.D.
15. Saint Henry, Emp., C.
16. Our Lady of Mount Carmel (comm.)
17. Saint Alexius, C. (comm.)
18. Saint Camillus of Lellis, C.
Saint Symphorosa and her seven sons, M. (comm.)
19. Saint Vincent of Paul, C.
20. Saint Jerome Aemilian, C.
Saint Margaret, V.M.
21. Saint Lawrence of Brindisi, C.D.
Saint Praxedes, V. (comm.)
22. Saint Mary Magdalen, Penitent
23. Saint Apollinaris, B.M.
Saint Liborius, B.C.
24. Saint Christina, V.M. (comm.)
25. Saint James, Ap.
Saint Christopher, M. (comm.)
26. Saint Ann, Mother of the B. V. M.
27. Saint Pantaleon, M. (comm.)
28. Saints Nazarius and others, M.
29. Saint Martha, V.
Saints Felix, Simplicius, Faustinus, and Beatrice, M. (comm.)
30. Saints Abdon and Sennen, M. (comm.)
31. Saint Ignatius of Loyola, C.



August: Dedicated to the Blessed Sacrament
31 days

New Calendar

1. Saint Alphonus Liguori, B.D.
2. Saint Eusebius of Vercelli, B. (opt.)
2. Saint Peter Julian Eymard, Pr. (opt.)
3. Of the Season
4. Saint Jean Vianney, Pr.
5. The Dedication of the Basilica of Saint Mary Major (opt.)
6. The Transfiguration of the Lord – feast
7. Saint Sixtus II, P, and Companions, M. (opt.)
7. Saint Cajetan, Pr. (opt.)
8. Saint Dominic, Pr.
9. Saint Teresa Benedicta of the Cross, V.M. (opt.)
10. Saint Lawrence, Deacon and Martyr – feast
11. Saint Clare, V.
12. Saint Jane Frances de Chantal, R. (opt.)
13. Saints Pontian, P, and Hippolytus, Pr., M. (opt.)
14. Saint Maximilian Kolbe, P. M.
15. ✠ The Assumption of the Blessed Virgin Mary – solemnity
16. Saint Stephen of Hungary (opt.)
17. Of the Season
18. Of the Season
19. Saint John Eudes, Pr. (opt.)
20. Saint Bernard, Abb.D.
21. Saint Pius X, P.
22. The Queenship of the Blessed Virgin Mary
23. Saint Rose of Lima, V. (opt.)
24. Saint Bartholomew, Ap. – feast
25. Saint Louis (opt.)
25. Saint Joseph Calasanz, Pr. (opt.)
26. Of the Season
27. Saint Monica
28. Saint Augustine of Hippo, B.D.
29. The Passion of Saint John the Baptist, M.
30. Of the Season
31. Of the Season



August: Dedicated to the Blessed Sacrament
31 days

Old Calendar

1. The Holy Maccabee Martyrs, M. (comm.)
2. Saint Alphonsus Liguori, B.C.D.
Saint Stephen I, P.M. and Saints Felicissimus and Agapitus, M. (comm.)
3. Of the Season
4. Saint Dominic, C.
5. Our Lady of the Snows
6. Transfiguration of our Lord
Saint Sixtus II
7. Saint Cajetan, C.
Saint Donatus, B.M.
8. Saint John Vianney, P.
Saints Cyriacus and others, M. (comm.)
9. Vigil of Saint Lawrence
Saint Romanus, M. (comm.)
10. Saint Lawrence, M.
11. Saints Tibertius and Susanna, M. (comm.)
12. Saint Clare, V.
13. Saints Hippolytus and Cassian, M. (comm.)
14. Vigil of the Assumption
Saint Eusebius, C. (comm.)
15. ✠ ASSUMPTION OF THE B. V. M.
16. Saint Joachim, Father of the B. V. M., C.
17. Saint Hyacinth, C.
18. Saint Agapitus, M. (comm.)
19. Saint John Eudes, C.
20. Saint Bernard, Abb.D.
21. Saint Jane Frances de Chantal, W.
22. Immaculate Heart of Mary
Saints Timothy and Companions, M. (comm.)
23. Saint Philip Benizzi (Vigil)
24. Saint Bartholomew, Ap.
25. Saint Louis IX., K.C.
26. Saint Zephyrinus, P.M. (comm.)
27. Saint Joseph Calasactius, C.
28. Saint Augustine, B.C.D.
Saint Hermes, M. (comm.)
29. Beheading of Saint John the Baptist
Saint Sabina, M. (comm.)
30. Saint Rose of Lima, V.
Saints Felix and Adauctus, M. (comm.)
31. Saint Raymond Nonnatus, C.



September: Dedicated to Our Lady of Sorrows
30 days

New Calendar

1. Of the Season
2. Of the Season
3. Saint Gregory the Great, P.D.
4. Of the Season
5. Of the Season
6. Of the Season
7. Of the Season
8. The Nativity of the Blessed Virgin Mary – feast
9. Saint Peter Claver, Pr. (opt.) (USA)
10. Of the Season
11. Of the Season
12. The Most Holy Name of Mary (opt.)
13. Saint John Chrysostom, B.D.
14. The Exaltation of the Holy Cross – feast
15. Our Lady of Sorrows
16. Saints Cornelius, P., and Cyprian, B., M.
17. Saint Robert Bellarmine, B.D.(opt.)
17. Saint Hildegard of Bingen, V.D. (opt.)
18. Of the Season
19. Saint Januarius, B.M. (opt.)
20. Saints Andrew Kim Tae-gon, Pr., Paul Chong Ha-sang, and Companions, M.
21. Saint Matthew, Ap. and Evangelist – feast
22. Of the Season
23. Saint Pius of Pietrelcina, Pr.
24. Of the Season
25. Of the Season
26. Saints Cosmas and Damian, M. (opt.)
27. Saint Vincent de Paul, Pr.
28. Saint Wenceslaus, M. (opt.)
Saint Lawrence Ruiz and Companions, M. (opt.)
29. Saints Michael, Gabriel and Raphael, Archangels – feast
30. Saint Jerome, Pr.D.



September: Dedicated to Our Lady of Sorrows
30 days

Old Calendar

1. Saint Giles, Abb. (comm.)
Twelve Holy Brothers, M. (comm.)
2. Saint Stephen, K.C.
3. St. Pius X, P.
4. Of the Season
5. Saint Lawrence Justinian, B.C.
6. Of the Season
7. Of the Season
8. Nativity of the B. V. M.
Saint Hadrian, M. (comm.)
9. Saint Peter Claver, C. (USA)
Saint Gorgon, M. (comm.)
10. Saint Nicholas of Tolentino, C.
11. Saints Protus and Hyacinth, M. (comm.)
12. Holy Name of Mary
13. Of the Season
14. Exaltation of the Holy Cross
15. Seven Sorrows of the B. V. M.
Saint Nicomedes, M. (comm.)
16. Saints Cornelius, P.M., and Cyprian, B.M.
Saints Ephemia, Lucy, and Geminian, M. (comm.)
17. The Stigmata of Saint Francis, C. (comm.)
18. Saint Joseph of Cupertino, C.
19. Saints Januarius and Companions, M.
20. Saints Eustace and Companions, M. (comm.)
21. Saint Matthew, Ap. and Evangelist
22. Saint Thomas of Villanova, B.C.
Saint Mauritius, M. (comm.)
23. Saint Linus, P.M.
Saint Thecla, V.M. (comm.)
24. Our Lady of Ransom (comm.)
25. Of the Season
26. Jesuit Saints of North America (USA)
Saints Cyprian and Justina, M. (comm.)
27. Saints Cosmas and Damian, M.
28. Saint Wenceslaus Duke, M.
29. Dedication of Saint Michael, Archangel
30. Saint Jerome, Pr.C.D.



October: Dedicated to the Holy Rosary
31 days

New Calendar

1. Saint Thérèse of the Child Jesus, V.D.
2. The Holy Guardian Angels
3. Of the Season
4. Saint Francis of Assisi
5. a) Saint Faustina Kowalska, V. (opt.)
b) Blessed Francis Xavier Seelos, Pr. (USA)
6. a) Saint Bruno, Pr. (opt.)
b) Blessed Marie Rose Durocher, V. (USA)
7. Our Lady of the Rosary

8. Of the Season

9. Saint Denis, B., and Companions, M. (opt.)
Saint John Leonardi, Pr. (opt.)
10. Of the Season
11. Saint John XXIII, P. (opt.)
12. Of the Season
13. Of the Season
14. Saint Callistus I, P. Ma. (opt.)
15. Saint Teresa of Jesus, V.Do.
16. Saint Hedwig, R. (opt.)
16. Saint Margaret Mary Alacoque, V. (opt.)
17. Saint Ignatius of Antioch, B.M.
18. Saint Luke, Evangelist – feast
19. Saints John de Brébeuf, Isaac Jogues, Pr.,
and Companions, M. (opt.) (USA)
19. Saint Paul of the Cross, Pr. (opt.)
20. Of the Season
21. Of the Season

22. Saint John Paul II, P. (opt.)
Saint Paul of the Cross, Pr. (USA)
23. Saint John of Capistrano, Pr. (opt.)
24. Saint Anthony Mary Claret, B. (opt.)
25. Of the Season
26. Of the Season
27. Of the Season
28. Saints Simon and Jude, Ap. – feast
29. Of the Season
30. Of the Season
31. Of the Season



October: Dedicated to the Holy Rosary
31 days

Old Calendar

1. Saint Remigius, B.C. (comm.)
 2. Holy Guardian Angels
 3. Saint Thérèse of the Child Jesus, V.
 4. Saint Francis of Assisi, C.
 5. Saint Placid and Companions, M. (comm.)

