

Saint Benedict

Teacher's Manual

a comprehensive companion to the book by
Mary Fabyan Windeatt



TAN BOOKS

Dear Parents,

Mary Fabyan Windeatt was known as “the storyteller of the saints.” In the 1950s and 60s, she wrote more than twenty historical fiction novels on the saints, bringing to life these holy men and women for young readers across the world. Her unparalleled work strengthened the Catholic Church during and after her own life and will continue to do so in succeeding generations.



TAN Books now offers these companion workbooks meant to test your students’ reading comprehension, instruct them on matters of the Catholic Faith, and bring them closer to each of these great saints. Through engaging and fun activities like crossword puzzles and word searches, as well as through essays and challenging multiple choice questions, they will come to better know the content and sanctity found in each story.

Following this letter, you will find information to help guide you through the steps of introducing this workbook to your students. It is our hope and prayer that these books and workbooks will nourish both the minds and the souls of your children.

In Christ,

TAN Books

Contents and Suggested Schedule

Chapter Reviews: The workbook is comprised of a quick review following each chapter intended to help the student comprehend the text (shorter chapters will be bunched together). Within this review are key terms to know, vocabulary and comprehension questions, and an *optional* activity. It is recommended that the student pause after each chapter (or group of chapters) and complete the review. While the chapter reviews are not meant to be graded, **most of the quiz questions will come directly from these reviews.**

**Not all chapters will contain an activity. Most activities will not be covered in the Teacher’s Manual because they often do not require a concrete answer (i.e., writing a prayer, saying the Rosary, etc.).*

Quizzes: There will be three quizzes that break up the lesson reviews following each third of the book. The student should pause to take the assigned quiz for the specified chapters.

**Point scale is provided on each individual quiz (100 point total). Points assigned to vocabulary, multiple choice, matching, and narration exercises will vary based on how many there are in each quiz.*

***Students will be allowed to look back through their chapter reviews for the Vocabulary section of the quiz to assist them in completing the crossword puzzle. This is the only section of the quiz they will be allowed to do this for.*

Essay: At the completion of the novel and all the quizzes, each student should write a final essay detailing the virtues the saint displayed and how they might emulate those virtues in their own lives.

**Essay is in the student workbook and should be graded at the parent’s discretion.*

Vocabulary

Your student should have defined the word in **bold** in a similar way to the italicized definition.

1. Young Master Benedict stood on the **threshold**.

The bottom of the doorway frame

2. In a way it was good to be **adrift** like this.

Lacking aim, direction, or stability; lost or confused

3. I don't want to be a **nuisance**.

An obnoxious or annoying person

4. He was returning from church one day, **pondering** how to break the news that he would be leaving Enfide, when he heard someone crying.

To consider or think about something deeply and thoroughly

5. The boy walked **briskly** along the winding road.

Lively; fast

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Comprehension Questions

Note the suggested response and ensure your student's answer either matches exactly or closely resembles it.

1. Why did Benedict not want to pursue a career in law or politics?

He wanted to be a hermit in a cave so he could devote his life to prayer.

2. Where did Benedict and Cyrilla end up after leaving Rome?

They traveled for two days and ended up in Enfide, a small Christian settlement outside of Rome.

3. What was Cyrilla crying about when Benedict found her after he left the Church?

She was crying because she had broken a sieve, which she had borrowed from one of the poor women who had been kind to her.

4. How did Benedict fix the broken sieve?

Benedict praised and honored God in prayer and asked that He fix the sieve to show the village His great power. Standing up from prayer, Benedict saw the sieve was whole again and that God had miraculously mended it.

5. Who did Benedict meet when he left Enfide in search of a cave?

He met Romanus, a monk who lived in a monastery nearby.