# Saint Benedict

**Student Workbook** 

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# Saint Benedict

## **Student Workbook**

a comprehensive companion to the book by Mary Fabyan Windeatt



### **Key Terms**

CHAPTER

These are important people, places, and things you should remember from these chapters.

**Cyrilla** The former nurse and current housekeeper to Master Benedict.

Nursia The hometown of Benedict in Italy.

**Hermit** A person who has withdrawn to a solitary place for a life of religious seclusion.

Enfide A poor and small Christian settlement outside of Rome.

**Romanus** A monk Benedict met on his journey to begin living as a hermit.

#### Vocabulary

Read the sentences below, and note the use of the word in **bold**. Write a definition or synonym for this word by considering its context.

- 1. Young Master Benedict stood on the **threshold**.
- 2. In a way it was good to be **adrift** like this.
- 3. I don't want to be a **nuisance**.
- 4. He was returning from church one day, **pondering** how to break the news that he would be leaving Enfide, when he heard someone crying.
- 5. The boy walked **briskly** along the winding road.



1.	Why did Benedict not want to pursue a career in law or politics?
2.	Where did Benedict and Cyrilla end up after leaving Rome?
3.	What was Cyrilla crying about when Benedict found her after he left the church?
4	
4.	How did Benedict fix the broken sieve?
5.	Who did Benedict meet when he left Enfide in search of a cave?