 6. Saint Bruno, C.

 7. Most Holy Rosary
Saint Marcus I, P.C.
 8. Saint Bridget of Sweden, W.
Saints Sergius, Bacchus, Marcellus, and Apuleius, M. (comm.)
 9. Saint John Leonard, C.
Saints Denis and Companions, M. (comm.)
 10. Saint Francis Borgia, C.
 11. Motherhood of the B. V. M.
 12. Of the Season
 13. Saint Edward, K.C.
 14. Saint Callistus, P.M.
 15. Saint Teresa, V.
 16. Saint Hedwig, W.

 17. Saint Margaret Mary Alacoque, V.
 18. Saint Luke, Evangelist
 19. Saint Peter of Alcantara, C.

 20. Saint John Cantius, C.
 21. Saint Hilarion, Abb. (comm.)
Saint Ursula and companions, V.M. (comm.)
 22. Of the Season

 23. Saint Anthony Mary Claret, B.C.
 24. Saint Raphael, Archangel
 25. Saints Chrysanthus and Darias, M. (comm.)
 26. Saint Evaristus, P.M. (comm.)
 27. Of the Season
 28. Saints Simon and Jude, Ap.
 29. Of the Season
 30. Of the Season
 31. Vigil of All Saints
- Last Sunday of October: ✠ Solemnity of Our Lord, Christ the King



November: Dedicated to the Poor Souls in Purgatory
30 days

New Calendar

1. ✠ ALL SAINTS – SOLEMNITY
 2. THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED – ranked with solemnities
 3. Saint Martin de Porres, R. (opt.)
 4. Saint Charles Borromeo, B.

 5. Of the Season
 6. Of the Season
 7. Of the Season
 8. Of the Season
 9. The Dedication of the Lateran Basilica – feast

 10. Saint Leo the Great, P.D.

 11. Saint Martin of Tours, B.
 12. Saint Josaphat, B.M.
 13. Saint Frances Xavier Cabrini, V. (USA)
 14. Of the Season
 15. Saint Albert the Great, B.D. (opt.)
 16. Saint Margaret of Scotland (opt.)
 16. Saint Gertrude, V. (opt.)
 17. Saint Elizabeth of Hungary, R.
 18. a) The Dedication of the Basilicas of Saints Peter and Paul, Ap. (opt.)
b) Saint Rose Philippine Duchesne, V. (USA)
 19. Of the Season

 20. Of the Season
 21. The Presentation of the Blessed Virgin Mary
 22. Saint Cecilia, V.M.
 23. Saint Clement I, P.M. (opt.)
 23. a) Saint Columban, Abb. (opt.)
b) Blessed Miguel Agustin Pro, Pr.M. (USA)
 24. Saints Andrew Dung-Lac, Pr., and Companions, M.

 25. Saint Catherine of Alexandria, V.M. (opt.)
 26. Of the Season

 27. Of the Season
 28. Of the Season
 29. Of the Season
 30. Saint Andrew, Ap. – feast
- Last Sunday in Ordinary Time:
✠ OUR LORD JESUS CHRIST, KING OF THE UNIVERSE – SOLEMNITY



November: Dedicated to the Poor Souls in Purgatory
30 days

Old Calendar

1. *ALL SAINTS' DAY
2. All Souls' Day
3. Of the Season
4. Saint Charles Borromeo, B.C.
Saints Vitalis and Agricola, M. (comm.)
5. Of the Season
6. Of the Season
7. Of the Season
8. Four Crowned Martyrs, M. (comm.)
9. Dedication of the Lateran Basilica
Saint Theodore, M. (comm.)
10. Saint Andrew Avellino, C.
Saints Tryphon, Respicus, and Nympha, V.M. (comm.)
11. Saint Martin of Tours, B.C.
12. Saint Martin I, P.M.
13. Saint Didacus, C.
14. Saint Josaphat, B.M.
15. Saint Albert the Great, B.C.D.
16. Saint Gertrude, V.
17. Saint Gregory the Wonder-Worker, B.C.
18. Dedication of Saint Peter's and Saint Paul's Basilica
19. Saint Elizabeth, W.
Saint Pontianus, P.M. (comm.)
20. Saint Felix of Valois, C.
21. Presentation of the B. V. M.
22. Saint Cecilia, V.M.
23. Saint Clement, P.M.
Saint Felicity, M. (comm.)
24. Saint John of the Cross, C.D.
Saint Chrysogonus, M. (comm.)
25. Saint Catharine, V.M.
26. Saint Sylvester, Abb.
Saint Peter Alexander, B.M. (comm.)
27. Our Lady of Miraculous Medal
28. Saint Catherine Laboure, V.
29. Saint Saturninus, M. (comm.)
30. Saint Andrew, Ap.





December: Dedicated to the Immaculate Conception
31 days

New Calendar

1. Of the Season
 2. Of the Season
 3. Saint Francis Xavier, Pr.
 4. Saint John Damascene, Pr.D. (opt.)

 5. Of the Season
 6. Saint Nicholas, B. (opt.)
 7. Saint Ambrose, B.D.
 8. ✠ THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY – SOLEMNITY (Patronal Feast of the United States of America)
 9. Saint Juan Diego (opt.)
 10. Our Lady of Loreto (opt.)*
 11. Saint Damasus I, P. (opt.)
 12. Our Lady of Guadalupe (opt.) (USA)
 13. Saint Lucy, V.M.R.
 14. Saint John of the Cross, Pr.D.
 15. Of the Season
 16. Of the Season
 17. Of the Season
 18. Of the Season
 19. Of the Season
 20. Of the Season
 21. Saint Peter Canisius, Pr.D. (opt.)
 22. Of the Season
 23. Saint John of Kanty, Pr. (opt.)
 24. Of the Season
 25. ✠ NATIVITY OF THE LORD – SOLEMNITY

 26. Saint Stephen, M. – feast
 27. Saint John, Ap. and Evangelist – feast
 28. The Holy Innocents, M. – feast
 29. Saint Thomas Becket, B.M. (opt.)

 30. Of the Season
 31. Saint Sylvester I, P. (opt.)
- Sunday within the Octave of Christmas, or, if there is no such Sunday, 30 December: The Holy Family of Jesus, Mary and Joseph – feast

* On 31 October 2019, Pope Francis inscribed Our Lady of Loreto in the General Roman Calendar.[23]



December: Dedicated to the Immaculate Conception
31 days

Old Calendar

1. Of the Season
2. Saint Vivian V.M.
3. Saint Francis Xavier, C.
4. Saint Peter Chrysologus, B.C.D.
Saint Barbara, V.M.
5. Saint Sabbas, Abb. (comm.)
6. Saint Nicholas, B.C.
7. Saint Ambrose, B.C.D (Vigil)
8. ✠IMMACULATE CONCEPTION OF THE B. V. M. PATRONESS
OF THE U. S.
9. Of the Season
10. Saint Melchiades, P.M. (comm.)
11. Saint Damasus I, P.C.
12. Our Lady of Guadalupe, Empress of the Americas (USA)
13. Saint Lucy, V.M.
14. Of the Season
15. Of the Season
16. Saint Eusebius, B.M.
17. Of the Season
18. Of the Season
19. Of the Season
20. Of the Season
21. Saint Thomas, Ap.
22. Saint Frances Xavier Cabrini, R.
23. Of the Season
24. Vigil of the Nativity of the Lord
25. ✠NATIVITY OF OUR LORD
Saint Anastasia, V.M. (comm.)
26. Of the Octave of Christmas
Saint Stephen, First Martyr
27. Of the Octave of Christmas
Saint John, Ap. and Evangelist
28. Of the Octave of Christmas
The Holy Innocents, M.
29. Of the Octave of Christmas
Saint Thomas of Canterbury, B.M.
30. Of the Octave of Christmas
31. Of the Octave of Christmas
Saint Sylvester, P.C.



TABLE OF MOVABLE FEASTS

Year of Our Lord	First Sunday of Advent	Ash Wednesday	Easter Sunday	Ascension Thursday	Pentecost	Corpus Christi
2020	Dec. 1, '19	Feb. 26	Apr. 12	May 21	May 31	June 11
2021	Nov. 29, '20	Feb. 17	Apr. 4	May 13	May 23	June 3
2022	Nov. 28, '21	Mar. 2	Apr. 17	May 26	June 5	June 16
2023	Nov. 27, '22	Feb. 22	Apr. 9	May 18	May 28	June 8
2024	Dec. 3, '23	Feb. 14	Mar. 31	May 9	May 19	June 1
2025	Dec. 1, '24	Mar. 5	Apr. 20	May 29	June 8	June 19
2026	Nov. 30, '25	Feb. 18	Apr. 5	May 14	May 24	June 4
2027	Nov. 29, '26	Feb. 10	Mar. 28	May 6	May 16	May 27
2028	Nov. 28, '27	Mar. 1	Apr. 16	May 25	June 4	June 15
2029	Dec. 3, '28	Feb. 14	Apr. 1	May 10	May 20	May 31
2030	Dec. 2, '29	Mar. 6	Apr. 21	May 30	June 9	June 20
2031	Dec. 1, '30	Feb. 26	Apr. 13	May 22	June 1	June 12
2032	Nov. 30, '31	Feb. 11	Mar. 28	May 6	May 16	May 27
2033	Nov. 28, '32	Mar. 2	Apr. 17	May 26	June 5	June 16
2034	Nov. 27, '33	Feb. 22	Apr. 9	May 18	May 28	June 8
2035	Dec. 3, '34	Feb. 7	Mar. 25	May 3	May 13	May 24
2036	Dec. 2, '35	Feb. 27	Apr. 13	May 22	June 1	June 12
2037	Nov. 30, '36	Feb. 18	Apr. 5	May 14	May 24	June 4
2038	Nov. 29, '37	Mar. 10	Apr. 25	June 3	June 13	June 24
2039	Nov. 28, '38	Feb. 23	Apr. 10	May 19	May 29	June 9
2040	Nov. 27, '39	Feb. 15	Apr. 1	May 10	May 20	May 31
2041	Dec. 2, '40	Mar. 6	Apr. 21	May 30	June 9	June 20
2042	Dec. 1, '41	Feb. 19	Apr. 6	May 15	May 25	June 5
2043	Nov. 30, '42	Feb. 11	Mar. 29	May 7	May 17	May 28
2044	Nov. 29, '43	Mar. 2	Apr. 17	May 26	June 5	June 16
2045	Nov. 27, '44	Feb. 22	Apr. 9	May 18	May 28	June 8

Year of Our Lord	First Sunday of Advent	Ash Wednesday	Easter Sunday	Ascension Thursday	Pentecost	Corpus Christi
2046	Dec. 3, '45	Feb. 7	Mar. 25	May 3	May 13	May 24
2047	Dec. 2, '46	Feb. 27	Apr. 14	May 23	June 2	June 13
2048	Dec. 1, '47	Feb. 19	Apr. 5	May 14	May 24	June 4
2049	Nov. 29, '48	Mar. 3	Apr. 18	May 27	June 6	June 17
2050	Nov. 28, '49	Feb. 23	Apr. 10	May 19	May 29	June 9
2051	Nov. 27, '50	Feb. 15	Apr. 2	May 11	May 21	June 1
2052	Dec. 3, '51	Mar. 6	Apr. 21	May 30	June 9	June 20
2053	Dec. 1, '52	Feb. 19	Apr. 6	May 15	May 25	June 5
2054	Nov. 30, '53	Feb. 11	Mar. 29	May 7	May 17	May 28
2055	Nov. 29, '54	Mar. 3	Apr. 18	May 27	June 6	June 17
2056	Nov. 28, '55	Feb. 16	Apr. 2	May 11	May 21	June 1
2057	Dec. 3, '56	Mar. 7	Apr. 22	May 31	June 10	June 21
2058	Dec. 2, '57	Feb. 27	Apr. 14	May 8	June 2	June 13
2059	Dec. 1, '58	Feb. 12	Mar. 30	May 8	May 18	May 29
2060	Nov. 30, '59	Mar. 3	Apr. 18	May 27	June 6	June 17

NOTE.—Easter Day (on which all the other movable feasts depend) is always the First Sunday after the Full Moon which happens upon or next after the Twenty-first Day of March; and if the Full Moon happens upon a Sunday, Easter Day is the Sunday after.

The first Sunday in Advent is always the nearest Sunday to the Feast of Saint Andrew, whether before or after.

The Calendar as at present used was reformed, in the year of our Lord 1582, by Pope Gregory XIII, who ordered the Historical or Civil year to be thenceforward reckoned from the first day of January. It was not adopted by English-speaking people until January 1, 1753. The Ecclesiastical year still begins on the first Sunday in Advent.

HOLIDAYS OF OBLIGATION

(Days the United States' Congregation of Catholic Bishops have Obligated the Faithful to Attend Mass)

- ✦ All the Sundays of the Year.
- ✦ January 1—The Maternity of the Blessed Virgin Mary (or The Circumcision of Our Lord).
- ✦ August 15—The Assumption of the Blessed Virgin Mary.
- ✦ November 1—All Saints' Day.
- ✦ December 8—The Immaculate Conception of the Blessed Virgin Mary.
- ✦ December 25—The Nativity of our Lord.
- ✦ Ascension Thursday.

FEASTS AND FASTS

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ON ABSTAINING FROM MEAT

(Per the United States Council of Catholic Bishops *Pastoral Statement on Penance and Abstinence* on November 18, 1966, and observing *The Code of Canon Law*, Canon 1253)

1. Everyone over 14 years of age is bound to observe the law of abstinence.
2. Complete abstinence (which forbids the eating of meat, soup or gravy made from meat) is required on: Ash Wednesday, Good Friday, and all Fridays of Lent. (From *Pastoral Statement*, #12-13).
3. Partial abstinence (which permits meat, soup, or gravy made from meat to be eaten only once a day, at the principal meal) is encouraged on: All Fridays of the year, The Vigil of Christmas, Holy Saturday morning, Ember Wednesdays, Ember Saturdays, the Vigil of Pentecost, the Vigil of the

Assumption, and the Vigil of All Saints. (From *Pastoral Letter*, #17 & 23).

ON FASTING

4. Everyone over 21 and under 59 years of age is also bound to observe the law of fast.
5. The days of fast are: Ash Wednesday & Good Friday (From *Pastoral Letter*, #12).
6. On the days of fast, only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs; but together they should not equal another full meal.
7. Meat may be taken at the principal meal on a day of fast except on days of complete abstinence (see number 2).
8. Eating between meals is not permitted; but liquids, including milk and fruit juices, are allowed.
9. When health or ability to work would be seriously affected, the law does not oblige. In doubt concerning fast or abstinence, a parish priest or confessor should be consulted.

Summary Chart*

	Ages 14 through 17 or over 59		Ages 18 to 59	
	Fast	Abstain	Fast	Abstain
<u>During Lent</u>				
Ash Wednesday	No	Complete	Yes	Complete
Fridays	No	Complete	Yes	Complete
Holy Saturdays until noon	No	Complete	Recommended	Complete
Other Weekdays	No	No	Recommended	No***
Sundays	No	No	No	No
Ember Wednesday and Ember Saturday	No	Partial	Recommended	Partial
Ember Friday	No	Complete	Recommended	Complete

Outside of Lent

Sundays and all Holy-days **	No	No	No	No
Fridays	No	Recommended	No	Recommended
Ember Wednesdays & Saturdays	No	Partial	Recommended	Partial
Ember Fridays	No	Recommended	Recommended	Recommended
Vigils of Assumption & Christmas	No	Recommended	Recommended	Recommended
Vigils of Pentecost & All Saints	No	Partial	Recommended	Recommended

* These regulations generally prevail in the United States and are published in accordance with the provisions of Canon Law, as modified through the use of special faculties granted by the Holy See. Some differences of regulation may pertain in certain Dioceses according to the desires of the Bishop so it is well to consult one's local authorities for the special local regulations. Persons under seven years of age are exempt from both fast and abstinence on all days of the year.

** There is no obligation for fast or abstinence on a Holyday, even though it may fall on a Friday.

*** Refer to rules on fast where it will be noted that only one meat meal a day is permitted which makes it in practice like a day of partial abstinence.

Christian Doctrine

TEN COMMANDMENTS OF GOD—(EXODUS 20)

- I** am the Lord thy God, who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt not have strange gods before Me. Thou shalt not make to thyself a graven thing, nor the likeness of anything that is in heaven above, or in the earth beneath, nor of those things that are in the waters under the earth. Thou shalt not adore them, nor serve them.
2. Thou shalt not take the Name of the Lord thy God in vain.
 3. Remember thou keep holy the Sabbath-day.
 4. Honor thy father and thy mother.
 5. Thou shalt not kill.
 6. Thou shalt not commit adultery.
 7. Thou shalt not steal.
 8. Thou shalt not bear false witness against thy neighbor.
 9. Thou shalt not covet thy neighbor's wife.
 10. Thou shalt not covet thy neighbor's goods.

THE PRECEPTS OF THE CHURCH (CCC 2042-43)

1. To hear Mass on Sundays, and Holydays of Obligation.
2. To confess at least once a year.
3. To receive the Holy Eucharist during the Easter time.
4. To fast and abstain on the days appointed.
5. To provide for the needs of the Church.

THE SEVEN SACRAMENTS

Baptism	Matt. 18:19.
Confirmation	Acts 8:17.
Holy Eucharist	Matt. 26:26.
Penance	John 20:23.
Extreme Unction	James 5:14.
Holy Orders	Luke 22:19.
Matrimony	Matt. 19:6.

THE THREE THEOLOGICAL VIRTUES

Faith—Hope—Charity

THE FOUR CARDINAL VIRTUES

Prudence—Justice—Fortitude—Temperance

SEVEN GIFTS OF THE HOLY GHOST—ISAIAH 9:2-3

- | | |
|-------------------|-------------------------|
| 1. Wisdom, | 5. Knowledge, |
| 2. Understanding, | 6. Piety, |
| 3. Counsel, | 7. The Fear of the Lord |
| 4. Fortitude, | |

TWELVE FRUITS OF THE HOLY GHOST

- | | | |
|--------------|--------------------|-----------------|
| 1. Charity, | 5. Benignity, | 9. Faith, |
| 2. Joy, | 6. Goodness, | 10. Modesty, |
| 3. Peace, | 7. Long-suffering, | 11. Continency, |
| 4. Patience, | 8. Mildness, | 12. Charity. |

THE SPIRITUAL WORKS OF MERCY

1. To admonish the sinner,
2. To instruct the ignorant,
3. To counsel the doubtful,
4. To comfort the sorrowful,
5. To bear wrongs patiently,
6. To forgive all injuries,
7. To pray for the living and the dead.

THE CORPORAL WORKS OF MERCY

1. To feed the hungry,
2. To give drink to the thirsty,
3. To clothe the naked,
4. To ransom the captive,
5. To shelter the homeless,
6. To visit the sick,
7. To bury the dead.

THE EIGHT BEATITUDES— MATTHEW 5

1. Blessed are the poor in spirit; for theirs is the kingdom of heaven.
2. Blessed are the meek; for they shall possess the land.
3. Blessed are they that mourn; for they shall be comforted.
4. Blessed are they that hunger and thirst after justice; for they shall be filled.
5. Blessed are the merciful; for they shall obtain mercy.
6. Blessed are the clean of heart; for they shall see God.
7. Blessed are the peacemakers; for they shall be called the children of God.
8. Blessed are they that suffer persecution for justice's sake; for theirs is the kingdom of heaven.

SEVEN DEADLY SINS AND THEIR OPPOSITE VIRTUES

Sins	Contrary Virtues
Pride,	Humility,
Covetousness,	Liberality,
Lust,	Chastity,
Anger,	Meekness,
Gluttony,	Temperance,
Envy,	Brotherly love,
Sloth.	Diligence.

SINS AGAINST THE HOLY GHOST

- | | |
|-------------------------------|-------------------------------------|
| 1. Presumption of God's mercy | 4. Envy at another's spiritual good |
| 2. Despair | 5. Obstinacy in sin |
| 3. Impugning the known truth | 6. Final impenitence |

SINS CRYING TO HEAVEN FOR VENGEANCE

- | | |
|---------------------|---------------------------------------|
| 1. Willful murder | 3. Oppression of the poor |
| 2. The sin of Sodom | 4. Defrauding laborers of their wages |

NINE WAYS OF BEING ACCESSORY TO ANOTHER'S SIN

- | | |
|-------------------|-------------------------------|
| 1. By counsel | 5. By praise or flattery |
| 2. By command | 6. By concealment |
| 3. By consent | 7. By partaking |
| 4. By provocation | 8. By silence |
| | 9. By defense of the ill done |

THREE EMINENT GOOD WORKS

Prayer—Fasting—Almsgiving

THE EVANGELICAL COUNSELS

Voluntary Poverty—Chastity—Obedience

FOUR LAST THINGS TO BE REMEMBERED

Death—Judgment—Hell—Heaven

SUBJECTS FOR DAILY MEDITATION

Remember, Christian soul, that thou hast this day and every day of
thy life—

God to glorify,

Jesus to imitate,

The Angels and Saints to invoke,

A soul to save,

A body to mortify,

Sins to expiate,

Virtues to acquire,

Hell to avoid,

Heaven to gain,

Eternity to prepare for,

Time to profit by,

Neighbors to edify,

The world to despise,

Devils to combat,

Passions to subdue,

Death perhaps to suffer,

And Judgment to undergo.

EMERGENCY BAPTISM (CCC 1240, 1256)

If an infant (or any unbaptized person) is in danger of death, ANY-ONE, whether man, woman, or child (whether Christian or not), may (and SHOULD) baptize in the following manner, intending to do what the Church does when she baptizes:

While pouring common water on the head, or face, say the words:

**I BAPTIZE THEE IN THE NAME OF THE FATHER,
AND OF THE SON, AND OF THE HOLY GHOST.**

Christian Faith and Practice

WHAT EVERY CHRISTIAN MUST BELIEVE

1. Every Christian must believe that there is one God, and no more than one God: that God is a pure Spirit, the Lord and Maker of heaven and earth, who has neither beginning nor end, but is always the same; who is everywhere present; knows and sees all things; can do all things whatsoever He pleases; and is infinite in all perfections.

2. Every Christian is bound to believe that in one God there are three distinct Persons, perfectly equal, of the same substance, and having the same nature: the Father, who proceeds from no one; the Son, who is born of the Father before all ages; and the Holy Ghost, who proceeds eternally from the Father and the Son as from one principle; and that the three Persons are all equally eternal, equal in wisdom and power, and are all three one and the same Lord, one and the same God.

3. We must believe that God created the angels to be with Him forever, and that one part of them fell from God by sin, and became devils; that God also created Adam and Eve, the first parents of all mankind, and placed them in the earthly Paradise, from whence they were justly banished for the sin they committed in eating of the fruit of the forbidden tree; and that by this transgression of Adam we are all conceived and born in sin, and must have been lost forever, if God had not sent us a Savior.

4. We are bound to believe in the Savior of all mankind, Jesus Christ, the Son of God, true God and true man; perfect God from all eternity, equal to His Father in all things; and perfect man, from the time of His coming down from heaven for us, having a body and soul like ours.

5. We must believe that Jesus Christ, our Savior, who had been long foretold by the prophets, was, at God's appointed time, by the power of the Holy Ghost, without having any man for His father, conceived in the womb of the Virgin Mary; whom God had prepared for this wonderful Maternity in a wonderful manner: in that by a singular grace and privilege, in view of the merits of Jesus Christ, she was in the first instant of her conception preserved free from every taint of original sin. Of her, who is blessed among women forevermore, was born our Lord—she still remaining a pure virgin. During the time of His mortal life, Jesus Christ founded the Christian religion; and then offered Himself a sacrifice for the sins of the whole world, by dying upon a cross, to obtain mercy, grace, and salvation for us; and that neither mercy, nor grace, nor salvation can, or ever could, since Adam's fall, be obtained except through the mediation of the Son of God.

6. We must believe that Jesus Christ, after He died and was buried, arose on the third day from death to life, never to die again; and that, for the space of forty days, He was pleased, at different times, to manifest Himself to His disciples, and then ascended into heaven in their sight; where, as God-man, He continually intercedes for us. Thence He sent down the Holy Ghost upon His disciples to abide with them forever, as He had promised, and to guide them and their successors into all truth.

7. We must believe the Catholic or Universal Church of Christ, of which He is the perpetual Head, and His Spirit the perpetual Guide; which is founded upon a rock, and is ever victorious over all the powers of earth and hell. The Church is always One, in all its members professing one faith, in one communion, under one chief pastor, called the Pope, succeeding Saint Peter, to whom Christ committed His whole flock. The Church is always Holy, in teaching a holy doctrine, in inviting all to a holy life, and in the eminent holiness of many of its children. It is Catholic, or Universal, for it subsists in all ages, and teaches all nations, and maintains all truth. It is Apostolic, for it derives its doctrine, its communion, its orders, and its mission, by an uninterrupted succession, from the Apostles of Christ.

8. With the Catholic Church, the Scriptures, both of the Old and New Testaments, were deposited by the Apostles. It is the guardian and interpreter of them, and the judge of all controversies relating to them. The Scriptures, thus interpreted, together with the traditions

of the Apostles, are to be received and admitted by all Christians for the rule of their faith and practice.

9. We must believe that, when the Pope speaks “*ex cathedra*”—i.e., when, in discharge of his office of Pastor and Teacher of all Christians, he defines, in virtue of his supreme Apostolic authority, a doctrine of faith or morals to be held by the universal Church,—he is endowed, by the Divine assistance promised to him in Blessed Peter, with that Infallibility with which the Divine Redeemer willed that His Church should be furnished, in defining doctrines of faith or morals. And therefore such definitions of the Pope are irreformable of themselves, and not in virtue of the consent of the Church.

10. We must believe that Jesus Christ has instituted in His Church seven Sacraments, or mysterious signs and instrumental causes of Divine Grace in our souls:

- ♦ BAPTISM, by way of a new birth, by which we are made children of God, and cleansed from sin;
- ♦ CONFIRMATION, by which we receive the Holy Ghost, by the imposition of the hands of the successors of the Apostles;
- ♦ the blessed EUCHARIST, which feeds and nourishes our souls with the Body and Blood of Christ, really present under the forms of bread and wine, or under either of them;
- ♦ PENANCE, by which penitent sinners are absolved from their sins, by virtue of the commission given by Christ to His ministers;
- ♦ ANOINTING OF THE SICK, which wipes away the remains of sin, and arms the soul with the grace of God in the time of sickness;
- ♦ HOLY ORDERS, by which the ministers of God are consecrated; and
- ♦ MATRIMONY, which, as a sacred sign of the indissoluble union of Christ and His Church, unites the married couple in a holy bond, and imparts to them a grace suitable to that state.

11. We must believe that Jesus Christ has also instituted the great Eucharistic Sacrifice of His Body and Blood in remembrance of His Passion and Death. In this Sacrifice, called the MASS, He is mystically immolated every day upon our altars, being Himself both Priest and Victim. This Sacrifice is the principal worship of the New Law, in which, and by which, we unite ourselves to Jesus Christ; and with Him and through Him we adore God in spirit and truth; give Him thanks for all His blessings; obtain His grace for ourselves and the whole world, and pardon for all our sins; and pray for the living and the dead.

12. We must believe that there is, in the Catholic or Universal Church of God, a Communion of Saints, by means of which we communicate with all holy persons and in all holy things. We communicate with the Saints in heaven, as our fellow-members under the same head, Christ Jesus; we give thanks to God for His gifts to them, and we beg a share in their prayers. We communicate with all the saints upon earth in the same Sacraments and Sacrifice, and in a holy union of faith and charity. And we also communicate with the faithful who have departed this life in a more imperfect state—and who by the law of God's justice are for a while in a state of suffering—by offering prayers and alms and sacrifice to God for them.

13. We must believe that, by the full concession of Christ, there ever resides in the Church the active power of forgiving sin, and of granting Indulgences for the remission of the temporal punishments of sin; which may be applied to the souls both of the living and of the dead who have died friends of God and in the peace of Christ.

14. We must believe also the necessity of Divine Grace, without which we cannot make so much as one step towards heaven; and that all our good and all our merits are the gift of God; that Christ died for all men, and that His grace does not take away nor oppress our free will.

15. We must believe that Jesus Christ will come from heaven at the last day to judge all men; that all the dead, both good and bad, shall arise from their graves, and shall be judged by Him according to their works; that the good shall go to heaven with Him, body and soul, to be happy for all eternity in the enjoyment of the Sovereign Good; and that the wicked shall be condemned, both body and soul, to the torments of hell.

WHAT EVERY CHRISTIAN MUST DO

Every Christian, in order to attain life ever-lasting, must worship God as his first beginning and last end. This worship is to be rendered:

- ✦ First, by FAITH; which makes both the understanding and the will humbly adore and embrace all those truths which God has taught, however obscure and incomprehensible they may be to our weakness.
- ✦ Secondly, by HOPE; which honors the infinite power, goodness, and mercy of God, and the truth of His promises; and upon these grounds raises the soul to an assured expectation of mercy, grace, and salvation, through the merits of Jesus Christ.
- ✦ Thirdly, by CHARITY; which makes us love God with our whole hearts, for His own sake, and our neighbor as ourselves, for God's sake.
- ✦ Fourthly, by the virtue of RELIGION; the chief acts of which are: adoration, praise, thanksgiving, oblation of ourselves to God, sacrifice, and prayer; which ought to be the daily employments of a Christian soul. We must flee all idolatry and all false religions; also superstition, under which name are comprehended all manner of divinations, all fortune-telling, all witchcraft, charms, spells, observations of omens, dreams, etc. All these things are heathenish, and contrary to the worship of the true and living God, and to that entire dependence which a Christian soul ought to have on Him. But we must devoutly honor the Ever Blessed Virgin Mary, Mother of God, the Holy Angels, and the Saints reigning in Glory; whose intercession we shall always most profitably invoke.

We should likewise duly reverence:

1. All sacred emblems and pious memorials of our Lord and His Saints, and honor the relics of God's servants whom the Holy Church has canonized.

2. We must reverence the name of God and His truth by a religious observance of all lawful oaths and vows, and by carefully avoiding all false, rash, or unjust oaths, and blasphemies.

3. We must dedicate some notable part of our time to His divine service; and, more especially, consecrate to Him those days which are ordered by His Church to be sanctified or kept holy.

4. Under God, we must love, reverence, and obey our parents, and other lawful superiors, spiritual and temporal; and observe the laws of the Church and State: as also we must have a due care of our children, and of others that are under our charge, both as to their souls and their bodies.

5. We must abstain from all injuries to our neighbor's person, by murder or any other violence; and from all hatred, envy, and desire of revenge; as also from spiritual murder, which is committed by drawing him into sin, by words, actions, or bad example.

6. We must abstain from all uncleanness in thoughts, words, or actions.

7. We must not steal, cheat, or any other way do wrong to our neighbor in his goods and possessions; we must give every one his own, pay our debts, and make restitution for all damages which we have caused through our fault.

8. We must not wrong our neighbor in his character or good name, by calumny, detraction, or rash judgment; or in his honor by reproaches or affronts; or rob him of his peace of mind, by scoffs or contempt; or of his friends, by carrying stories backwards and forwards. In all such cases, whosoever wrongs his neighbor is obliged to make reparation or satisfaction.

9, 10. As we are commanded to abstain from all deeds of lust and injustice, so are we also strictly obliged to restrain all desires of these kinds, and to resist the irregular motions of concupiscence.

So far the Ten Commandments of God; which are a short abridgment of the whole eternal and natural law, which admits of no dispensation.

Every Christian is, moreover, bound to keep the precepts of God's Church (CCC 2042–43).

1. We must sanctify Sundays and Holydays of Obligation by devout attendance at Holy Mass, and by resting from servile work.

2. We must humbly confess our sins at least once a year to a Priest having competent jurisdiction—i.e., approved by the Bishop of the Diocese.

3. We must be careful to make our Easter Duty, by receiving Holy Communion at some time during the interval between the first Sunday in Lent and Trinity Sunday.

4. We must strictly observe those days of fasting and abstinence appointed by ecclesiastical authority.

5. According to our means, we must contribute to the support of those who minister to us in spiritual things.

PRAYERS EVERY CHRISTIAN SHOULD KNOW

THE INVOCATION

In nomine Patris, ✠ et Filii, et Spiritus Sancti. Amen.

In the name of the Father, ✠ and of the Son, and of the Holy Ghost. Amen.

THE LORD'S PRAYER

Pater noster, qui es in cælis, sanctificetur nomen tuum. Adveniat regnum tuum. Fiat voluntas tua, sicut in cælo, et in terra. Panem nostrum quotidianum da nobis hodie. Et dimitte nobis debita nostra, sicut et nos dimittimus debitoribus nostris. Et ne nos inducas in tentationem: sed libera nos a malo.
Amen.

Our father, who art in heaven, hallowed be Thy name: Thy kingdom come: Thy will be done on earth as it is in heaven. Give us this day our daily bread: and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation: but deliver us from evil.
Amen.

THE HAIL MARY

Ave, Maria, gratia plena; Dominus tecum: benedicta tu in mulieribus, et benedictus fructus ventris tui Jesus. Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc et in hora mortis nostræ. Amen.

Hail, Mary, full of grace; the Lord is with thee: blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE APOSTLES' CREED

Credo in Deum, Patrem omnipotentem. Creatorem cæli et terræ; et in Jesum Christum, Filium ejus unicum, Dominum nostrum: qui conceptus est de Spiritu Sancto, natus ex Maria Virgine, passus sub Pontio Pilato, crucifixus; mortuus, et sepultus: descendit ad inferos; tertia die resurrexit a mortuis; ascendit ad cælos, sedet ad dexteram Dei Patris omnipotentis: inde venturus est judicare vivos et mortuos. Credo in Spiritum Sanctum, Sanctam Ecclesiam catholicam, Sanctorum communionem, remissionem peccatorum, carnis resurrectionem, vitam æternam. Amen.

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord: who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died, and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, sitteth at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

THE PENITENTIAL ACT (ORDINARY FORM)

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (strike breast) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

THE CONFITEOR (EXTRAORDINARY FORM)

Confiteor Deo omnipotenti, beatæ Mariæ semper Virgini, beato Michaeli Archangelo, beato Joanni Baptistæ, sanctis Apostolis Petro et Paulo, et omnibus Sanctis, quia peccavi nimis cogitatione, verbo, et opere: mea culpa, mea culpa, mea maxima culpa. Ideo precor beatam Mariam semper Virginem, beatum Michaelem Archangelum, beatum Joannem Baptistam, sanctos Apostolos Petrum et Paulum, et omnes Sanctos, orare pro me ad Dominum Deum nostrum.

Misereatur nostri omnipotens Deus, et, dimissis peccatis nostris, perducatur nos ad vitam æternam. Amen.

Indulgentiam, ✠ absolutio-
nem, et remissionem peccatorum
nostrorum tribuat nobis omni-
potens et misericors Dominus.
Amen.

I confess to Almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word and deed, through my fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, and all the Saints, to pray to the Lord our God for me.

May Almighty God have mercy upon us, and forgive us our sins, and bring us unto life everlasting. Amen.

May the Almighty and merciful Lord grant us pardon, ✠ absolute-
tion, and remission of our sins.
Amen.

THE GLORIA PATRI, OR LESSER DOXOLOGY

Gloria Patri, et Filio, et Spiritui Sancto. Sicut erat in principio, et nunc, et semper, et in sæcula sæculorum. Amen.

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

AN ACT OF FAITH

O my God! I firmly believe that Thou art one God in three Divine Persons, the Father, the Son, and the Holy Ghost; I believe that Thy Divine Son became man, and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, who canst neither deceive nor be deceived.

AN ACT OF HOPE

O my God! relying on Thy infinite goodness and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

AN ACT OF CHARITY

O my God! I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

AN ACT OF CONTRITION

O my God! I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

AN ACT OF CONSECRATION TO THE BLESSED VIRGIN MARY

O holy Virgin, Mother of God, my Mother and Patroness, I place myself under thy protection, I throw myself with confidence into the arms of thy compassion. Be to me, O Mother of mercy, my refuge in distress, my consolation under suffering, my advocate with thy adorable Son, now and at the hour of my death. Amen.

AN ACT OF ENTRUSTING ONESELF TO SAINT JOSEPH

O faithful Guardian and Father of virgins, Blessed Joseph, to whom was confided the care of Jesus, and of Mary the Queen of Virgins, I most humbly supplicate thee, by the love thou dost bear Jesus and Mary, to obtain for me that, being preserved from every stain during my whole life, I may be ever able to serve them with unspotted purity of mind and body. Amen.

AN ACT OF INVOKING PATRONS

Angel of God, my Guardian dear, to whom His love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

O great Saint, whose name I bear, protect me, pray for me, that, like thee, I may serve God faithfully on earth, and glorify Him eternally with thee in heaven. Amen.

May the power of the Father govern and protect me! May the wisdom of the Son teach and enlighten me! May the influence of the Holy Ghost renew and quicken me! May the blessing of the All-holy Trinity, the Father, ✠ the Son, and the Holy Ghost, be with me, now and forevermore. Amen.

THE ANGELUS

To be said Morning, Noon, and Night; kneeling, except on Saturday evening and throughout Sunday.

<p>Angelus Domini nuntiavit Mariæ.</p> <p style="padding-left: 2em;">R. Et concepit de Spiritu Sancto. Ave, Maria, etc.</p> <p style="padding-left: 2em;">V. Ecce ancilla Domini.</p> <p style="padding-left: 2em;">R. Fiat mihi secundum ver- bum tuum.</p> <p style="padding-left: 2em;">Ave, Maria, etc.</p> <p style="padding-left: 2em;">V. ET VERBUM CARO FACTUM EST.</p> <p style="padding-left: 2em;">R. Et habitavit in nobis. Ave, Maria, etc.</p> <p style="padding-left: 2em;">V. Ora pro nobis, sancta Dei Genitrix.</p> <p style="padding-left: 2em;">R. Ut digni efficiamur pro- missionibus Christi.</p>	<p>The Angel of the Lord declared unto Mary.</p> <p style="padding-left: 2em;">R. And she conceived by the Holy Ghost. Hail, Mary, etc.</p> <p style="padding-left: 2em;">V. Behold the handmaid of the Lord.</p> <p style="padding-left: 2em;">R. Be it done unto me accord- ing to Thy word. Hail, Mary, etc.</p> <p style="padding-left: 2em;">V. AND THE WORD WAS MADE FLESH.</p> <p style="padding-left: 2em;">R. And dwelt among us. Hail Mary, etc.</p> <p style="padding-left: 2em;">V. Pray for us, O holy Mother of God.</p> <p style="padding-left: 2em;">R. That we may be made worthy of the promises of Christ.</p>
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In Eastertide (From Holy Saturday till Trinity Eve), instead of the Angelus, the Regina cæli is said standing.

<p>Regina cæli, lætare, alleluia;</p> <p>Quia quem meruisti portare, alleluia,</p> <p>Resurrexit, sicut dixit, alleluia:</p> <p>Ora pro nobis Deum, alleluia.</p>	<p>O Queen of heaven, rejoice! Alleluia.</p> <p>For He whom thou didst merit to bear, Alleluia,</p> <p>Hath arisen, as He said, Alleluia.</p> <p>Pray for us to God, Alleluia.</p>
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V. Gaude et lætare, Virgo
Maria. Alleluia.
R. Quia surrexit Dominus
vere. Alleluia.

V. Rejoice and be glad, O
Virgin Mary. Alleluia.
R. For the Lord hath risen
indeed. Alleluia.

Oremus.

Let us pray.

Deus, qui per resurrectionem Filii tui, Domini nostri Jesu Christi, mundum lætificare dignatus es: præsta, quæsumus; ut, per ejus Genitricem Virginem Mariam, perpetuæ capiamus gaudia vitæ. Per eundem Christum Dominum nostrum.

R. Amen.

O God, who, through the Resurrection of Thy Son our Lord Jesus Christ, didst vouchsafe to fill the world with joy; grant, we beseech Thee, that, through His Virgin Mother, Mary, we may lay hold on the joys of everlasting life. Through the same Christ our Lord.

R. Amen.

PRAYER FOR THE CHURCH, THE CIVIL AUTHORITIES, ETC.

Composed in AD 1800 by Archbishop John Carroll, first bishop and archbishop of the United States.

We pray Thee, O Almighty and Eternal God, who through Jesus Christ hast revealed Thy glory to all nations, to preserve the works of Thy mercy; that Thy Church, being spread through the whole world, may continue, with unchanging faith, in the confession of Thy name.

We pray Thee, who alone art good and holy, to endow with heavenly knowledge, sincere zeal, and sanctity of life our chief bishop, N., the Vicar of our Lord Jesus Christ in the government of His Church; our own Bishop, (or Archbishop,) N., (if he is not consecrated, our Bishop-elect); all other Bishops, Prelates, and Pastors of the Church; and especially those who are appointed to exercise among us the functions of the holy ministry, and conduct Thy people into the ways of salvation.

We pray Thee, O God of might, wisdom, and justice, through whom authority is rightly administered, laws are enacted, and judgments decreed, assist, with Thy Holy Spirit of counsel and fortitude, the President of these United States, that his administration may be conducted in righteousness, and be eminently useful to Thy people, over whom he presides, by encouraging due respect for virtue and religion; by a faithful execution of the laws in justice and mercy; and by restraining vice and immorality. Let the light of Thy divine wisdom direct the deliberations of Congress, and shine forth in all the proceedings and laws framed for our rule and government; so that they may tend to the preservation of peace, the promotion of national happiness, the increase of industry, sobriety, and useful knowledge, and may perpetuate to us the blessings of equal liberty.

We pray for his Excellency the Governor of this State, for the members of the Assembly, for all Judges, Magistrates, and other officers who are appointed to guard our political welfare; that they may be enabled, by Thy powerful protection, to discharge the duties of their respective stations with honesty and ability.

We recommend likewise to Thy unbounded mercy all our brethren and fellow-citizens, throughout the United States, that they may be blessed in the knowledge, and sanctified in the observance of Thy most holy law; that they may be preserved in union, and in that peace which the world cannot give; and, after enjoying the blessings of this life, be admitted to those which are eternal.

Finally, we pray Thee O Lord of mercy, to remember the souls of Thy servants departed who are gone before us with the sign of faith, and repose in the sleep of peace: the souls of our parents, relations, and friends; of those who, when living, were members of this congregation; and particularly of such as are lately deceased; of all benefactors who, by their donations or legacies to this Church, witnessed their zeal for the decency of divine worship, and proved their claim to our grateful and charitable remembrance. To these, O Lord, and to all that rest in Christ, grant, we beseech Thee, a place of refreshment, light, and everlasting peace, through the same Jesus Christ, our Lord and Savior. Amen.

GRACE BEFORE MEALS

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty. Through Christ our Lord. **R.** Amen.

GRACE AFTER MEALS

We give Thee thanks, O Almighty God, for all Thy mercies. Who livest and reignest world without end.

R. Amen.

Vouchsafe, O Lord, to reward with eternal life all those who do us good for Thy name's sake.

R. Amen.

V. Let us bless the Lord.

R. Thanks be to God.

V. May the Divine Assistance remain always with us.

R. And may the souls of the faithful departed, through the mercy of God, rest in peace.



Morning Prayers

THE OFFICE OF PRIME FOR SUNDAYS IN THE ROMAN BREVIARY

V. Deus ☩ in adiutórium meum
inténde.

R. Dómine, ad adiuvándum me
festína.

Glória Patri, et Fílio, * et Spirítui
Sancto.

Sicut erat in princípío, et nunc, et
semper, * et in sæcula sæculórum.
Amen.

Allelúia.

(Laus tibi, Domine, Rex Aeternae
Gloriae)

Hymnus

Iam lucis orto sídere,
Deum precémur súpplices,
Ut in diúrnis áctibus
Nos servet a nocéntibus.

Linguam refrénans témperet,
Ne litis horror ínsonet:
Visum fovéndo cóntegat,
Ne vanitátes háuriat.

Sint pura cordis íntima,
Absístat et vecórdia;
Carnis terat supérbiam

V. O God, ☩ come to my assistance;
R. O Lord, make haste to help me.

Glory be to the Father, and to the
Son, * and to the Holy Ghost.

As it was in the beginning, is now,
* and ever shall be, world without
end. Amen.

Alleluia.

(or, from Septuagesima Sunday till
Holy Saturday noon, Praise to Thee,
O Lord, King of eternal Glory).

Hymn

Now in the sun's new dawning ray,
Lowly of heart, our God we pray
That he from harm may keep us free
In all the deeds this day shall see.

May fear of him our tongues
restrain,
Lest strife unguarded speech should
stain:
His favoring care our guardian be,
Lest our eyes feed on vanity.

May every heart be pure from sin
And folly find no place therein:
Scant need of food, excess denied,

Potus cibique párcitas.

Ut, cum dies abscésserit,
Noctémque sors redúxerit,
Mundi per abstinéntiam
Ipsi canámus glóriam.

Deo Patri sit glória,
Eiúsque soli Fílio,
Cum Spíritu Paráclito,
Nunc et per omne sæculum.
Amen.

Wear down in us the body's pride.

That when the light of day is gone,
And night in course shall follow on.
We, free from cares the world
affords,
May chant the praise that is our
Lord's.

All laud to God the Father be,
All praise, Eternal Son, to thee:
All glory, as is ever meet,
To God the holy Paraclete.
Amen.

Then follow the Psalms, which are said under one Antiphon:

Ant. for ordinary Sundays. Alleluia.

Psalmi

Ant. Allelúia, * confitémini Dómino,
quóniam in sæculum misericórdia
eius, allelúia, allelúia.

Psalmus I: 117

117:1 Confitémini Dómino quón-
iam bonus: * quóniam in sæculum
misericórdia eius.

117:2 Dicat nunc Israël quóniam
bonus: * quóniam in sæculum mise-
ricórdia eius.

117:3 Dicat nunc domus Aaron: *
quóniam in sæculum misericórdia
eius.

117:4 Dicant nunc qui timent
Dóminum: * quóniam in sæculum
misericórdia eius.

117:5 De tribulatióne invocávi
Dóminum: * et exaudivit me in
latitúdine Dóminus.

117:6 Dóminus mihi adiutor: * non
timébo quid fáciat mihi homo.

117:7 Dóminus mihi adiutor: * et
ego despiciam inimícos meos.

Psalms

Ant. Alleluia, * Give glory to the
Lord, for his mercy endureth forever,
alleluia, alleluia.

Psalm I: 117

117:1 Give praise to the Lord, for
he is good: * for his mercy endureth
forever.

117:2 Let Israel now say, that he
is good: * that his mercy endureth
forever.

117:3 Let the house of Aaron
now say, * that his mercy endureth
forever.

117:4 Let them that fear the Lord
now say, * that his mercy endureth
forever.

117:5 In my trouble I called upon
the Lord: * and the Lord heard me,
and enlarged me.

117:6 The Lord is my helper: * I
will not fear what man can do unto
me.

117:7 The Lord is my helper: * and
I will look over my enemies.

117:8 Bonum est confidere in Dómino, * quam confidere in hómine:

117:9 Bonum est speráre in Dómino, * quam speráre in princípibus.

117:10 Omnes gentes circuíerunt me: * et in nómine Dómini quia ultus sum in eos.

117:11 Circumdántes circumdédérunt me: * et in nómine Dómini quia ultus sum in eos.

117:12 Circumdedérunt me sicut apes, et exarsérunt sicut ignis in spinis: * et in nómine Dómini quia ultus sum in eos.

117:13 Impúlsus evérsus sum ut cáderem: * et Dóminus suscepit me.

117:14 Fortitúdo mea, et laus mea Dóminus: * et factus est mihi in salútem.

117:15 Vox exsultatiónis, et salutis * in tabernáculis iustórum.

117:16 Dómina Dómini fecit virtútem: dómina Dómini exaltávit me, * dómina Dómini fecit virtútem.

117:17 Non móriar, sed vivam: * et narrábo ópera Dómini.

117:18 Castígans castigávit me Dóminus: * et morti non trádidit me.

117:19 Aperíte mihi portas iustítiæ, ingrédessus in eas confitébor Dómino: * hæc porta Dómini, iusti intrábunt in eam.

117:21 Confitébor tibi quóniam exaudísti me: * et factus es mihi in salútem.

117:8 It is good to confide in the Lord, * rather than to have confidence in man.

117:9 It is good to trust in the Lord, * rather than to trust in princes.

117:10 All nations compassed me about; * and in the name of the Lord I have been revenged on them.

117:11 Surrounding me they compassed me about: * and in the name of the Lord I have been revenged on them.

117:12 They surrounded me like bees, and they burned like fire among thorns: * and in the name of the Lord I was revenged on them.

117:13 Being pushed I was overturned that I might fall: * but the Lord supported me.

117:14 The Lord is my strength and my praise: * and he is become my salvation.

117:15 The voice of rejoicing and of salvation * is in the tabernacles of the just.

117:16 The right hand of the Lord hath wrought strength: the right hand of the Lord hath exalted me: * the right hand of the Lord hath wrought strength.

117:17 I shall not die, but live: * and shall declare the works of the Lord.

117:18 The Lord chastising hath chastised me: * but he hath not delivered me over to death.

117:19 Open ye to me the gates of justice: I will go in to them, and give praise to the Lord. * This is the gate of the Lord, the just shall enter into it.

117:21 I will give glory to thee because thou hast heard me: * and art become my salvation.

117:22 Lápídem, quem reprobavérunt ædificántes: * hic factus est in caput ánguli.

117:23 A Dómino factum est istud: * et est mirábile in óculis nostris.

117:24 Hæc est dies, quam fecit Dóminus: * exsultémus, et lætémur in ea.

117:25 O Dómine, salvum me fac, o Dómine, bene prosperáre: * benedíctus qui venit in nómine Dómini.

117:26 Benedíximus vobis de domo Dómini: * Deus Dóminus, et illúxit nobis.

117:27 Constitúite diem solémnem in condénsis, * usque ad cornu altáris.

117:28 Deus meus es tu, et confitébor tibi: * Deus meus es tu, et exaltábo te.

117:28 Confitébor tibi quóniam exaudísti me * et factus es mihi in salútem.

117:29 Confitémini Dómino quóniam bonus: * quóniam in sæculum misericórdia eius.

V. Glória Patri, et Fílio, * et Spirítui Sancto.

R. Sicut erat in princípío, et nunc, et semper, * et in sæcula sæculórum. Amen.

Psalmus II: 118(1-16)

118:1 (Aleph) Beáti immaculáti in via: * qui ámbulant in lege Dómini.

118:2 Beáti, qui scrutántur testimónia eius: * in toto corde exquírunt eum.

118:3 Non enim qui operántur iniquitátem, * in viis eius ambulavérunt.

117:22 The stone which the builders rejected; * the same is become the head of the corner.

117:23 This is the Lord's doing: * and it is wonderful in our eyes.

117:24 This is the day which the Lord hath made: * let us be glad and rejoice therein.

117:25 O Lord, save me: O Lord, give good success: * Blessed be he that cometh in the name of the Lord.

117:26 We have blessed you out of the house of the Lord: * The Lord is God, and he hath shone upon us.

117:27 Appoint a solemn day, with shady boughs, * even to the horn of the altar.

117:28 Thou art my God, and I will praise thee: * thou art my God, and I will exalt thee.

117:28 I will praise thee, because thou hast heard me, * and art become my salvation.

117:29 O praise ye the Lord, for he is good: * for his mercy endureth forever.

V. Glory be to the Father, and to the Son, * and to the Holy Ghost.

R. As it was in the beginning, is now, * and ever shall be, world without end. Amen.

Psalm II: 118(1-16)

118:1 (Aleph) Blessed are the undefiled in the way, * who walk in the law of the Lord.

118:2 Blessed are they that search his testimonies: * that seek him with their whole heart.

118:3 For they that work iniquity, * have not walked in his ways.

118:4 Tu mandásti * mandáta tua
custodíri nimis.

118:5 Útinam dirigántur viæ meæ, *
ad custodiéndas iustificatiónes tuas!

118:6 Tunc non confúndar, * cum
perspéxero in ómnibus mandátis
tuis.

118:7 Confitébor tibi in directiône
cordis: * in eo quod didici iudícia
iustítiæ tuæ.

118:8 Iustificatiónes tuas custód-
iam: * non me derelínquas
usquequáque.

118:9 (Béth) In quo córrigit ado-
lescéntior viam suam? * In custo-
diéndo sermónes tuos.

118:10 In toto corde meo exquisívi
te: * ne repéllas me a mandátis tuis.

118:11 In corde meo abscondi elóq-
uia tua: * ut non peccem tibi.

118:12 Benedíctus es, Dómine: *
doce me iustificatiónes tuas.

118:13 In lábiis meis, * pronuntiávi
ómnia iudícia oris tui.

118:14 In via testimoniórum
tuórum delectátus sum, * sicut in
ómnibus divítiis.

118:15 In mandátis tuis exercébor:
* et considerábo vias tuas.

118:16 In iustificatiónebus tuis
meditábor: * non oblivíscar ser-
mónes tuos.

118:4 Thou hast commanded * thy
commandments to be kept most
diligently.

118:5 O! that my ways may be
directed * to keep thy justifications.

118:6 Then shall I not be confoun-
ded, * when I shall look into all thy
commandments.

118:7 I will praise thee with upri-
ghtness of heart, * when I shall have
learned the judgments of thy justice.

118:8 I will keep thy justifications: *
O! do not thou utterly forsake me.

118:9 (Béth) By what doth a young
man correct his way? * By observing
thy words.

118:10 With my whole heart have I
sought after thee: * let me not stray
from thy commandments.

118:11 Thy words have I hidden
in my heart, * that I may not sin
against thee.

118:12 Blessed art thou, O Lord: *
teach me thy justifications.

118:13 With my lips * I have pro-
nounced all the judgments of thy
mouth.

118:14 I have been delighted in the
way of thy testimonies, * as in all
riches.

118:15 I will meditate on thy com-
mandments: * and I will consider
thy ways.

118:16 I will think of thy justifica-
tions: * I will not forget thy words.

V. Glória Patri, et Fílio, * et Spirítui
Sancto.

R. Sicut erat in princípío, et nunc,
et semper, * et in sæcula
sæculórum. Amen.

V. Glory be to the Father, and to the
Son, * and to the Holy Ghost.

R. As it was in the beginning, is
now, * and ever shall be, world
without end. Amen.

Psalmus III: 118(17-32)

118:17 (Ghimel) Retribue servo tuo, vivifica me: * et custodiam sermones tuos:

118:18 Revela oculos meos: * et considerabo mirabilia de lege tua.

118:19 Incola ego sum in terra: * non abscondas a me mandata tua.

118:20 Concupivit anima mea desiderare iustificationes tuas, * in omni tempore.

118:21 Increpasti superbos: * maledicti qui declinant a mandatis tuis.

118:22 Aufer a me opprobrium, et contemptum: * quia testimonia tua exquisivi.

118:23 Etenim sederunt principes, et adversum me loquebantur: * servus autem tuus exercebatur in iustificationibus tuis.

118:24 Nam et testimonia tua meditatio mea est: * et consilium meum iustificationes tuae.

118:25 (Daleth) Adhaesit pavimento anima mea: * vivifica me secundum verbum tuum.

118:26 Vias meas enuntiavi, et exaudisti me: * doce me iustificationes tuas.

118:27 Viam iustificationum tuarum instrue me: * et exercebor in mirabilibus tuis.

118:28 Dormitavit anima mea praetudio: * confirma me in verbis tuis.

118:29 Viam iniquitatis amove a me: * et de lege tua miserere mei.

118:30 Viam veritatis elegi: * iudicia tua non sum oblitus.

Psalm III: 118(17-32)

118:17 (Ghimel) Give bountifully to thy servant, enliven me * and I shall keep thy words.

118:18 Open thou my eyes: * and I will consider the wondrous things of thy law.

118:19 I am a sojourner on the earth: * hide not thy commandments from me.

118:20 My soul hath coveted to long for thy justifications, * at all times.

118:21 Thou hast rebuked the proud: * they are cursed who decline from thy commandments.

118:22 Remove from me reproach and contempt: * because I have sought after thy testimonies.

118:23 For princes sat, and spoke against me: * but thy servant was employed in thy justifications.

118:24 For thy testimonies are my meditation: * and thy justifications my counsel.

118:25 (Daleth) My soul hath cleaved to the pavement: * quicken thou me according to thy word.

118:26 I have declared my ways, and thou hast heard me: * teach me thy justifications.

118:27 Make me to understand the way of thy justifications: * and I shall be exercised in thy wondrous works.

118:28 My soul hath slumbered through heaviness: * strengthen thou me in thy words.

118:29 Remove from me the way of iniquity: * and out of thy law have mercy on me.

118:30 I have chosen the way of truth: * thy judgments I have not forgotten.

118:31 Adhæsi testimoniis tuis,
Dómine: * noli me confundere.
118:32 Viam mandatorum tuorum
cucurri, * cum dilatasti cor meum.

V. Glória Patri, et Fílio, * et Spirítui
Sancto.

R. Sicut erat in princípio, et nunc,
et semper, * et in sæcula
sæculórum. Amen.

Ant. Allelúia, confitémini Dómino,
quóniam in sæculum misericórdia
eius, allelúia, allelúia.

Capitulum Responsorium Versus

1 Tim. 1:17

Regi sæculórum immortalí et invi-
sibili, soli Deo honor et glória in
sæcula sæculórum. Amen.

R. Deo grátias.

R. Christe, Fili Dei vivi, * Miserére
nobis.

R. Christe, Fili Dei vivi, * Miserére
nobis.

V. Qui sedes ad dexteram Patris.

R. Miserére nobis.

V. Glória Patri, et Fílio, * et Spirítui
Sancto.

R. Christe, Fili Dei vivi, * Miserére
nobis.

V. Exsúrge, Christe, ádiuva nos.

R. Et libera nos propter nomen
tuum.

Orationes

V. Dómine, exáudi oratióne
meam.

R. Et clamor meus ad te véniat.

118:31 I have stuck to thy testi-
monies, O Lord: * put me not to
shame.

118:32 I have run the way of thy
commandments, * when thou didst
enlarge my heart.

V. Glory be to the Father, and to the
Son, * and to the Holy Ghost.

R. As it was in the beginning, is
now, * and ever shall be, world
without end. Amen.

Ant. Alleluia, Give glory to the Lord,
for his mercy endureth forever, alle-
luia, alleluia.

Chapter Responsory Verse

1 Tim. 1:17

Now to the king of ages, immortal,
invisible, the only God, be honor and
glory forever and ever. Amen.

R. Thanks be to God.

R. Christ, Son of the living God, *
have mercy on us.

R. Christ, Son of the living God, *
have mercy on us.

V. Thou, who sittest at the right
hand of the Father.

R. Have mercy on us.

V. Glory be to the Father, and to the
Son, * and to the Holy Ghost.

R. Christ, Son of the living God, *
have mercy on us.

V. Arise, O Christ, and help us.

R. And deliver us for thy name's
sake.

Prayers

V. O Lord, hear my prayer.

R. And let my cry come unto thee.

Orémus.

Dómine Deus omnípotens, qui ad princípium huius diéi nos pervenire fecisti: tua nos hódie salva virtúte; ut in hac die ad nullum declinémus peccátum, sed semper ad tuam iustítiam faciendam nostra procédant elóquia, dirigántur cogitatiónes et ópera.

Per Dóminum nostrum Iesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

R. Amen.

V. Dómine, exáudi oratióne meam.

R. Et clamor meus ad te véniat.

V. Benedicámus Dómino.

R. Deo grátias.

V. Pretiósá in conspéctu Dómini.

R. Mors Sanctórum eius.

Sancta María et omnes Sancti intercédant pro nobis ad Dóminum, ut nos mereámur ab eo adiuvári et salvári, qui vivit et regnat in sæcula sæculórum.

R. Amen.

V. Deus in adiutórium meum inténde.

R. Dómine, ad adiuvándum me festína.

V. Deus in adiutórium meum inténde.

R. Dómine, ad adiuvándum me festína.

V. Deus in adiutórium meum inténde.

R. Dómine, ad adiuvándum me festína.

Let us pray.

O Lord, our heavenly Father, Almighty and everlasting God, who has safely brought us to the beginning of this day: defend us by thy mighty power; and grant that this day we fall into no sin, but that all our doings may be ordered by thy governance, to do always what is righteous in thy sight.

Through Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, God, world without end.

R. Amen.

V. O Lord, hear my prayer.

R. And let my cry come unto thee.

V. Let us bless the Lord.

R. Thanks be to God.

V. Precious in the sight of the Lord.

R. Is the death of his saints.

Holy Mary and all the Saints, intercede for us with the Lord, our God, so that we may merit His help and salvation, who lives and reigns forever and ever.

R. Amen.

V. O God come to my assistance;

R. O Lord, make haste to help me.

V. O God come to my assistance;

R. O Lord, make haste to help me.

V. O God come to my assistance;

R. O Lord, make haste to help me.

V. Glória Patri, et Fílio, * et Spirítui Sancto.

R. Sicut erat in princípío, et nunc, et semper, * et in sæcula sæculórum. Amen.

Kýrie, eléison. Christe, eléison. Kýrie, eléison.

«Pater Noster » dicitur secreto usque ad « Et ne nos indúcas in tentatióem:»

Pater noster, qui es in cælis, sanctificétur nomen tuum: advéniat regnum tuum: fiat volúntas tua, sicut in cælo et in terra. Panem nostrum cotidiánum da nobis hódie: et dimítte nobis débíta nostra, sicut et nos dimíttimus debitoribus nostris:

V. Et ne nos indúcas in tentatióem:

R. Sed líbera nos a malo.

V. Réspice in servos tuos, Dómine, et in ópera tua, et dírige filios eórum

R. Et sit splendor Dómini Dei nostri super nos, et ópera mánuum nostrárum dírige super nos, et opus mánuum nostrárum dírige.

V. Glória Patri, et Fílio, * et Spirítui Sancto.

R. Sicut erat in princípío, et nunc, et semper, * et in sæcula sæculórum. Amen.

Orémus.

Dirígere et sanctificáre, régere et gubernáre dignáre, Dómine Deus, Rex cæli et terræ, hódie corda et córpora nostra, sensus, sermónes et actus nostros in lege tua, et in opéribus mandatórum tuórum: ut hic et in ætérnum, te auxiliánte, salvi

V. Glory be to the Father, and to the Son, * and to the Holy Ghost.

R. As it was in the beginning, is now, * and ever shall be, world without end. Amen.

Lord have mercy on us, Christ have mercy on us, Lord have mercy on us.

“Our Father” is said silently until “And lead us not into temptation:”.

Our Father, who art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us.

V. And lead us not into temptation:

R. But deliver us from evil.

V. Look upon thy servants and upon thy works: and direct their children.

R. And let the brightness of the Lord our God be upon us. Direct thou the works of our hands; yea, the work of our hands do thou direct.

V. Glory be to the Father, and to the Son, * and to the Holy Ghost.

R. As it was in the beginning, is now, * and ever shall be, world without end. Amen.

Let us pray.

O Lord, Almighty God, King of heaven and earth, Savior of the world, bless, lead, rule and govern our hearts and bodies, our senses, words and deeds today, following thy law and commandments, that

et líberi esse mereámur, Salvátor mundi:

Qui vivis et regnas in sæcula sæculórum.

R. Amen.

V. Iube, Dómine, benedícere.

Benedictio. Dies et actus nostros in sua pace dispónat Dóminus omnípotens. Amen.

Lectio brevis {Per Annum}

2 Thess 3:5

Dóminus autem dírigat corda et córpora nostra in caritaté Dei et patiéntia Christi.

V. Tu autem, Dómine, miserére nobis.

R. Deo grátias.

Conclusio

V. Adiutórium nóstrum ✠ in nómine Dómini.

R. Qui fecit cælum et terram.

V. Benedícite.

R. Deus.

V. Dóminus nos benedícat, ✠ et ab omni malo deféndat, et ad vitam perdúcat ætérrnam. Et fidélium ánimæ per misericórdiam Dei requiéscent in pace.

R. Amen.

here and for eternity with thy help we shall be saved in freedom.

Who lives and reigns forever and ever.

R. Amen.

V. Grant, Lord, a blessing.

Benediction. May Almighty God arrange our deeds and our day in His peace. Amen.

Short reading {Throughout the Year}

2 Thess 3:5

And the Lord direct your hearts, in the charity of God, and the patience of Christ.

V. But thou, O Lord, have mercy upon us.

R. Thanks be to God.

Conclusion

V. Our help ✠ is in the name of the Lord.

R. Who made heaven and earth.

V. Let us bless.

R. God.

V. May the Lord bless us, ✠ protect us from all evil and bring us to everlasting life. And may the souls of the faithful, through the mercy of God, rest in peace.

R. Amen.